EDDINGTON SCHOOL NEWS

CALENDAR

ANNOUNCEMENTS

LUNCH MENU



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BIRTHDAYS



PRINCIPAL`S CORNER

Newsletter Incentive

November 20, 2026

Dear Eddington Families,

As we head into Thanksgiving break, we have another exciting week of updates to share with our Eddington Elementary School community! Our teachers and students continue to work hard, prepare for upcoming events, and create meaningful learning experiences throughout our school. We are thankful for the continued support of our families and community members who help make Eddington such a special place to learn and grow!

🎶 **Winter Concert – December 10th!**

We are excited to remind families about our upcoming Winter Concert! Our students and staff are looking forward to sharing their hard work and musical talents with everyone.

- Date: Thursday, December 10, 2026
- Time: 2:00 PM
- Location: Eddington Elementary School Gymnasium

Important Attendance and Ticket Information:
To ensure the safety of our students, families, and staff while following gymnasium occupancy limits, each student will be permitted to invite up to three family members.

Winter Concert tickets will be distributed by classroom teachers during Parent-Teacher Conferences on November 23rd and 24th. Families are reminded that tickets must be presented upon entry to the concert.

We appreciate everyone's understanding and cooperation as we work to provide a safe and enjoyable experience for our entire school community.

Parking Reminder: Please do not park along the main road, as this creates an unsafe traffic situation for vehicles and pedestrians.

📅 **Parent-Teacher Conferences – November 23rd & 24th**

Our teachers are looking forward to welcoming families for our upcoming Parent-Teacher Conferences! These meetings provide a wonderful opportunity to celebrate student growth, discuss academic progress, and collaborate on ways to support continued student success.

Conference Dates and Times:
- Monday, November 23rd: 1:00–6:00 PM
- Tuesday, November 24th: 1:00–6:00 PM

I
f you have not already scheduled your conference, please reach out to your child's teacher to reserve a time.

Early Dismissal Reminder: Students will be dismissed at 12:00 PM on both Monday, November 23rd, and Tuesday, November 24th. School will resume following Thanksgiving break on Monday, November 30th.

We value our strong partnerships with families and look forward to these meaningful conversations!

🦅 **Eagle Stickers**

A limited number of Eagle Stickers are awarded each week and students who receive a sticker are entered into a weekly prize drawing. If your child brings home an Eagle Sticker, please help us celebrate them by asking them how they earned it!

The winner of this weeks' drawing is: Kit Maniscalco.

🦃 **Wishing Everyone a Happy Thanksgiving!**

As we prepare for Thanksgiving break, I want to take a moment to express my appreciation for our wonderful Eddington Elementary School community.

I am thankful for our dedicated teachers and staff who work tirelessly to support our students, our families who continue to partner with us, and, of course, our amazing Little Eagles who bring energy, excitement, and joy to our classrooms each day.

I hope everyone has a wonderful Thanksgiving break filled with opportunities to spend quality time with loved ones, recharge, and reflect on the many great things we have to be thankful for in our families, schools, and communities.

We are fortunate to be part of a community that values kindness, respect, compassion, and supporting one another. These qualities are what make Eddington Elementary such a special place.

Thank you for your continued support, and I wish all of our students, families, and staff a safe, restful, and Happy Thanksgiving!
We look forward to welcoming everyone back on Monday, November 30th, refreshed and ready for an exciting December!

Go Eagles! 🦅💙

Matthew Zavala
Principal
Eddington & Holden Elementary Schools

Newsletter word of the week: Books

Curriculum Corner



School Tips for Success!

Dear Families,

The classrooms are busy, and the students are engaged and interacting with the teachers and one another. To help our students and families have the most successful year possible; we have provided a few useful tips here:

Set Goals Together:
Encourage your child to set personal and academic goals. Maybe establish a small reward plan, like a sticker a day, and a week's worth of stickers earns a little treat. This can foster a sense of ownership over the course of their learning journey.

Create a Home Study Space:
Designate a quiet, well-lit area for homework and studying. This can be a fun space to decorate together. A dedicated home learning space can enhance focus and productivity and help build student confidence for completing tasks in a timely manner.

