Lunch Menu 28.09.2026	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Main option 1	Beef Bolognese **GF +DF+ Halal**	Chicken parmigiana **GF +DF+ Halal**	Beef Chorizo Braised in Red Wine Gravy **GF+DF available**	Roasted Chicken skewers, Basil, and sun blush tomato Sauce **GF+DF available**	Crispy breaded haddock fillet **GF is available**	Chicken/ Pork fajitas **GF**	**Brunch**
Main option 2	Vegan Bolognese **GF +DF+ Halal**	Vegan parmigiana **GF +DF**	Roasted pepper chickpea and butter bean cooked in tomato and saffron sauce **GF+DF+ Vegan available**	Haddock and spring onion fishcakes in caper and dill Aioli **GF +DF+ Halal**	Steak and gravy pie or Macaroni cheese pie	Vegetable fajitas **GF**	
Main option 3	Chef's choice of pasta Baked potato +1 filling **GF available**	Chef's choice of pasta Baked potato +1 filling **GF available**	Chef's choice of pasta Baked potato +1 filling **GF available**	Chef's choice of pasta Baked potato +1 filling **GF available**	Chef's choice of pasta Baked potato +1 filling **GF available**	Chef's choice of pasta Baked potato +1 filling **GF available**	
Side Dishes Option 4	Pasta with basil olive oil **GF is available**	Penne Pasta, Olive oil	Vegetable fried rice **GF +DF Vegan+ Halal**	Spinach and ricotta tortellini with a basil and pesto sauce + Salt and Pepper waffle fries	Vegan Keralan Cauliflower Chickpea & Onion Bhaji Pasty	Mexican rice **GF** Fries	
Side Dishes Option 5	Garlic bread	Squid rings, lemon aioli	Sweet potato falafel	Butternut squash, chickpea, spinach & Paneer chesses Casserole	Chunky chips **GF is available**	Crisp Gem hearts, sourdough croutons, heritage tomatoes, Caesar dressing, shaved parmesan	
Side Dishes Option 6	Steamed seasonal vegetable **GF +DF+ Halal**	Steamed seasonal vegetable **GF +DF+ Halal**	Steamed seasonal vegetable **GF +DF+ Halal**	Steamed seasonal vegetable **GF +DF+ Halal**	Mushy peas+ pickles + Tartar Sauce+ lemon Green peas **GF**	Selection Buffalo Cauliflower Wings	
Soup & Bread	Tomato and Basil **GF +DF+ Halal**	Red lentil soup **GF +DF+ Vegan**	Roasted red pepper **GF +DF+ Vegan**	Mixed vegetable soup **GF +DF+ Vegan**	Carrot and Coconut **GF +DF+ Vegan**	Butternut squash and sweet potato soup **GF +DF+ Vegan**	
Salad Bar	Selection of Cold Salads **GF**	Selection of Cold Salads **GF**	Selection of Cold Salads **GF**	Selection of Cold Salads **GF**	Selection of Cold Salads **GF**	Selection of Cold Salads **GF**	
Dessert	Fruit Jellies, Fresh Fruit And Yoghurt Bar	Fruit Jellies, Fresh Fruit And Yoghurt Bar	Fruit Jellies, Fresh Fruit And Yoghurt Bar	Fruit Jellies, Fresh Fruit And Yoghurt Bar	Ice cream **GF** **Vegan is Available**	Ice cream **GF** **Vegan is Available**	