DECEMBER BREAKFAST MENU

Nov 30 Cheesy Breadstick OR Teriyaki Chicken Rice Bowl Mandarin Orange Cup	**Dec 1** Chocolate Chocolate Chip Muffin OR Teriyaki Chicken Noodle Bowl Apple Slices	**2** Cinnamon Swirl Breakfast Sandwich OR Teriyaki Chicken Noodle Bowl Banana	**3** Strawberry Muffin OR Teriyaki Chicken Noodle Bowl Apple Slices	**4** Plain Bagel Strawberry Cream Cheese Grape Jelly OR Teriyaki Chicken Rice Bowl Apple Mango Bar
7 Cinnamon Mini Cinnis OR Teriyaki Chicken Rice Bowl Mandarin Orange Cup	**8** Chocolate Chocolate Chip Muffin OR Teriyaki Chicken Noodle Bowl Apple Slices	**9** St. Paul Croissant Breakfast Sandwich OR Teriyaki Chicken Rice Bowl Banana	**10** Lemon Blueberry Muffin OR Teriyaki Chicken Noodle Bowl Apple Slices	**11** Strawberry Boli OR Teriyaki Chicken Rice Bowl Apple Mango Bar
14 Cheesy Breadstick OR Teriyaki Chicken Rice Bowl Mandarin Orange Cup	**15** Chocolate Chocolate Chip Muffin OR Teriyaki Chicken Noodle Bowl Apple Slices	**16** Cinnamon Swirl Breakfast Sandwich OR Teriyaki Chicken Noodle Bowl Banana	**17** Banana Chocolate Chip Muffin OR Teriyaki Chicken Noodle Bowl Apple Slices	**18** Plain Bagel Strawberry Cream Cheese Grape Jelly OR Teriyaki Chicken Rice Bowl Apple Mango Bar
21 Cinnamon Mini Cinnis OR Teriyaki Chicken Rice Bowl Mandarin Orange Cup	**22** Chocolate Chocolate Chip Muffin OR Teriyaki Chicken Noodle Bowl Apple Slices	**23 NO SCHOOL** 	**24 NO SCHOOL** 	**27 NO SCHOOL** 

DAILY CHOICES

- Assorted Cereals
- Juice
- Milk

- For nutrient & allergen information, visit SchoolCafe.com/SPPS.
- Menu subject to change.
- This institution is an equal opportunity provider.

DECEMBER LUNCH MENU

Saint Paul Public Schools NUTRITION SERVICES

Nov 30 Cheeseburger Sliders or Veggie Burger Soybutter Sandwich French Fries	**Dec 1** Nacho Day Seasoned Beef Cheese Sauce Tortilla Chips Soybutter Sandwich Refried Beans	**2** Italian Dunker Marinara Sauce Soybutter Sandwich Corn	**3** Crispy or Hot & Spicy Chicken Sandwich or Veggie Burger Soybutter Sandwich French Fries	**4** Lemon Chicken with White Rice or Grilled Cheese Soybutter Sandwich Broccoli
7 Penne Pasta with Meat Sauce or Marinara Sauce Garlic Toast Soybutter Sandwich	**8** Make Your Own Beef Taco Seasoned Beef Shredded Cheese Tortilla Shell Soybutter Sandwich Refried Beans	**9** Big Daddy's™ Cheese or Turkey Pepperoni Pizza Soybutter Sandwich Corn	**10** Oven Fried Chicken Drumstick or Chickenless Nuggets Corn Muffin Soybutter Sandwich Mashed Potatoes and Gravy	**11** Beef Bulgogi with White Rice or Grilled Cheese Soybutter Sandwich Broccoli
14 Cheeseburger or Veggie Burger Soybutter Sandwich French Fries	**15** Walking Taco Fritos® Chicken Tinga Shredded Cheese Soybutter Sandwich Refried Beans	**16** Italian Dunkers with Marinara Sauce Soybutter Sandwich Corn	**17** Brunch for Lunch Pancakes with Syrup Chicken Sausages Soybutter Sandwich Hash Browns	**18** General Tso's Chicken or Tofu Noodle Bowl with Stir Fry Vegetables Chicken or Vegetable Egg Roll Grilled Cheese or Soybutter Sandwich
21 Sliced Turkey Melt on Texas Toast or Grilled Cheese Sandwich Soybutter Sandwich Tomato Soup	**22** Chicken Burrito Bowl Cilantro Lime Rice Charro Beans Shredded Cheese Soybutter Sandwich Charro Beans	**23 NO SCHOOL** 	**24 NO SCHOOL** 	**25 NO SCHOOL** 

- The choice bar and milk are available at every meal.
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