Establish a Routine:
Create a consistent daily schedule that includes time for homework, independent reading, and play time with friends and siblings. Routine helps students feel organized and helps them keep tasks manageable.

Stay Engaged:
As parents/guardians, ask your student(s) about their day, attend school events, participate in parent-teacher meetings, and communicate regularly with your child(ren)'s teacher to stay informed and hear all the great things happening during the school day.

Together let's make it a great year!

Sheila Caldwell
Superintendent of Schools
Director of Curriculum and Instruction



Dodie's Corner

Hello RSU #63 Families!

During Eagle Time this week, in Pre-K & K, we read Bully Beans by Julia Cook. This is a fun book that teaches kids to be proactive when it comes to bullying. It helps children identify bullying and offers clear and impactful action strategies for both targets and bystanders.

In 1st grade, we continued with our You Are a Social Detective Curriculum. In Lesson 5, we learned how to observe a situation and combine what we know to make a smart guess. The ability to make a smart guess is at the heart of acquiring the critical thinking skills we use in our everyday lives to problem-solve and relate to other people. We reviewed several pictures where we used our social smarts to figure out the plan and what others may be thinking or feeling. We watched a short clip of the Kids Detective Series, where we practiced these skills as well.

We finished our time together with a Danny Go Pumpkin Pie movement break and a "What Are You Grateful For?" mindfulness activity. I have attached the Kids Detective show, movement break, and mindfulness activity.

Thank you to all U.S. military veterans who have served our country.

Sincerely,

Ms. Dodie, LCSW

Kid Detectives | S1E17 | Mystery Rock
Join Izmael for our Little Hoots Story Time as he reads Bully BEANS by Julia Cook. This Ebook is available for checkout using your BiblioTech Library card on Hoopla.
"The Pumpkin Pie Song!" 🎃/// Danny Go! Holiday Dance Songs for Kids
What Are You Grateful For? Quick Mindful Activity For Kids To Practice Gratitude!





School Nurse News



Hello, Families!

I wanted to share a few important health reminders to help keep our students and staff healthy:

When Should Your Child Stay Home?

Please keep your child home from school until they are:

- Fever-free (100°F or below) for 24 hours without the use of fever-reducing medication.
- Free from vomiting or diarrhea for 24 hours without medication.

These guidelines help prevent the spread of illness and allow students the time they need to fully recover before returning to school.

Medication at School
For the safety of all students, children may not transport medications to or from school themselves. Any medication that needs to be kept or administered at school must be brought to the school office by an adult and given directly to me (Julianna Page) or Mrs. Smith.

Thank you for helping us keep our school community healthy and safe! Please don't hesitate to reach out if you have any questions or concerns.

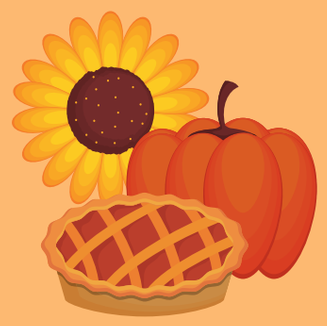
Warmly,
Julianna Page, RN
School Nurse



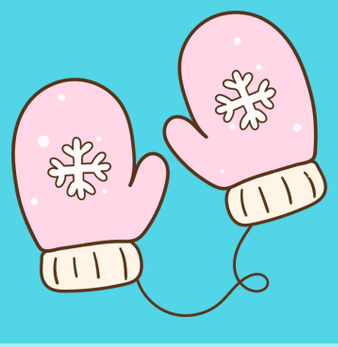
NOVEMBER



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3  PTG ELECTION DAY BAKE SALE AT TOWN OFFICES	4	5	6	7
8	9	10	11 Veterans Day  Holiday No School	12	13	14
15	16	17	18 PTG Mtg at Holden School at 7:00 pm	19 BOOK FAIR NOV. 19 – 24	20 Community Service Day	21 
22 	23 BOOK FAIR NOV. 19 – 24 EARLY DISMISSAL AT 12:00 PARENT/TEACHER CONFERENCES 1:00-6:00 PM	24 EARLY DISMISSAL AT 12:00 PARENT/TEACHER CONFERENCES 1:00-6:00 PM	25 NO SCHOOL	26  	27	28
29	30					



