RAMAPO HIGH SCHOOL

Weekly Bulletin
November 23-27, 2026

Monday November 23rd	Tuesday November 24th	Wednesday November 25th	Thursday November 26th	Friday November 27th
Day 3	**Day 4**	**Minimum Anchor Day**	**Thanksgiving Day**	**Black Friday**
PER 3: 8:20 - 9:16 AM	PER 4: 8:20 - 9:16 AM	Minimum Anchor Day No Lunch No Labs		
PER 4: 9:20 - 10:18 AM	PER 1: 9:20 - 10:18 AM	Block 1: 8:20 - 8:46 AM		
PER 1: 10:22 - 11:18 AM	PER 2: 10:22 - 11:18 AM	Block 2: 8:51 - 9:20 AM		
Lab 1: 11:18 - 11:38 am	Lab 1: 11:18 - 11:38 am	Block 3: 9:24 - 9:51 AM		
UNIT LUNCH: 11:18 AM - 12:14 PM	UNIT LUNCH: 11:18 AM - 12:14 PM	Block 4: 9:55 - 10:22 AM		
Lab 2: 11:54 am - 12:14 pm	Lab 2: 11:54 am - 12:14 pm	Block 5: 10:26 - 10:53 AM		
PER 5: 12:14 - 1:10 PM	PER 6: 12:14 - 1:10 PM	Block 6: 10:57 - 11:24 AM		
PER 8: 1:14 - 2:10 PM	PER 5: 1:14 - 2:10 PM	Block 7: 11:28 - 11:54 AM		
PER 7: 2:14 - 3:10 PM	PER 8: 2:14 - 3:10 PM	Block 8: 11:58 AM - 12:24 PM		



Mark Your Calendar

- **NOVEMBER 25th:** Anchor Day Schedule
- **NOVEMBER 26th:** District Closed for Thanksgiving break
- **NOVEMBER 27th :** District Closed for Thanksgiving break



LATEST NEWS

Don't forget to check out other RHS news in *RAMPAGE*

Click: Rampage

ATHLETIC SCHEDULES: Click Athletics

Follow Ramapo Athletics on IG

Click: RHS Athletics

Ramapo High School

Weekly Bulletin

November 23-27, 2026









RAMAPO HIGH SCHOOL

Weekly Bulletin
November 23-27, 2026

THE GREAT AMERICAN

Smokeout

QUIT VAPING TODAY



The Great American Smokeout is an opportunity for people who smoke or vape to commit to a healthy, nicotine-free life – not just for a day, but year round. Today is a great day to quit vaping.

If you need assistance, please visit Ms. Mantashian or Mrs. Cornell for strategies to reduce or eliminate your nicotine use.

Meetings are confidential.

Vaping nicotine can worsen symptoms of depression and anxiety and raise stress levels. People who currently use e-cigarettes **are twice as likely to be diagnosed with depression** compared to those who have never vaped.

Don't add to your struggles—quit today!

Ms. Mantashian, SAC & Mrs. Cornell, SAC
jmantashian@rih.org & rcornell@rih.org

NORMANDY STUDIO
Photography

Specializing In Yearbook Photography since 1941
Office: (908) 755-0431
www.normandystudio.com

If you have not made your yearbook selection, you must make it by **December 23rd, 2026**.

A random image will be chosen for you if you don't choose your desired image by the date given above.

There will be a **$75 Late Yearbook Selection Fee** if you do not make your selection by the date listed above and want to change it afterwards.

Please be sure to make your selection by the date listed above, as we do not want to charge you the fee, but we must, as we will have to crop, retouch, color correct and resubmit the new selection to the yearbook publisher. We then will need to contact the publisher to ensure they also switch it.

We want to avoid any chance of the wrong pose making it into the yearbook. This becomes very time consuming when not following the procedures we put in place.

We do not make the deadlines; the Yearbook Publisher chooses the date that the pose is needed by.

Your images were sent via an email, please search in your email for "**Senior Portraits Are Now Online!**" or "**Your Photos are Ready to be Viewed**" if you do not have the email saved.

