DECEMBER BREAKFAST MENU

Saint Paul Public Schools NUTRITION SERVICES

Nov 30 Cheesy Breadstick OR Teriyaki Chicken Rice Bowl Mandarin Orange Cup	**Dec 1** Chocolate Chocolate Chip Muffin OR Teriyaki Chicken Noodle Bowl Apple Slices	**2** Cinnamon Swirl Breakfast Sandwich OR Teriyaki Chicken Noodle Bowl Banana	**3** Strawberry Muffin OR Teriyaki Chicken Noodle Bowl Apple Slices	**4** Plain Bagel Strawberry Cream Cheese Grape Jelly OR Teriyaki Chicken Rice Bowl Apple Mango Bar
7 Cinnamon Mini Cinnis OR Teriyaki Chicken Rice Bowl Mandarin Orange Cup	**8** Chocolate Chocolate Chip Muffin OR Teriyaki Chicken Noodle Bowl Apple Slices	**9** St. Paul Croissant Breakfast Sandwich OR Teriyaki Chicken Rice Bowl Banana	**10** Lemon Blueberry Muffin OR Teriyaki Chicken Noodle Bowl Apple Slices	**11** Strawberry Boli OR Teriyaki Chicken Rice Bowl Apple Mango Bar
14 Cheesy Breadstick OR Teriyaki Chicken Rice Bowl Mandarin Orange Cup	**15** Chocolate Chocolate Chip Muffin OR Teriyaki Chicken Noodle Bowl Apple Slices	**16** Cinnamon Swirl Breakfast Sandwich OR Teriyaki Chicken Noodle Bowl Banana	**17** Banana Chocolate Chip Muffin OR Teriyaki Chicken Noodle Bowl Apple Slices	**18** Plain Bagel Strawberry Cream Cheese Grape Jelly OR Teriyaki Chicken Rice Bowl Apple Mango Bar
21 Cinnamon Mini Cinnis OR Teriyaki Chicken Rice Bowl Mandarin Orange Cup	**22** Chocolate Chocolate Chip Muffin OR Teriyaki Chicken Noodle Bowl Apple Slices	**23 NO SCHOOL** 	**24 NO SCHOOL** 	**27 NO SCHOOL** 

DAILY CHOICES

- Assorted Cereals
- Yogurt
- String Cheese
- Juice
- Milk

SPECIAL FEATURES



- Cool Tropics Slushies (100% Juice) (Monday & Friday)



- Whole Grain Super Stick (Monday, Wednesday, Friday)

- For nutrient & allergen information, visit SchoolCafe.com/SPPS.
- Menu subject to change.
- This institution is an equal opportunity provider.

Saint Paul Public Schools NUTRITION SERVICES

DECEMBER LUNCH MENU

Nov 30 Cheeseburger Sliders or Veggie Burger Choice of Cold Entrees French Fries	**Dec 1** Nacho Day Seasoned Beef Cheese Sauce Tortilla Chips Choice of Cold Entrees Refried Beans	**2** Italian Dunker Marinara Sauce Choice of Cold Entrees Build Your Own Caesar Salad Corn	**3** Crispy or Hot & Spicy Chicken Sandwich or Veggie Burger Choice of Cold Entrees French Fries	**4** Lemon Chicken White Rice Grilled Cheese or Choice of Cold Entrees Broccoli
7 Penne Pasta with Meat Sauce or Marinara Sauce Garlic Toast Choice of Cold Entrees	**8** Mini Corndogs *(Pre-K Glazed Chicken Bites)* Choice of Cold Entrees Seasoned Tater Tots	**9** Big Daddy's™ Cheese or Turkey Pepperoni Pizza Choice of Cold Entrees Build Your Own Caesar Salad Corn	**10** Oven Fried Chicken Drumstick *(Pre-K Chicken Nuggets)* Corn Muffin Grilled Cheese or Choice of Cold Entrees Mashed Potatoes and Gravy	**11** Beef Bulgogi White Rice Grilled Cheese or Choice of Cold Entrees Broccoli
14 Cheeseburger or Veggie Burger Choice of Cold Entrees French Fries	**15** Walking Taco Fritos® Seasoned Beef Shredded Cheese Choice of Cold Entrees Refried Beans	**16** Pizza Crunchers with Marinara Sauce Choice of Cold Entrees Build Your Own Caesar Salad Corn	**17** Brunch for Lunch Pancakes with Syrup Chicken Sausages Choice of Cold Entrees Hash Browns	**18** Chicken Fingers Basket Galaxy Sauce Grilled Cheese or Choice of Cold Entrees French Fries
21 Grilled Cheese Sandwich Choice of Cold Entrees Tomato Soup	**22** Tacos Seasoned Beef Shredded Cheese Hard Shell Corn Tortillas Choice of Cold Entrees Refried Beans	**23 NO SCHOOL** 	**24 NO SCHOOL** 	**25 NO SCHOOL** 

Cold Entrees: Cheese Pizza Anytimer®, Turkey & Cheese Mini Subs, Soybutter Sandwich

- The choice bar and milk are available at every meal.
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