# December 2026-Fridley High School Lunch

FRIDLEY PUBLIC SCHOOLS

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|
| 30<br>**Main:** General Tso Chicken<br>Rice & Sweet Chili Chips<br>Roasted Chili Edamame<br>Assorted Fruit & Veg<br>**Growler Grill:** Hamburger or Cheeseburger on Bun<br>**Grains & Greens:** Fruit & Yogurt Parfait, PBJ Box, Italian Sub, Parmesan Garlic Chicken Wrap | 1<br>**Main:** Kick N Chicken<br>Mashed Potatoes & Gravy<br>Corn, Biscuit<br>Assorted Fruit & Veg<br>**Growler Grill:** Regular or Spicy Chicken Patty on Bun<br>**Grains & Greens**: Fruit & Yogurt Parfait, PBJ Box, Taco Salad, Honey Mustard Ham Sub | 2<br>**Main:** Mongolian Beef<br>Rice & Egg Roll<br>Sesame Green Beans<br>Assorted Fruit & Veg<br>**Growler Grill:** Hot Dog on Bun with Doritos<br>**Grains & Greens:** Fruit & Yogurt Parfait, PBJ Box, Chipotle Sub<br>Asian Salad | 3<br>**Main:** Chicken Alfredo<br>Penne Pasta, Breadstick<br>Spinach Salad<br>Assorted Fruit & Veg<br>**Growler Grill:** Pizza<br>**Grains & Greens**: Fruit & Yogurt Parfait, PBJ Box, Teriyaki Chicken Sub<br>Sante Fe Salad | 4<br>**Main:** Homemade Pizza<br>Lettuce Salad<br>Assorted Fruit & Veg<br>**Growler Grill:** Cooks Choice<br>**Grains & Greens:** Fruit & Yogurt Parfait , PBJ, Turkey Pesto Sub, Mexican Wrap |
| 7<br>**Main:** Hamburger or Cheeseburger on Bun<br>Potato Wedges<br>Assorted Fruit & Veg<br>**Growler Grill:** Pizza<br>**Grains & Greens:** Fruit & Yogurt Parfait, PBJ Box, Italian Sub, Parmesan Garlic Chicken Wrap | 8<br>**Main:** Enchilada Bake<br>Tostito Chips<br>Elote Corn<br>Assorted Fruit & Veg<br>**Growler Grill:** Regular or Spicy Chicken Patty on Bun<br>**Grains & Greens**: Fruit & Yogurt Parfait, PBJ Box, Taco Salad, Honey Mustard Ham Sub | 9<br>**Main:** Honey Sriracha Chicken with Rice<br>Sweet Chili Doritos<br>Roasted Chili Edamame<br>Assorted Fruit & Veg<br>**Growler Grill:** Pizza Crunchers w/Marinara<br>**Grains & Greens:** Fruit & Yogurt Parfait, PBJ Box, Chipotle Sub, Asian Salad | 10<br>**Main:** Mac & Cheese<br>Chicken Nuggets<br>Roasted Broccoli<br>Assorted Fruit & Veg<br>**Growler Grill:** Hamburger or Cheeseburger on Bun<br>**Grains & Greens**: Fruit & Yogurt Parfait, PBJ Box, Teriyaki Chicken Sub<br>Sante Fe Salad | 11<br>**Main:** Pizza<br>Honey Roasted Carrots<br>Assorted Fruit & Veg<br>**Growler Grill:** Cooks Choice<br>**Grains & Greens**: Fruit & Yogurt Parfait, PBJ Box, Turkey Pesto Sub, Mexican Wrap |

This institution is an equal opportunity provider. Due to supply chain issues, menu is subject to change based on availability. Please see online interactive menu for most up to date menu information. Limited quantities of alternate options are available.

FRIDLEY FRESH
fridley public schools nutrition services

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| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|
| 14<br>**Main:** Beef Sambusa<br>Cheesy Breadstick<br>Tumeric Rice<br>Roasted Carrots<br>Assorted Fruit & Veg<br>**Growler Grill:** Hamburger or Cheeseburger on Bun<br>**Grains & Greens:** Fruit & Yogurt Parfait, PBJ Box, Italian Sub, Parmesan Garlic Chicken Wrap | 15<br>**Main:** Walking Beef Taco<br>Nacho Chips, Mexican Beans, Fajita Vegetables<br>Assorted Fruit & Veg<br>**Growler Grill:** Regular or Spicy Chicken Patty on Bun<br>**Grains & Greens:** Fruit & Yogurt Parfait, PBJ Box, Taco Salad, Honey Mustard Ham Sub | 16<br>**Main:** Chicken Drumstick<br>Garlic Knot<br>Parmesan Roasted Potato<br>Assorted Fruit & Veg<br>**Growler Grill:** Chicken Tinga, Rice & Naan Bread<br>**Grains & Greens:** Fruit & Yogurt Parfait, PBJ Box, Chipotle Sub,<br>Asian Salad | 17<br>**Main:** Turkey Chili<br>Fritos<br>Honey Roasted Carrots<br>Assorted Fruit & Veg<br>**Growler Grill:** Pizza<br>**Grains & Greens:** Fruit & Yogurt Parfait, PBJ Box, Teriyaki Chicken Sub<br>Sante Fe Salad | 18<br>**Main:** Mexican Chicken Bowl, Rice, Tostitos<br>Ranchero Beans<br>Assorted Fruit & Veg<br>**Growler Grill:** Cooks Choice<br>**Grains & Greens:** Fruit & Yogurt Parfait , PBJ, Turkey Pesto Sub, Mexican Wrap |
| 21<br>**Main:** Orange Chicken Rice, Sweet Chili Doritos<br>Sesame Green Beans<br>Assorted Fruit & Veg<br>**Growler Grill:** Hamburger or Cheeseburger on Bun<br>**Grains & Greens:** Fruit & Yogurt Parfait, PBJ Box, Italian Sub, Parmesan Garlic Chicken Wrap | 22<br>**Main:** French Bread Pizza<br>Marinara Sauce<br>Assorted Fruit & Veg<br>**Growler Grill:** Cooks Choice<br>**Grains & Greens:** Fruit & Yogurt Parfait, PBJ Box, Taco Salad, Honey Mustard Ham Sub | 23<br>**No School** | 24<br>**No School** | 25<br>**No School** |
| 28<br>**No School** | 29<br>**No School** | 30<br>**No School** | 31<br>**No School** | 1<br>**No School** |

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