What's on the Menu?

Middlesex Middle School
December 2026

Monday	Tuesday	Wednesday	Thursday	Friday
30 **Chicken Parmesan Sandwich** Roasted Carrot Fries Crinkle Cut Fries	**1** **Cheese Quesadilla** Southwest Black Beans & Corn Steamed Rice	2 **Ginger Soy Chicken Noodle Bowl**	3 **Philly Cheesesteak** Homemade Cheddar Cheese Sauce Peppers & Onions Onion Rings	4 **Cheese Stuffed Shells** Roasted Green Beans Garlic Bread
7 **Whole Grain Waffles** Strawberry Topping Crispy Bacon Tater Tots	8 **Beef Tacos** Rice & Beans	9 **General Tso's Popcorn Chicken** Garlic-Ginger Bok Choy Steamed Rice	10 **Burger Bar** Curly Fries	11 **Penne Pasta** Meatballs & Marinara Roasted Green Beans Garlic Bread
14 **Chicken Cutlet Sandwich Bar** Tater Tots	15 **Baja Beef Brown Rice Bowl** Mexicali Corn	16 **Orange Chicken** Roasted Green Beans Lo Mein Noodles	17 **BBQ Pulled Pork Sandwich** Herbed Cauliflower Sweet Potato Fries	18 **Macaroni & Cheese Bar** BBQ Shredded Pork Seasoned Peas
21 **Buffalo & BBQ Chicken Wings** Carrot & Celery Sticks Crinkle Cut Fries	22 **Beef Nachos** Homemade Cheese Sauce Mexicali Corn Salsa	23 **Sweet & Sour Chicken** Stir-Fried Vegetables Asian Rice		

Wrap & Roll celebrates the creativity and versatility of foods that are wrapped, rolled, folded and filled.

Daily Offerings

HOT
Cheese Pizza
Pepperoni Pizza
Grilled Classics

COLD
Fresh Salads
SunButter & Jelly Sandwich
Assorted Deli Sandwiches

Wrap & Roll
Turn Up the Taste!

Select Wednesdays at the MMS Deli! A unique wrap will be featured with ***Spice It Up*** Discovery Kitchen Influences:
12/2 Buffalo Chicken Salad Wrap
12/9 Spicy Pineapple Jalapeño Chicken Wrap
12/16 Chicken & Spinach Tzatziki Wrap

Spice It Up

December Fun Days

12/11 Have a Bagel Day

Bagel sandwiches will be at the MMS Deli for Have a Bagel Day!

chartwells
serving up happy & healthy

*All meals include one piece of whole fruit, such as a fresh **pear**, apple, or orange, and a choice of 8 oz. low-fat milk, fat-free chocolate milk, or water.*



Vegetarian Option Available