DECEMBER BREAKFAST MENU

Nov 30 Cheesy Breadstick OR Teriyaki Chicken Rice Bowl Mandarin Orange Cup	**Dec 1** Chocolate Chocolate Chip Muffin OR Teriyaki Chicken Noodle Bowl Apple Slices	**2** Cinnamon Swirl Breakfast Sandwich OR Teriyaki Chicken Noodle Bowl Banana	**3** Strawberry Muffin OR Teriyaki Chicken Noodle Bowl Apple Slices	**4** Plain Bagel Strawberry Cream Cheese Grape Jelly OR Teriyaki Chicken Rice Bowl Apple Mango Bar
7 Cinnamon Mini Cinnis OR Teriyaki Chicken Rice Bowl Mandarin Orange Cup	**8** Chocolate Chocolate Chip Muffin OR Teriyaki Chicken Noodle Bowl Apple Slices	**9** St. Paul Croissant Breakfast Sandwich OR Teriyaki Chicken Rice Bowl Banana	**10** Lemon Blueberry Muffin OR Teriyaki Chicken Noodle Bowl Apple Slices	**11** Strawberry Boli OR Teriyaki Chicken Rice Bowl Apple Mango Bar
14 Cheesy Breadstick OR Teriyaki Chicken Rice Bowl Mandarin Orange Cup	**15** Chocolate Chocolate Chip Muffin OR Teriyaki Chicken Noodle Bowl Apple Slices	**16** Cinnamon Swirl Breakfast Sandwich OR Teriyaki Chicken Noodle Bowl Banana	**17** Banana Chocolate Chip Muffin OR Teriyaki Chicken Noodle Bowl Apple Slices	**18** Plain Bagel Strawberry Cream Cheese Grape Jelly OR Teriyaki Chicken Rice Bowl Apple Mango Bar
21 Cinnamon Mini Cinnis OR Teriyaki Chicken Rice Bowl Mandarin Orange Cup	**22** Chocolate Chocolate Chip Muffin OR Teriyaki Chicken Noodle Bowl Apple Slices	**23 NO SCHOOL** 	**24 NO SCHOOL** 	**27 NO SCHOOL** 

DAILY CHOICES

- Assorted Cereals
- Yogurt
- String Cheese
- Juice
- Milk

SPECIAL FEATURES



- Cool Tropics Slushies (100% Juice) (Monday & Friday)



- Whole Grain Super Stick (Monday, Wednesday, Friday)

- For nutrient & allergen information, visit SchoolCafe.com/SPPS.
- Menu subject to change.
- This institution is an equal opportunity provider.

DECEMBER LUNCH MENU

Saint Paul Public Schools NUTRITION SERVICES

Nov 30 Cheeseburger Slider or Veggie Burger Soybutter Sandwich French Fries Apple	**Dec 1** Nacho Day Seasoned Beef Cheese Sauce Tortilla Chips Lettuce Salsa Soybutter Sandwich Refried Beans Strawberries	**2** Italian Dunker Marinara Sauce Soybutter Sandwich Corn Apple Slices	**3** Crispy Chicken Sandwich or Veggie Burger Soybutter Sandwich French Fries Banana	**4** Lemon Chicken White Rice Grilled Cheese or Soybutter Sandwich Broccoli Applesauce Cup
7 Penne Pasta with Meat Sauce Garlic Toast Soybutter Sandwich Cucumber Slices Apple Slices	**8** Glazed Chicken Bites Soybutter Sandwich Seasoned Tater Tots Strawberries	**9** Big Daddy's™ Cheese Pizza Soybutter Sandwich Corn Cucumber Slices Apple Slices	**10** Chicken Nuggets or Chickenless Nuggets Corn Muffin Soybutter Sandwich Mashed Potatoes & Gravy Banana	**11** Beef Bulgogi White Rice Grilled Cheese or Soybutter Sandwich Broccoli Applesauce Cup
14 Cheeseburger or Veggie Burger Soybutter Sandwich French Fries Apple	**15** Walking Taco Fritos® Seasoned Beef Shredded Cheese Lettuce Salsa Soybutter Sandwich Refried Beans Strawberries	**16** Pizza Crunchers with Marinara Sauce Soybutter Sandwich Corn Cucumber Slices Apple Slices	**17** Brunch for Lunch Pancake with Syrup Chicken Sausages Soybutter Sandwich Hash Brown Banana	**18** Chicken Finger Basket with Galaxy Sauce Soybutter Sandwich French Fries Applesauce Cup
21 Grilled Chese Sadnwich Soybutter Sandwich Apple	**22** Taco Seasoned Beef Shredded Cheese Lettuce Salsa Hard Shell Corn Tortilla Soybutter Sandwich Refried Beans Strawberries	**23** **NO SCHOOL** 	**24** **NO SCHOOL** 	**25** **NO SCHOOL** 

- Milk is available at every meal. • This institution is an equal opportunity provider.
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