26-27 Uniform Policy | Upper School

Uniforms are an integral part of who we are as a Sacred Heart community. Wearing the school uniform sends the messages to students that they are part of a larger community, being a student is something to be proud of, and school is important. At Forest Ridge, we value the inner character of our students rather than their outside appearance. In uniform, students are freed from focusing on their appearance and instead direct their attention to their studies and activities. Thank you for helping support our school's uniform policy.

Students are expected to be in uniform by 8:30 a.m. every day and remain in uniform until 3:30 p.m. If they are not in uniform when they arrive to school, it is their responsibility to check in with the Dean of Students or the Assistant Dean of Students for support in getting into uniform.

There are three variations of the school uniform:

1. Daily Uniform—This version of the uniform is worn on most school days, Monday-Thursday.
2. Dress Uniform—This version of the uniform may be worn any day and is required on special occasions throughout the school year.
3. Non-Uniform Dress—This version of the uniform is often worn on Fridays.

Below are the Uniform Requirements for the 2026–2027 school year.

Your keycard is considered to be part of the Forest Ridge school uniform. Please make sure you have it with you at all times when you are on campus. Seniors may use Bluetooth access via their phones, if they have downloaded and enabled the app.

DAILY UNIFORM

Each day, you must wear a shirt, bottoms, shoes, and socks/tights/leggings that align with the expectations below. Outerwear (sweater, sweatshirt, vests, and jackets) are optional. Athletes may wear their sports jersey and/or sweatshirt or jacket with uniform bottoms on game or match days only.

Shirt	**Polo Shirt or Turtleneck**: Plain white, forest green or navy with collar; long or short sleeve; no logos, other than optional Forest Ridge logo *Purchase from: Lands' End Uniform* **Seniors Only – White Blouse**: Plain white blouse with a collar; long sleeve or short sleeve; no logos *Purchase from: Anywhere*
Bottoms	**Black-Watch Plaid Skirt or Skort**: No shorter than 4 inches above the knee, must wear shorts under skirt that do not extend beyond hemline of skirt *Purchase from: Flynn O'Hara* **Chino Skirt or Skort**: No shorter than 4 inches above the knee, must wear shorts under skirt that do not extend beyond hemline of skirt *Purchase from: Flynn O'Hara or Lands' End Uniform*

	Navy Skort: No shorter than 4 inches above the knee *Purchase from: Lands' End Uniform* **Chino or Corduroy Dress Pants**: Full length only; navy blue, light tan or light brown (no army green or brown); no denim, linen, sweatpants or yoga pant material; no cargo pockets or outside pockets (except for 2 standard back pockets) *Purchase from: Anywhere* **Chino Shorts**: Navy blue, light tan or light brown (no army green or brown); no shorter than 4 inches above the knee and do not extend beyond the knee, no cargo pockets *Purchase from: Anywhere* **Forest Ridge Branded Sweatpants**: Navy sweatpants ONLY. Cannot be worn underneath skirt. Jogger or straight leg. *Purchase from: Lands' End Uniform*
Sweater	**Green Sweater**: Cardigan *Purchase from: Flynn O'Hara or Lands' End Uniform* **Green Blazer** *Purchase from: Lands' End Uniform* **Seniors Only**: Navy blue sweater or blazer *Purchase from: Lands' End Uniform (sweater and blazer) or Flynn O'Hara (sweater)*
Sweatshirts, Vests and Jackets	**Forest Ridge Sweatshirt**: Forest green, navy or gray; must have school name or logo *Purchase from: Lands' End Uniform* **Forest Ridge Sports Team, Club or Class Sweatshirt**: Must be an approved Forest Ridge sports team, class, affinity group, or club sweatshirt *Purchase from: Club/Group/Team/Affinity Group* **Forest Ridge Vest**: Forest green or navy fleece or down vest; must have school logo embroidery *Purchase from: Lands' End Uniform* **Forest Ridge Jacket**: Forest green or navy fleece or down jacket, must have school logo embroidery *Purchase from: Lands' End Uniform* **Forest Ridge Branded Full-Zip Sweatshirt**: Gray, navy, and forest green, must have school logo *Purchase from: Lands' End Uniform*

	Forest Ridge Branded Quarter-Zip: Gray, navy, and forest green, must have school logo *Purchase from: Lands' End Uniform* ***NEW*** **Forest Ridge Branded Sweatshirts from Spirit Shop**: Gray, pink, or light blue branded sweatshirts ONLY, mint green sweatshirt is NOT part of the uniform *Purchase from: FR Spirit Shop (800 Building)*
Socks, Tights and Leggings	**Tights**: Solid black or forest green (no patterns, rips, or textures like fishnets) *Purchase from: Anywhere* **Black Leggings**: Plain, solid black leggings (no decoration, pattern or athletic pants) may be worn in place of tights, must fit tightly around the legs, no bootcut leggings. No yoga pants or sweatpants under skirts. Must be worn under a skirt; cannot be worn alone as pants *Purchase from: Anywhere* **Ankle/Crew Socks**: May wear any color *Purchase from: Anywhere* **Knee High Socks**: Solid forest green only; cannot be worn over leggings *Purchase from: Anywhere* **Seniors Only**: Navy blue knee high socks or navy blue tights *Purchase from: Anywhere*
Shoes	**Shoes or Boots**: Comfortable to walk in and navigate campus; no open toes; no heel or platform higher than 2 inches; no slippers. Open backed shoes are allowed but should not be worn during science labs or PE class. *Purchase from: Anywhere*
Accessories	Accessories that are potentially unsafe are not permitted at school, including but not limited to: studded belts, chains, spikes, handcuffs, safety pins, etc. Belts must be functional, not decorative. ***NEW*** Hats are not part of the daily uniform or the dress uniform. This includes, but is not limited to, baseball hats, beanies, FR-branded hats, and winter hats.
Notes	No holes or rips in any uniform item (tops, bottoms, and tights/leggings). Cropped tops are not allowed as part of any of the uniform options.

