December 2026

MIDDLE SCHOOL GLUTEN FREE LUNCH

Online Payments

myPayments plus

Lunch Meal Prices
Reduced: FREE
Full Pay: $3.75

M	T	W	T	F
	Farm to School Spotlight DOES GOOD GARDENS			
	1 GF Pancakes Chicken Sausage Patties Tater Tots Maple Syrup **Early Dismissal**	2 GF Pasta with Meat Sauce GF Bread Slice Oven Roasted Zucchini*	3 GF Chicken Tenders Mashed Potatoes Steamed Corn GF Bread Slice	4 GF Cheese Pizza Garden Salad with Ranch Dressing*
7 GF Cheese Quesadilla Steamed Corn Salsa, Sour Cream	8 GF Pancakes Chicken Sausage Patties Hash Brown Maple Syrup	9 GF Chicken Penne Alfredo GF Bread Slice Steamed Broccoli*	10 Grilled Chicken Sandwich on a GF Bun Fun Size Chips Cucumber & Tomato Salad*	11 GF Cheese Pizza Garden Salad with Ranch Dressing*
14 Beef Nachos Seasoned Black Beans Cheddar Cheese, Salsa, Sour Cream	15 Sausage, Egg, and Cheese on a GF Bagel Tater Tots Warm Cinnamon Apples	16 Buffalo Chicken Tachos (Buffalo Chicken served over Tater Tots with Cheese Sauce) GF Bread Slice Steamed Green Beans	17 GF Chicken Tenders with Sweet and Sour Dipping Sauce Brown Rice Stir Fry Veggies	18 GF Cheese Pizza Caesar Salad* (no croutons)
21 GF Chicken Tenders Mashed Potatoes Steamed Corn Jolly Sidekick	22 GF Pancakes Chicken Sausage Patties Hash Brown Maple Syrup	23 GF Cheese Pizza Steamed Veggie **Early Dismissal**	HAPPY HOLIDAYS	
		BREAK		

Menu is subject to change.
Please inform food service staff of any allergies before ordering.

This institution is an equal opportunity provider.

To contact Food Services - Call 860-628-3286 x21221 or
nmaxellon@southingtonschools.org
Nicole Maxellon, Food Service Director

***Fresh Produce Used**

Offered Daily: Rainbow Veggie Tray, Assorted Fresh and Canned Fruit, Unflavored and Flavored Milk