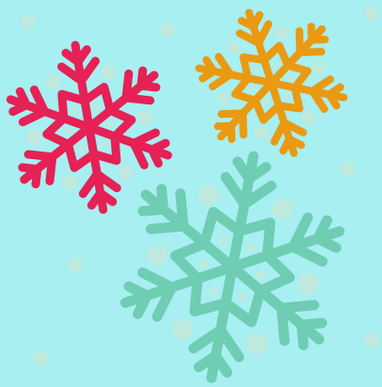
HOME



DECEMBER



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2  School Picture Re-Take Day	3	4 Progress Reports sent home 	5
6	7	8	9	10  Winter Concert at 2:00 pm	11	12
13	14	15	16	17	18	19
20	21	22	23 HOLIDAY BREAK - NO SCHOOL	24	25	26
27	28 HOLIDAY BREAK - NO SCHOOL DEC. 23- JAN. 1	29	30	31		



HOME

LUNCH

EDDINGTON ELEMENTARY SCHOOL
NOVEMBER 2026

Monday	Tuesday	Wednesday	Thursday	Friday
2 WG Pancakes Bacon Vege. Baked Beans Fruit Milk	**3** Soft Shell Beef Tacos Cheese and Salsa Spinach Fruit Milk	**4** Grilled Cheese Tomato Soup Goldfish Fruit Milk	**5** Cheese Pizza Carrot Sticks Fruit Milk	**6** Fish Sticks Potato Stars Fruit Milk
9 Emoji Waffles Sausage Patty Vege. Baked Beans Fruit Milk	**10** WG Pasta w/Meat Sauce Breadstick Corn Fruit Milk	**11** **HOLIDAY** **NO SCHOOL**	**12** Cheese Pizza Spinach & Cucumber Salad Fruit Milk	**13** BBQ Chicken and Cheese Wraps Carrot Sticks Fruit Milk
16 WG Pancakes Sausage Links Vege. Baked Beans Fruit Milk	**17** Chicken, Bacon & Ranch Wraps Green Beans Fruit Milk	**18** Cheeseburger Potato Wedges Fruit Milk	**19** Cheese Pizza Carrot Sticks Fruit Milk	**20** Chicken Corn Dog Potato Stars Fruit Milk
23 French Toast Sticks Sausage Patty Vege. Baked Beans Fruit Milk **Early Release Day at 12:00**	**24** Turkey & Cheese Sandwich Chips Fruit Milk **Early Release Day at 12:00**	**25** THANKSGIVING BREAK - NO SCHOOL	**26**	**27**
30 Emoji Waffles Bacon Vege. Baked Beans Fruit Milk				

Breakfast and Lunch meals are free for all students. Lowfat white milk is served with all meals. Entrée may be substituted for SunButter Sandwich.
Snack Milk or Milk for cold lunch is .50 cents/each.
WG = Whole Grain
Menu is subject to change without notification.

MY SCHOOL BUCKS — PAY FOR MEALS ONLINE — MySchoolBucks.com

EDDINGTON ELEMENTARY
WEEKLY BREAKFAST MENU 2025-2026

MONDAY
MUFFIN OR CEREAL
FRUIT
MILK

TUESDAY
BAGEL OR CEREAL
JUICE
FRUIT
MILK

WEDNESDAY
BREAKFAST BAR
OR CEREAL
FRUIT
MILK

THURSDAY
YOGURT OR CEREAL
FRUIT
MILK

FRIDAY
BAGEL OR CEREAL
JUICE
FRUIT
MILK

myschoolbucks.com
View Current Balances
Receive low balance email alerts
Add money to your student accounts
Set It & Forget It... automatic payments
Register for your FREE account today!
A service of Heartland Payment Systems, Inc. A service fee is charged only when a payment is made.

HAPPY BIRTHDAY

November

John Hand	Nov. 3	Kindergarten
Aiden Congdon	Nov. 5	Kindergarten
Kevin Seirup	Nov. 6	PreK
Michaela Congdon	Nov. 8	First Grade
Theodore Myerowitz	Nov. 16	Kindergarten
Olivia Gadoury	Nov. 24	First Grade
Ella Smith	Nov. 26	PreK
Christian Cyr	Nov. 27	First Grade

HOME

NEWSLETTER INCENTIVE

Last weeks' incentive winner drawing is Elena Lariviere from Mrs. Davis' class.

