DECEMBER

Lunch - MLS, MSS, PES

Daily Choices

- Peanut Butter + Jelly
- Salad Bar
- Milk

Rotating Alternate Sandwiches

- Turkey + Cheese
- Ham + Cheese
- Tuna Salad
- Egg Salad

Notes:

RSU 5 is an equal opportunity provider.

RSU 5 reserves the right to substitute menus due to supply shortages, but we will put every effort to provide a similar alternative whenever possible.

Try it Tuesday!

12/15
Crispy & Cheesey Parmesan Roasted Kale Bites

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Shepherd's Pie with WG Dinner Roll or Alternate Choice	2 Walking Beef Tacos, Brown Rice & Assorted Toppings or Alternate Choice	3 Macaroni and Cheese with Buttered Peas or Alternate Choice	4 Cheese or Pepperoni Pizza or Alternate Choice
7 Chicken Nuggets with French Fries or Alternate Choice	8 Bosco Sticks with Marinara Sauce or Alternate Choice	9 Breakfast for Lunch French Toast Sticks with Sausage + Hashbrowns or Alternate Choice	10 Orange Chicken, Brown Rice and Steamed Broccoli or Alternate Choice	11 Cheese or Bacon Pizza or Alternate Choice
14 Grilled Cheese & Tomato Soup or Alternate Choice	15 Try it Tuesday! American Chop Suey with Garlic Bread or Alternate Choice	16 Hamburger or Cheeseburger with Chips & Pickles or Alternate Choice	17 *Holiday Meal* Turkey, Mashed Potatoes, Stuffing, Applesauce, Green Beans, Dinner Roll + Special Dessert	18 Cheese or Pepperoni Pizza or Alternate Choice
21 Crispy Chicken Sandwich with Potato Wedges or Alternate Choice	22 WG Soft Pretzel & Cheese Sauce or Alternate Choice	23 NO SCHOOL	24 NO SCHOOL	25 NO SCHOOL
28 NO SCHOOL	29 NO SCHOOL	30 NO SCHOOL	31 NO SCHOOL	1 NO SCHOOL

DECEMBER

Breakfast - PES

Daily Choices

- Cereal
- Fresh Fruit
- Milk
- Peanut Butter and Jelly
- Yogurt & Granola

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All grain based items are whole-grain rich and lower-sugar school nutrition formulations.



Monday	Tuesday	Wednesday	Thursday	Friday
	1 Pancake Bites	2 Breakfast Sandwich	3 Omlette with Hashbrown	4 Chef's Choice
7 Whole Grain Muffin	8 Pancake Bites	9 Breakfast Sandwich	10 Bagel and Cream Cheese	11 Chef's Choice
14 Whole Grain Muffin	15 Pancake Bites	16 Breakfast Sandwich	17 Omlette with Hashbrown	18 Chef's Choice
21 Whole Grain Muffin	22 Pancake Bites	23 NO SCHOOL	24 NO SCHOOL	25 NO SCHOOL
28 NO SCHOOL	29 NO SCHOOL	30 NO SCHOOL	31 NO SCHOOL	1 NO SCHOOL

