DECEMBER

Lunch - DCS

Daily Choices

- Peanut Butter + Jelly
- Salad Bar
- Milk

Rotating Alternate Sandwiches

- Turkey + Cheese
- Ham + Cheese
- Tuna Salad
- Egg Salad

Notes:

RSU 5 is an equal opportunity provider.

RSU 5 reserves the right to substitute menus due to supply shortages, but we will put every effort to provide a similar alternative whenever possible.

Try it Tuesday!

12/15
Crispy & Cheesey Parmesan Roasted Kale Bites

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Shepherd's Pie with WG Dinner Roll or Alternate Choice	2 Walking Beef Tacos, Brown Rice & Assorted Toppings or Alternate Choice	3 Chicken and Waffles or Alternate Choice	4 Cheese or Pepperoni Pizza or Alternate Choice
7 Chicken Nuggets with French Fries or Chef Salad with WG Roll	8 American Chop Suey with Green Beans and WG Roll or Egg Salad Sandwich	9 Chicken Bacon Ranch Flatbread or BBQ Rib Sandwich	10 Breakfast for Lunch French Toast Sticks with Sausage + Hashbrowns or Breakfast Sandwich	11 Cheese or Bacon Pizza or Chicken Caesar Salad with Garlic Bread
14 Mac and Cheese with Buttered Peas or Build your Own Italian Sandwich	15 Try it Tuesday! Orange Chicken with Brown rice and Steamed Broccoli or Fish Sticks and Potato Wedges	16 Bosco Sticks with Marinara Sauce or Tuna Sandwich	17 *Holiday Meal* Turkey, Mashed Potatoes, Stuffing, Roasted Butternut Squash, Green Beans, Dinner Roll + Special Dessert	18 Cheese Pizza or Soft Pretzel & Cheese Sauce
21 Pulled Pork Sandwich, Baked Beans and Coleslaw or Chicken and Gravy over a Biscuit	22 Crispy Chicken Sandwich or Fish Sticks with French Fries	23 NO SCHOOL	24 NO SCHOOL	25 NO SCHOOL
28 NO SCHOOL	29 NO SCHOOL	30 NO SCHOOL	31 NO SCHOOL	1 NO SCHOOL

DECEMBER

Breakfast - DCS

Daily Choices

- Cereal
- Fresh Fruit
- Milk

Notes:

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RSU 5 reserves the right to substitute menus due to supply shortages, but we will put every effort to provide a similar alternative whenever possible.

All grain based items are whole-grain rich and lower-sugar school nutrition formulations.

At DCS on days when a hot entree is featured, a fortified WG breakfast option will be substituted for breakfasts consumed in the classroom.



Monday	Tuesday	Wednesday	Thursday	Friday
	1 Waffles with Syrup	2 Breakfast Sandwich	3 Bagel with Cream Cheese	4 Chef's Choice
7 Whole Grain Breakfast Pastry	8 Pancakes with Syrup	9 Breakfast Pizza or Yogurt Parfait with Granola	10 Whole Grain Breakfast Bread	11 Chef's Choice
14 Whole Grain Breakfast Pastry	15 Waffles with Syrup	16 Breakfast Sandwich	17 Bagel with Cream Cheese	18 Chef's Choice
21 Whole Grain Breakfast Pastry	22 Pancakes with Syrup	23 NO SCHOOL	24 NO SCHOOL	25 NO SCHOOL
28 NO SCHOOL	29 NO SCHOOL	30 NO SCHOOL	31 NO SCHOOL	1 NO SCHOOL