DON'T FORGET TO CLICK THE INCENTIVE LINK IN THE PRINCIPAL'S CORNER TO ENTER.

Announcements & Events

Dismissal:
Please notify the office and your child's teacher of any dismissal changes BEFORE 2:00 pm (except in cases of emergencies). This helps us get everyone home safely!

Parents:
It is imperative that you send a change of clothing in your child's backpack. Children get wet or need to change clothes for a variety of reasons and we currently don't have many extra clothes in the office. Thank you.

Parent Volunteer Application
Parents who are interested in volunteering in the classroom, chaperoning field trips or joining us for our end of the year field day must fill out the volunteer form every school year. Please click on the link below to access the application. Please note a background check will be completed and you must be approved before volunteering. Return completed forms to Kelly in the office.

CLICK HERE

School Visitors
For safety purposes, any visitor must report to the office immediately upon entry into the building. They will need to sign the visitor log binder, and they will receive a visitor tag. The visitor tag must be worn and visible at all times while they are in the building. When they leave, the visitor must return the visitor tag to the secretary and sign out in the binder. Thank you for helping keep our school safe!

Morning Arrival
If kindergarten or first grade students are dropped off before 8:15 am, they need to be walked down to the outside playground. They may be dropped off at the front door ONLY if they are getting a school breakfast.

Parent/Student Handbook
The handbook can be found on our District website or by using the following link:

2026-2027 Handbook

SCHOOL PICTURE RETAKE DAY
Wednesday, December 2

Please use these support materials for the picture retake day: price flyer, and digital poster with QR code (this will take you directly to the picture day ordering gallery).

ORDER PICTURES *NOW!*
LIFESTAGE PHOTOGRAPHY

School: Escuela: **Eddington Elementary School**

Picture Type: Tipo de Foto: **Fall Abs**

TO ORDER PICTURES **SCAN HERE**
Para ordenar imágenes escanear aquí

UNABLE TO SCAN QR CODE?
¿No puedo escanear el código QR?

1. Go to strexrebridge.net
2. Click "ORDER PICTURES & YEARBOOKS"
3. Enter the code below and click "Find" to order

PX518219

12/3/2026
Eddington Elementary School

Buy **online** to get personalization and/or a digital package. Comprar en **línea** para personalización y un paquete digital.

Compare our **three** pose personalization a one package options. Compare nuestras **tres** opciones de personalización a una opción de paquete.

1 PICK YOUR PACKAGE(S) 2 OPTIONS

FAMILY PACKAGE $69
1 - 8x10
2 - 5x7
4 - 3x5
8 - wallets

A $49 B $43
1 - 8x10 1 - 8x10
2 - 5x7 2 - 5x7
4 - 3x5 4 - 3x5
8 - wallets 8 - wallets

C $35 D $28 E $24
1 - 5x7 1 - 5x7 1 - 5x7
2 - 3x5 2 - 3x5 2 - 3x5
4 - wallets 4 - wallets 4 - wallets

F $19 G $13
1 - 5x7 1 - 5x7
2 - wallets 2 - wallets

+ Package PHOTOGRAPHY PACK +$5
1 - 8x10
2 - 5x7
4 - 3x5
8 - wallets

1 Classic Border $7
2 Retouching $10
3 Year $5
CHOOSE A FREE BACKGROUND

A LA CARTE

L $15	M $15	N $15
1 - 8x10	2 - 5x7	4 - 3x5

GET MORE ONLINE! Convert an item!
Want to build your own package? Add a frame to your picture!
Choose from more background options! Buy a digital download of your image!!
Purchase additional prints at discounted prices! Go online for more options!

