# main pool schedule

**Nov. 22 - 30, 2026**
*Pool schedule subject to change.*

## SUNDAY

***POOL HOURS:***
8:00 am - 5:45 pm

**8:00 - 11:00 am**
Laps (6)
Adult 18 and Over
Swim at Your Own Risk

**11:00 - 4:00 pm**
Laps (6)
All Ages Guard on Duty

**4:00 - 5:45 pm**
Laps (6)
Adult 18 and Over
Swim at Your Own Risk

## MONDAY

***POOL HOURS:***
6:00 am - 8:45 pm

**6:00 - 9:00 am**
Laps (6)
Adult 18 and Over
Swim at Your Own Risk

**9:00 - 10:00 am**
Laps (2) Aquarobics (4)

**10:00 - 12:15 pm**
Laps (6)
Adult 18 and Over
Swim at Your Own Risk

**12:15 - 1:00 pm**
Laps (3) Aqua HIIT (3)

**1:00 - 3:15 pm**
Laps (6)
Adult 18 and Over
Swim at Your Own Risk

**3:15 - 4:45 pm**
Laps (1) Jesuit (5)

**4:45 - 5:15 pm**
Laps (1) Stingrays* (5)

**5:15 - 5:30 pm**
Stingrays* (6)

**5:30 - 6:45 pm**
Lessons* (1) Stingrays* (5)

**6:45 - 7:00 pm**
Laps (6)
All Ages Guard on Duty

**7:00 - 8:00 pm**
Laps (2) Masters* (4)

**8:00 - 8:45 pm**
Laps (6)
Adult 18 and Over
Swim at Your Own Risk

## TUESDAY

***POOL HOURS:***
6:00 am - 8:45 pm

**6:00 - 9:00 am**
Laps (6)
Adult 18 and Over
Swim at Your Own Risk

**9:00 - 10:00 am**
Laps (2) Aquapower (4)

**10:00 - 12:15 pm**
Laps (6)
Adult 18 and Over
Swim at Your Own Risk

**12:15 - 1:15 pm**
Laps (1) Masters (5)

**1:15 - 3:15 pm**
Laps (6)
Adult 18 and Over
Swim at Your Own Risk

**3:15 - 4:45 pm**
Laps (1) Jesuit (5)

**4:45 - 6:45 pm**
Laps (1) Stingrays* (5)

**6:45 - 7:00 pm**
Laps (6)
All Ages Guard on Duty

**7:00 - 8:00 pm**
Laps (1) Rentals (5)

**8:00 - 8:45 pm**
Laps (6)
Adult 18 and Over
Swim at Your Own Risk

## WEDNESDAY

***POOL HOURS:***
6:00 am - 6:45 pm

**6:00 - 9:00 am**
Laps (6)
Adult 18 and Over
Swim at Your Own Risk

**9:00 - 10:00 am**
Laps (2) Aquarobics (4)

**10:00 - 12:15 pm**
Laps (6)
Adult 18 and Over
Swim at Your Own Risk

**12:15 - 1:00 pm**
Laps (3) Aqua HIIT (3)

**1:00 - 3:15 pm**
Laps (6)
Adult 18 and Over
Swim at Your Own Risk

**3:15 - 4:45 pm**
Laps (1) Jesuit (5)

**4:45 - 5:15 pm**
Laps (1) Stingrays* (5)

**5:15 - 5:30 pm**
Stingrays* (6)

**5:30 - 6:45 pm**
Lessons* (1) Stingrays* (5)

Main Pool Closes at 6:45 pm

## THURSDAY

***POOL HOURS:***
8:00 am - 11:45 pm

**1:00 - 11:45 am**
Laps (6)
Adult 18 and Over
Swim at Your Own Risk

Main Pool Closes at 11:45 am

## FRIDAY

***POOL HOURS:***
8:00 am - 2:45 pm

**8:00 - 2:45 pm**
Laps (6)
Adult 18 and Over
Swim at Your Own Risk

Main Pool Closes at 2:45 pm

## SATURDAY

***POOL HOURS:***
8:00 am - 5:45 pm

**8:00 - 10:00 am**
Laps (6)
Adult 18 and Over
Swim at Your Own Risk

**10:00 - 10:50 am**
Laps (6)
All Ages Guard on Duty

**10:50 - 12:30 pm**
Laps (5) Lessons* (1)
Adult 18 and Over
Swim at Your Own Risk

**12:30 - 4:00 pm**
Laps (6)
All Ages Guard on Duty

**4:00 - 5:45 pm**
Laps (6)
Adult 18 and Over
Swim at Your Own Risk

Main Pool Closes at 6:45 pm

*(#) = the number in parentheses notes the number of lanes available*

** Indicates that there is a fee to participate.*

*Children age 12 & under must pass our swim test or wear a lifejacket to participate in open swim. Please visit: **oregonjcc.org/poolrules** for our full supervision policy and pool rules.*

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