What's on the Menu?

Darien High School
December 2026

Monday	Tuesday	Wednesday	Thursday	Friday
30 **Chicken Parmesan Sandwich** Roasted Carrot Fries Crinkle Cut Fries	**1** **Cheese Quesadilla** Mexican-Style Pinto Beans Seasoned Corn Mexican Rice	2 **Ginger Soy Chicken Noodle Bowl**	3 **Philly Cheesesteak** Homemade Cheddar Cheese Sauce Peppers & Onions Onion Rings	4 **Cheese Stuffed Shells** Roasted Green Beans Garlic Bread
7 **Garlic & Herb Roasted Chicken** Roasted Green Beans Mashed Potatoes Chicken Gravy	8 **Walking Beef Tacos**	9 **General Tso's Popcorn Chicken or Tofu** Garlic-Ginger Bok Choy Steamed Rice	10 **Burger Bar** Beef or Impossible Burger Curly Fries	11 **Penne Pasta** Meatballs & Marinara Roasted Green Beans Garlic Bread
14 **Chicken Cutlet Sandwich Bar** Tater Tots	15 **Baja Beef Brown Rice Bowl** Mexicali Corn	16 **Orange Chicken** Roasted Green Beans Lo Mein Noodles	17 **BBQ Pulled Pork Sandwich** Herbed Cauliflower Sweet Potato Fries	18 **Macaroni & Cheese Bar** BBQ Shredded Pork Chopped Bacon Seasoned Peas
21 **Buffalo & BBQ Chicken Wings** Carrot & Celery Sticks Crinkle Cut Fries	22 **Beef Nachos** Homemade Cheese Sauce Mexicali Corn Salsa	23 **Early Dismissal** **No Lunch Service**		

Wrap & Roll celebrates the creativity and versatility of foods that are wrapped, rolled, folded and filled.

Daily Offerings

HOT
Cheese Pizza
Pepperoni Pizza
Grilled Classics

COLD
Deli Bar
Salad Bar
Parfait Bar

Wrap & Roll
Turn Up the Taste!

Wednesdays at the DHS Chef's Table! A unique wrap will be featured with ***Spice It Up*** Discovery Kitchen Influences:
12/2 Buffalo Chicken Salad Wrap
12/9 Spicy Pineapple Jalapeño Chicken Wrap
12/16 Chicken & Spinach Tzatziki Wrap

Spice It Up

December Fun Days

12/11 Have a Bagel Day

Bagel Popup
at the DHS Chef's Table!

chartwells
serving up happy & healthy

*All meals include one piece of whole fruit, such as a fresh **pear**, apple or orange, and a choice of 8 oz. low-fat milk or fat-free chocolate milk.*



Vegetarian Option Available