COMPLETELY

To pay online, go to www.strexrebridge.net. Click Order Pictures and enter the following code:
Para pagar en línea, vaya a www.strexrebridge.net. Haga clic en ordenar fotos e ingrese el código de pago a continuar:

PX518219

Enter Online Payment Code Here
Ingrese el código de pago en línea aquí

The Scholastic Book Fair is here at the Eddington Elementary School! The Scholastic Book Fair helps get kids excited about reading and earns funds for our school. Your child is cordially invited to attend our Book Fair on November 18th-24th! The Book Fair will be open from 1pm-6pm on both Monday and Tuesday during Parent Teacher Conferences. During the Parent Teacher Conference, the Book Fair will house purchasing options for grades Pre-K through 5th grade so parents can make a one stop shop for all their students in both Eddington Elementary and Holden Elementary. You can click the Book Fair EWallet link (to the right) to connect to our Book Fair webpage to access our Book Fair's website. Please reach out to Mrs. Kavin with any questions! nkavin@rsu63.org

SCHOLASTIC
BOOK FAIR
BOOK FAIR eWALLET
The easy way for kids to pay!
Click Here for Details!

HOME

Holden Garden Club's Lights Aglow
Join us for an evening of holiday magic!
December 11th 4:30 – 5:30 PM
The garden and greenhouse will be full of lights!
Free Hot Chocolate!
A Free Book to take home for each family!

2027 HOLBROOK RECREATION
SKI & SNOWBOARD CLUB
Wednesdays at Hermon Mountain | Grades K-8
Beginners are welcome! For students in Holden, Eddington, Clifton and Dedham.

TWO FOUR-WEEK SESSIONS: SIGN UP FOR ONE OR BOTH!
SESSION 1 January 6, 13, 20 and 27, 2027
SESSION 2 February 3, 10, 24 and March 3

COST PER FOUR-WEEK SESSION
Lift ticket, rentals and lessons $185
Lift ticket and rentals $160
Lift ticket only $130

NEW! Don't make Wednesdays!? Register with another group on a different day of the week. Available only to families providing their own transportation to the mountain.

PROVIDING YOUR OWN TRANSPORTATION TO THE MOUNTAIN?
Sign up directly with Hermon Mountain. That's your transportation to the mountain. Be sure to register your child as of the start of the session.
book.xtramerica.com/SKIforbaseschoolfree

NEED A BUS FROM SCHOOL TO THE MOUNTAIN?
Register with both:
1. Holbrook Rec: holbrookrec.com (link under Activities)
2. Hermon Mountain: book.xtramerica.com/SKIforbaseschoolfree

Bus sign-ups are first come, first served. Please register with both so we can keep track of bus rosters and help keep buying available for children without another ride.

Bus departs at 3:15 pm. Bus riders must be signed out and picked up at the mountain by 7 p.m.

HELMETS REQUIRED
Helmets are required for all. Holbrook Rec must wear a helmet and snowboard helmet. Helmets are not included with rentals.

VOLUNTEERS NEEDED!
Helpers in the lodge and on the mountain are essential to the program's success. No prior experience required.

LOOKING FOR GEAR?
Buy & Sell Ski Swap is on Sat 26 Dec to this Sunday. Pick it up from Holbrook Rec or Hermon Mountain.
pinklock.org/ski-swap

SECTION1 ATHLETICS is VOLUNTEERING!
Contact Kate Garland: 207-949-3423
katherine.garland@maine.edu

This program is independently operated and is not affiliated with, sponsored by, or endorsed by RSU 63, all registrations, fees, and program activities are handled directly by the organizing partner.

RSU 63 PTG
EDDINGTON EAGLES HOLDEN PANTHERS HOLBROOK RED DEVILS

RSU 63 PTG Parent Teacher Group supports our schools through fundraising, family-friendly events, and community-building activities that bring students, families, teachers, and our community together.

Our goal is to help make our schools an even more engaging and connected place for everyone!

Find out what we're up to

Volunteers welcome

RSU 63 PTG 2026-2027 EVENTS

- Aug 27 School Supply Drive @ Open Houses
- Sept 9 1st PTG Meeting - Holden Library @ 7pm
- Sept 19 Fall Frolic - Holden School @ 11am
- Oct 14 PTG Meeting - Holden @ 7pm
- Oct 31 Trunk-or-Treat - Holden @ 3:30pm
- Nov 3 Election Day Bake Sale - Town Office
- Nov 9 Fundraiser @ Miguel's @ 5pm
- Nov 18 PTG Meeting - Holden @ 7pm
- Dec 11 Holiday Family Dance - Holden @ 5pm
- Jan 13 PTG Meeting - ZOOM
- Jan 28 Bingo's Fundraiser @ 5-9pm
- Feb 10 PTG Meeting - Holden @ 7pm
- Mar 8 Mason's Fundraiser @ 5-9pm
- Mar 10 PTG Meeting - Holden @ 7pm
- Apr 3 Family Glow Dance - Holden @ 4-5:30pm
- Apr 14 PTG Meeting - Holden @ 7pm
- May 3 Teacher Appreciation Week

