RINGGOLD HIGH SCHOOL

NOVEMBER 23RD – NOVEMBER 27TH

	MONDAY 11/23/26	TUESDAY 11/24/26	WEDNESDAY 11/25/26	THURSDAY 11/2619/26	FRIDAY 11/27/26
SIGNATURE STATION	Ram Bowl Or Popcorn Chicken -Dinner Roll- -Steamed Corn-	Ciabatta Club Sandwich Or Buffalo Ranch Chicken Sandwich -Glazed Carrots-	Pizza Crunchers Or Meatball Hoagie -Brussel Sprouts-	No School	No School
GRILL STATION	Hamburger Cheeseburger Crispy or Spicy Chicken Sandwich	Hamburger Cheeseburger Crispy or Spicy Chicken Sandwich	Hamburger Cheeseburger Crispy or Spicy Chicken Sandwich	No School	No School
PIZZA STATION (Fresh Hand Stretched Dough)	Cheese Pizza Pepperoni Pizza White Pizza	Cheese Pizza Pepperoni Pizza Chicken Bacon Ranch Pizza	Cheese Pizza Pepperoni Pizza Buffalo Chicken Pizza	No School	No School
RAM DRIVE DELI	Daily Features including Asst Breads & Wraps, Fresh Deli Meats & Cheeses, Grilled Chicken & Array of Fresh Toppings & Dressings				
SALAD BAR	DAILY FEATURES WITH FRESH FRUITS & VEGETABLES				
FUN FACTS & QUOTES					

BREAKFAST	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
In the Cafeteria ***High School*** *6:45-7:00AM*	Breakfast Pizza	Pancake	Waffle	No School	No School
	GRAB & GO BREAKFAST: VARIETY OF CEREALS, CRACKERS, BREAKFAST BARS, FRESH FRUITS, MILK & JUICE				

MAKE IT A COMPLETE BREAKFAST OR LUNCH

A meal includes grain, protein, fruit, vegetable, and milk.
Be sure to take at least three components
(including ½ cup
of fruit or vegetable)

Contact The District Food Service Directors
Amanda Fronzaglio at afronzaglio@ringgold.org
or
Kevin Pulit at kpulit@avifoodsystems.com
with any questions or concerns.

WE'RE HERE TO SERVE YOU!

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