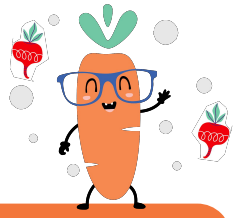
SOUTHERN FULTON ELEMENTARY LUNCH MENU

# December 2026

EAT SMART
BE SMART



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|
| | 1<br>No School | 2<br>Meatballs with marinara over White Rice<br>Glazed Carrots<br>Fresh Fruit&Vegetable Variety | 3<br>Chicken Tenders<br>Curly Fries<br>Fresh Fruit&Vegetable Variety | 4<br>Pepperoni Pizza<br>Steamed Corn<br>Fresh Fruit&Vegetable Variety |
| 7<br>Classic Sloppy Joe<br>Oven Fries<br>Fresh Fruit&Vegetable Variety | 8<br>Beef Soft Tacos<br>Steamed Corn<br>Fresh Fruit&Vegetable Variety | 9<br>Hot Ham & Cheese on a Pretzel Bun<br>Baked Beans<br>Fresh Fruit&Vegetable Variety | 10<br>Cheeseburger on Roll<br>Tater Tots<br>Fresh Fruit&Vegetable Variety | 11<br>Cheese Pizza<br>Steamed Green Beans<br>Fresh Fruit&Vegetable Variety |
| 14<br>Chicken Nuggets with Roll<br>Oven Fries<br>Fresh Fruit&Vegetable Variety | 15<br>Nachos Grande with Tortilla Chips<br>Steamed Corn<br>Fresh Fruit&Vegetable Variety | 16<br>French Toast Sticks with Sausage Links<br>Tri-Taters<br>Fresh Fruit&Vegetable Variety | 17<br>Sliced Ham<br>Scalloped Potatoes<br>Green Beans<br>Fruit Choice<br>Dessert | 18<br>Pepperoni Pizza<br>Steamed Green Beans<br>Fresh Fruit&Vegetable Variety |
| 21<br>Chicken Patty on a Bun<br>Steamed Broccoli<br>Fresh Fruit&Vegetable Variety | 22<br>Italian Dunkers with Sauce<br>Fresh Fruit&Vegetable Variety | 23<br>No School | 24<br>No School | 25<br>No School<br>Merry Christmas |
| 28<br>No School | 29<br>No School | 30<br>No School | 31<br>No School | No School<br>Happy New Yearl |

### MAKE IT A MEAL!

Choose at least 3 of 5 meal components for the school lunch price:
Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a lunch.

### Lunch Prices

| | |
|---|---|
| Student | $2.75 |
| Adult | $5.00 |

### Available Daily

pbj uncrustable
salad

### Fruit & Veggie Selection

100% Fruit Juice, peaches, pears, applesauce, pineapples, mandarin oranges
Students may choose up to two ½ cup servings of fruits and vegetables.

### Milk Selection

whole, 1%, chocolate

### Your Dining Services Team

Jaime Barnard
General Manager
jbarnard@sfsd.school
jaime.barnard@metzcorp.com

schoolcafé

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

Metz
CULINARY MANAGEMENT
ENVIRONMENTAL SERVICES