Join our RSU #63 PTG Facebook Group

Arrival / Dismissal Procedures
2026-2027

Arrival

For Kindergarten and 1st Grade students arriving between 8:00-8:15 am

- Drop off in the morning will be at 8:00 am. When students arrive at school they are to go directly to the playground behind the school unless there's inclement weather. Please dress your child appropriately for the existing weather conditions. If there is inside recess there will be a sign outside by the front door indicating inside recess and therefore students may be dropped off through the front door.

For Prek students arriving between 8:00-8:30 am

- Drop off your student at the front door where Ms. Leland and Mrs. Davis will greet them.

Any student arriving after the stated times above should enter through the front door and check in with Mrs. Smith.

Dismissal

Pick up by vehicle (or parents walking)

- Park your vehicle in our parking lot in front of the School. Walk up to the front door and your child will be brought out to you. Students will be released at 2:00 pm. Please be extremely careful when driving out of the parking lot as many children and parents will be walking to their cars.

School Bus Safety Reminder for Parents & Students

Please remember that the **school bus danger zone** is the area **within 12 feet of the bus**, where drivers may not always be able to see children clearly.

Parents, please review these important safety rules with your children:
- ✓ Stay at least **5 giant steps** away from the bus
- ✓ **Make eye contact** with the driver before crossing
- ✓ **Wait for the driver's signal** before crossing the road **You always need thumbs up!**
- ✓ **Never play on snowbanks or near the roadway**
- ✓ **Never pick up dropped items** — tell the driver instead

! Important Reminder for Families of Students in Grade 3 and Below:
While parent or guardian presence is required for bus drop-off, we strongly encourage parents to also be present at bus pick-up whenever possible. Younger students are especially vulnerable to hazards such as snowbanks, icy footing, and traffic visibility issues.

Staying alert, following bus safety rules, and working together helps keep every child safe.

Safety starts with awareness and teamwork — thank you for helping us keep our students safe!

DANGER ZONES — CAUTION! PRIMARY AREAS
DANGER ZONE 12 FEET
SCHOOL BUS
DANGER ZONE 12 FEET
MOST DANGEROUS
TEXAS A&M AG

RSU 63 App Now Available!
Download the **RSU 63** app today to ensure you are always aware of the most important news, announcements, calendar events, and you have access to the most current community directory.
Go to the Apple App Store or Google Play and search for **RSU 63**
App Store Google Play

CONTACT INFORMATION

EDDINGTON SCHOOL

843-6010

VISIT YOUR CLASSROOM`S FAMILY WEBPAGE!

PRE-K KINDERGARTEN 1ST GRADE

Seesaw Seesaw ClassDojo

STAFF EMAILS

Front Office
Principal Zavala: mzavala@rsu63.org
Mrs. Smith: kjsmith@rsu63.org
Nurse Page: jpage@rsu63.org

Classroom Teachers
Pre-K:
Ms. Leland: aleland@rsu63.org
Mrs. Davis: kdavis@rsu63.org

Kindergarten:
Mrs. Alley: jalley@rsu63.org
Mrs. DeRoche: bderoche@rsu63.org

First Grade:
Mrs. Saucier: hsaucier@rsu63.org
Mr. Seip: jseip@rsu63.org

Additional Services
Special Services: dfarrell@rsu63.0rg
Speech Therapy: kkaram@rsu63.org
Occupational Therapy: rhiggins@rsu63.org
Literacy Intervention: gmalm@rsu63.org

Specialists
Art: mireland@rsu63.org
PE: msagehorn@rsu63.org
Music Enrichment: nkavin@rsu63.org
Library: nkavin@rsu63.org
School Counselor: dsmith@rsu63.org

HOME