Autism Resources

Tips for Parents with an Autistic Child:

- Learn all you can about autism and seeking information from reliable resources
- Advocate for your child
- Get a strong social network/support system
- Teach your family about autism
- Plan times for breaks
- Have a routine
- Be consistent
- Reward good behavior
- Be patient and optimistic
- Appreciate the small victories your child may achieve
- Get involved in the autism community
- Make time for fun
- Teach and practice social skills

Informational Autism Websites:

1. www.autismspeaks.org -One of the leading autism science and advocacy organizations. Autism Speaks provides a comprehensive resource guide for all states. The site also boasts an impressive list of apps that parents may find useful, including games that focus on communication and social skills.

2. www.autism-society.org -Another great site that includes helpful resources for those with autism, family members, as well as professionals. Autism Society also gives updates on the latest autism news and press releases.

3. www.disabilityscoop.com – Sign up for Disability Scoop's e-mail news to receive the most current updates on developmental disabilities. Disability Scoop's experts have been cited by multiple online news sites, including USA Today and People.com.

4. www.autismnj.org -Run by a network of professionals and parents, Autism New Jersey strives to provide New Jersey residents affected by autism with the most up to date information, including info on Health Care and insurance mandates in New Jersey.

5. www.autism.com - The Autism Research Institute focuses on researching the causes of autism, as well as developing safe and effective treatments for those currently affected by the disorder.

6. www.autismweb.com – Managed by parents, AutismWeb includes great insights on different autism teaching methods. The site also provides a forum where parents can go to share their stories, give updates on their children's progress, and share recipes that may be useful for picky eaters.

7. www.ahany.org – The Asperger Syndrome and High Functioning Autism Association website offers some great resources for those with higher functioning autism. Ahany also provides a great list of summer programs and day camps in New York, as well as useful questions to ask when choosing a camp or summer program for your special needs child.

8. www.autismhwy.com -Started by a woman whose son was diagnosed with autism, Autism Highway is both informative and fun. Easy to navigate, Autism Highway provides an extensive list of Autism related events and specialists. In addition, Autism Highway includes many fun games that children are sure to enjoy!

9. www.autismbeacon.com – Also started by the parent of a child with autism, Autism Beacon strives to supply the best resources for autism treatments. Autism Beacon presents a lengthy range of articles on autism, including sensitive topics such as bullying and sexuality.

10. www.autism.healingthresholds.com – Healing Thresholds includes information on many different therapy treatments for children with autism. The site focuses on the top 12 used by parents, but also includes useful information on nearly 100 additional therapies.

11. www.autismallies.com

Books for Parents of Children with Autism

1. *The Thinking Person's Guide to Autism - What you really need to know about autism: from autistics, parents and professionals* – Edited by Shannon Des Roches Rosa, Jennifer Byde Myers, Liz Ditz, Emily Willingham and Carol Greenberg.

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3. *The Accidental Teacher: Life Lessons from My Silent Son* by Annie Lubliner Lehmann

4. *Asperkids: An Insiders's Guide to Loving, Understanding and Teaching Children with Asperger Syndrome* by Jennifer Cook O'Toole

5. *Autism in the Family: Caring and Coping* Together by Robert A. Naseef, PhD

6. *The Autism Mom's Survival Guide (for Dad's too!)* by Susan Senator

7. *Autism Solutions: How to Create a Healthy and Meaningful Life for Your Child* by Ricki G. Robinson, MD, MPH

8. *Autism Spectrum Disorders: What Every Parent Needs to Know* American Academy of Pediatrics

9. *Autism Tomorrow: The Guide to Helping Your Child Thrive in the Real World* by Karen Simmons and Bill Davis

10. *The Boy Who Loved Tornadoes: A Mother's Story* by Randi Davenport

11. *Chaos to Calm: Discovering Solutions to the Everyday Problems of Living with Autism* by Martha Gabler

12. *Children with High-Functioning Autism: A Parent's Guide* by Claire E. Hughes-Lynch, PhD

13. *Diary of a Crazy Woman: One Woman's Fight to Help Her Son with Autism Find a Place in the World* by Mayra Ron

14. *The Essential 5: A Practical Guide to Raising Children with Autism* by Colette de Bruin

15. *Facing Autism: Giving Parents Reasons for Hope and Guidance for Help* by Lynn M. Hamilton

16. *Gravity Pulls You in: Perspectives on Parenting Children on the Autism Spectrum (Mom's Choice Award Recipient)* edited by Krya Anderson and Vicki Forman

18. *Help! My Child Has Autism! A Parent's Guide to Start, Fund, and Maintain an Evidence Based Intervention* by Jennifer Turrell and Dr. Kristen Byra, BCBA-D

19. *Hope for Families of Children on the Autistic Spectrum* by Lynda T. Young

20. *How Do I Handle A Special Needs Child?* by Monique Duell

21) *More Than a Mom: Living a Full And Balanced Life When Your Child Has Special Needs (Mom's Choice Awards Recipient)* by Heather Fawcett, Amy Baskin

22) *A Mother's Song: Helpful Tips for Raising a Child with Autism* by Lerrlyn Nelson

Books for siblings of a child with autism:

- All About My Brother

  by Sarah Peralta
- Boy Alone: A Brother's Memoir

  by Karl Laro Greenfeld
- Brotherly Feelings: Me, My Emotions and My Brother with Asperger's Syndrome

  by Sam Frender and Robin Schiffmiller
- Brothers and Sisters

  by Laura Dwight
- *Brothers and Sisters: An Special Part of Exceptional Families by Peggy Gallagher, Thomas H. Powell, Cheryl Rhodes*
- *French Fries For Siblings: The Forgotten Children of Autism by Lilli Z. Mayerson*
- *Have You Met My Brother John? by Mary Potts*
- *Kids Booklet on Autism: For Siblings and Peers by New Jersey Center for Outreach & Services for the Autism Community*
- *A Kid's Guide to Autism by Cameron Davis, brother of a young boy with autism*
- *Leah's Voice by Lori DeMonia*
- *Living with a Brother or Sister with Special Needs: A Book for Sibs by Donald Meyer and Patricia Vedasy*
- *My Brother Charlie by Holly Robinson Peete and Ryan Elizabeth Peete*
- *My Brother is Different: A Sibling's Guide to Coping with Autism by Barbara J. Morvay*
- *My Friend with Autism: A Coloring Book for Peers and Siblings by Beverly Bishop*
- *My Little Brother is A Little Different - An Autism Story by Tammy Parker Cox*
- *The Other Kid: A Draw It Out Guidebook For Kids Dealing With A Special Needs Sibling by Lorraine Donlon*
- *The Sibling Slam Book: What it's REALLY Like to Have a Brother or Sister with Special Needs*
- *There Will Always Be Love by Jocelyn Davis, illustrated by Jessica Davis*
- *Views from our Shoes: Growing Up with a Brother or Sister with Special Needs*
- *What's Wrong With Alex? A Story for Siblings and Friends of Children Diagnosed with Autism by Sonseeahray Hodge Scott*
- *Zach and Asperger Syndrome by Tori Schultz*

Disability Resources

Parent Advocacy Coalition for Educational Rights (PACER) Center, Inc.

PACER Center is a parent training and information center for families of children and youth with all disabilities from birth through 21 years old. Located in Minneapolis, it serves families across the nation, as well as those in Minnesota. Parents can find publications, workshops, and other resources to help make decisions about education, vocational training, employment, and other services for their children with disabilities. PACER's National Bullying Prevention Center provides resources designed to benefit all students, including those with disabilities

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http://www.pacer.org
EarlyInterventionSupport.com