To make your selection, open the link to view your photos and go to the "Choose Yearbook Pose" tab and click "Select Photo" to make your selection. Once your photo is selected, it will show up on the page and there is nothing else you need to do.

If you have any questions, please email hello@normandystudio.com and be sure to include the school you attend and the student's full name.

Thank you,

Normandy Studio

NEED A TUTOR?
WE CAN HELP!

Need help studying?
Want someone to read over an essay?
Looking for help with an assignment?

Students scan the QR Code to request a tutor.
Parents/guardians email mferro@rih.org.



---

shiv's third eye

MINDSPEAK ESSAY COMPETITION

- Middle School (Grades 6–8)
- High School (Grades 9–12)

Calling ALL young creative minds and compassionate hearts to explore and openly discuss the topic of "YOUTH MENTAL HEALTH & WELLNESS" and make your voice heard!

SUBMISSION WINDOW: OCT 26 – DEC 16, 2026 (11:59 PM)

A Letter of Recognition from New Jersey Governor Mikie Sherrill + Cash Prizes for ALL winners

HIGH SCHOOL (Grades 9–12)		MIDDLE SCHOOL (Grades 6–8)	
GOLD	$500	GOLD	$300
SILVER	$300	SILVER	$200
BRONZE	$100	BRONZE	$100

TOPICS, RULES & FREE SUBMISSION
For essay guidelines and FAQs visit
shivsthirdeye.org/mindspeak-essay-competition-2026
Winners to be announced on Jan 24, 2027 at the Youth Mental Wellness Fair, Livingston NJ

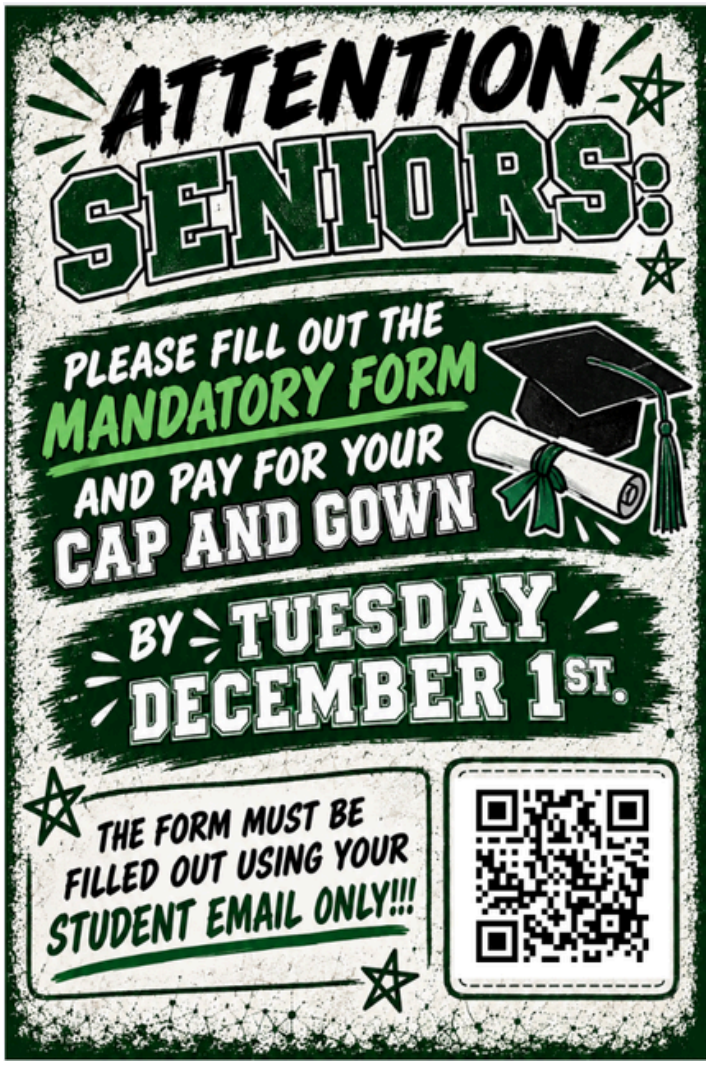
Ramapo High School

Weekly Bulletin
November 23-27, 2026

Ramapo APTS Parent Memberships 2026-2027 https://my.cheddarup.com/c/2026-2027-apts-memberships-copy-2627/items