DRESS UNIFORM

For Dress Uniform days, you must wear one item from each section below: shirt, bottom, sweater, socks/tights/leggings, and shoes. Sweatpants and sweatshirts are not permitted on Dress Uniform days.

Shirt	**Polo Shirt**: Plain white with collar; long or short sleeve; no logos, other than optional Forest Ridge logo *Purchase from: Anywhere*
Bottoms	**Black-Watch Plaid Skirt**: No shorter than 4 inches above the knee, must wear shorts under skirt that do not extend beyond hemline of skirt *Purchase from: Flynn O'Hara* **Chino or Corduroy Dress Pants**: Full length only; navy blue, light tan or light brown (no army green or brown); no denim, linen, sweatpants or yoga pant material; no cargo pockets or outside pockets (except for 2 standard back pockets) *Purchase from: Anywhere*
Sweater	**Green Sweater**: Cardigan or Pull Over *Purchase from: Flynn O'Hara or Lands' End Uniform* **Green Blazer** *Purchase from: Lands' End Uniform, must have logo* **Seniors Only**: Navy Blue Sweater or Blazer *Purchase from: Lands' End Uniform (sweater and blazer) or Flynn O'Hara (sweater)*
Socks, Tights and Leggings	**Tights**: Solid black or forest green (no patterns or rips) *Purchase from: Anywhere* **Black Leggings**: Plain, solid black leggings (no decoration, pattern or athletic pants) may be worn in place of tights, provided they are <u>tucked into</u> black dress boots, with no socks showing. Must be worn under a skirt; cannot be worn alone as pants. Must fit tightly around the legs, **no bootcut leggings.** No yoga pants or sweatpants under skirts. *Purchase from: Anywhere* **Knee High Socks**: Solid forest green; cannot be worn over leggings *Purchase from: Anywhere* **White Dress Socks:** Knee high or ankle socks; no tube or sports socks *Purchase from: Anywhere* **Seniors Only**: Navy blue knee high socks or navy blue tights *Purchase from: Anywhere*

Shoes	**Black Dress Shoes**: No hiking boots, cowboy boots or rain boots; soles of shoes must be black or dark brown, no white or light-colored soles; no sparkles, pattern or other colors on shoes or boots; no open toes or backs; no heel or platform higher than 2 inches *Purchase from: Anywhere* **Black Dress Boots**: No hiking boots, cowboy boots or rain boots; must be worn with tights or black leggings; soles of shoes must be black or dark brown, no white or light-colored soles; no sparkles, pattern or other colors on boots; no heel or platform higher than 2 inches *Purchase from: Anywhere* **Black Athletic Shoes/Sneakers**: Dress shoes or dress boots are preferred, but students may wear all black athletic shoes/sneakers; soles of shoes must be black or dark brown, no white or light-colored soles; no sparkles, pattern or other colors on shoes or boots; no open toes or backs; no heel or platform higher than 2 inches *Purchase from: Anywhere*
Accessories	Hats, sunglasses, and neck scarves may not be worn during class, assemblies or liturgies. Accessories that are potentially unsafe are not permitted at school, including but not limited to: studded belts, chains, spikes, handcuffs, safety pins, etc. Belts must be functional, not decorative.
Notes	No holes or rips in any uniform item (tops, bottoms, and tights/leggings). Cropped tops are not allowed as part of any of the uniform options.

NON-UNIFORM DRESS

Upper School students may wear non-uniform dress on Fridays. If a particular Friday is scheduled to be a Dress Uniform day, students are expected to wear Dress Uniform.

When selecting items to wear on non-uniform dress days, please be sure that they align with these expectations.

Notes	• Entire area from armpit to 3-4" above the knee must be covered. • Clothing should not contain any messages, symbols, or references of profanity, drugs, alcohol, violence, or disrespect to a group or individual. • Clothing options should not include culturally appropriated elements.
Tops	• Tops must have straps that are at least 1" wide. • Tops cannot be see-through. • Tops must fully cover undergarments. • Tops must fully cover the area of the body from the armpit to the top of the pants/bottoms. • Cropped tops are not allowed to be worn on non-uniform dress days.
Bottoms	• Bottoms must fully cover undergarments. • Distressed denim is permitted as long as the tears land below the knee.
Shoes	• Shoes must have a heel or platform less than 2". • Open backed shoes are allowed but should not be worn during science labs or PE class.
Accessories	• Accessories that are potentially unsafe are not permitted at school, including but not limited to: studded belts, chains, spikes, handcuffs, safety pins, etc.