Join the APTS! Click Here







Ramapo High School

Weekly Bulletin
November 23-27, 2026

Ramapo School Store
OPEN AT LUNCH
Located in the Library Media Center

CASH ONLY

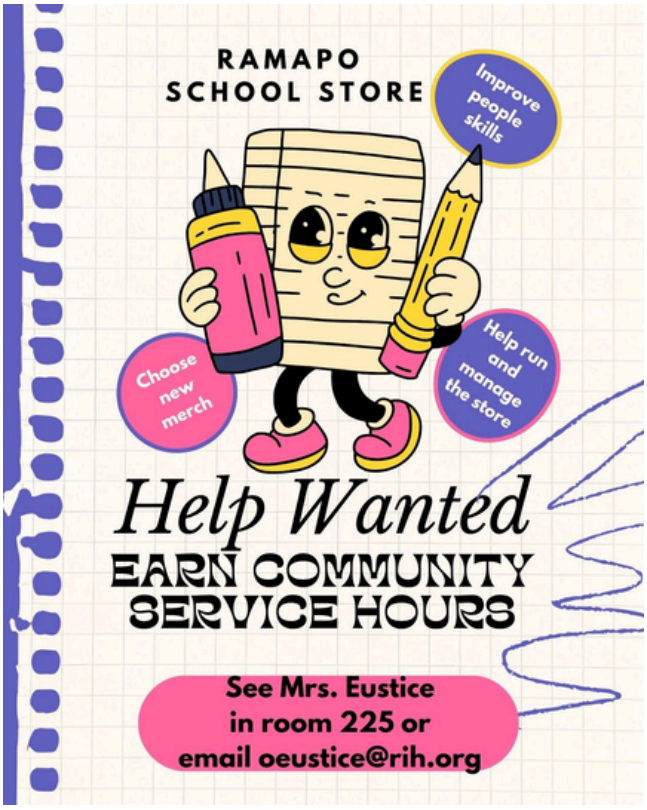
CLOTHING:
- Short Sleeve T-Shirt $15
- Long Sleeve T-shirt $25
- Sweatshirt/Hoodie $40

CANDY:
- Candy Bar $2
- Gum 2 for $1

SPECIALTY ITEMS:
- Lip Balm $1
- Hair ties $1
- Shout Stain Remover $1
- Bracelet $5
- Phone Pocket $5
- Magnets $5
- Spirit Sticks 2 for $8

CASH ONLY





Ramapo High School

Weekly Bulletin
November 23-27, 2026

FLEET FEET
HOLIDAY HUSTLE 5K

SIGN UP TO RACE

RAISE MONEY FOR CLASS OF 2030!

SUNDAY
DECEMBER | 6 | 9:30AM

RACE LOCATION: OVERPECK PARK
RIDGEFIELD PARK, NJ

$10 PER ENTRY WILL GO TOWARDS CLASS OF 2030
JOIN TEAM: RAMPAPOHS
FIRST 20 GET A FREE PAIR OF SOCKS

RAMAPO

asics

HOLIDAY HUSTLE 5K
FLEET FEET

PARENT STUDENT 5K TRAINING PROGRAM
RAISE MONEY FOR RAMAPO CLASS OF 2030
8 WEEK 5K TRAINING PROGRAM
BEGINS: OCT. 12, 2026
RACE DAY: DEC. 6, 2026 OVERPECK PARK
$20 PER SIGN FOR TRAINING PROGRAM, $10 PER SIGN UP FOR RACE REGISTRATION
BACK TO CLASS OF 2030
SIGN UP HERE

RAMAPO

asics

Happy Thanksgiving