CARROLLTON-FARMERS BRANCH ISD
cfb HIGH EXPECTATIONS FOR ALL

CFBISD School Health Advisory Council (SHAC) meeting minutes for November 11, 2026

1. **Introduction and welcome**
   April Hooper-Christenson called the SHAC meeting to order on November 11, 2026 at the ESDC (1820 Pearl St. Carrollton) Building B Texas room at 6:40 pm with quorum met and secretary Sylvia Mazuera present. She reminded everyone to sign-in and pick up an agenda. The following SHAC members were in attendance: April Hooper-Christenson, Shannon Cooper, Adam Lewin, Jonathan Wilk, Linda Villemarette, Kim Graham, Leon Sulak, Laura Brookover-Ybarra, Veronica Morales, Josh Carter, Caleb Rosier, Katy Cruz, Tasha Carroll, Marjorie Barnes, and Sylvia Mazuera.
   Other guests in attendance: Cindy Castillo.

2. **Review of SHAC Mission /Purpose**
   April reviewed the Texas requirement for school districts to have a SHAC appointed by the School Board, the components of the coordinated school health program and the importance of parent participation.
   SHAC is an unfunded state mandate so April thanked the CFB employees for attending the meetings. She reminded the audience that non-appointed SHAC members are considered visitors who can ask questions during the program and address the SHAC during audience for guests by submitting the audience for guests form to the secretary.

3. **2026-27 SHAC members**
   April introduced the following SHAC members appointed at the November 2026 school board meeting that join the SHAC voting body:
   - Alice Bryan
   - Katie Cruz
   - Tasha Carroll
   - Alexis Dixon
   - Bilguun Enkhbold

4. **Approval of Minutes**
   The minutes of the Oct 7 SHAC meeting were approved by the committee appointed to review them and are posted on the website.

   The following committee was appointed to review and approve today's meeting minutes: Linda Villemarette, Tasha Carroll and Katie Cruz. The secretary will email the minutes for review and approval.

5. **Election of Officers for 2026-27**

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The officers of the SHAC are a Chair, a Co-Chair and a Secretary. According to the bylaws:

> "The Chair or Co-Chair must be a parent member and at least one of the remaining two officer positions shall be held by a parent or community member not employed by the District. The third position may be held by a CFBISD employee."

At our last meeting we elected the Chair and Secretary. Tasha Carroll nominated herself for the office of Co-Chair. With no other nominations and Tasha Carroll was declared Co-Chair.

6. **Audience for guests**
   There were no guest submissions.

7. **Veteran's Day**
   In celebration of Veteran's Day April thanked all veterans and their family members for their service. She mentioned several campuses have activities to honor our veterans this week.

8. **Presentation by Safety and Security department by Department Director Adam Lewin**
   Adam presented an overview of the Safety and Security Department and what they do. He talked about his staff and the certifications they need, the multi-hazard emergency operation plans, state requirements, security audits and door checks they conduct, staff training, as well as the technology that his department oversees including cameras and vape sensors in secondary campus bathrooms. They undergo frequent state audits.
   Adam mentioned the district changed the K9 company they work with and this year's campus property searches for drugs have been very successful. His department also works closely on the bond projects to provide input on cameras and other security considerations when remodeling buildings. All construction personnel that work at any campus undergo background checks before they are issued a badge. He mentioned the outreach program Hidden in Plain Sight that was under his department is in the process of transitioning to the Counseling Department.
   A SHAC member suggested they inform students and parents know what to do if a student finds an illegal device on school property, the steps they should take. There was also a suggestion about letting students and parents know when new cameras and exterior lockdown lights will be installed so they are aware.

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9. **Update on CFBISD and City of Carrollton Fire Department for CPR training by Caleb Rosier and Jonathan Wilk.**
   This partnership started back in 2000 and continues to this day. It has evolved to where currently all 5th, 8th and 12th grade CFBISD students get CPR training each year. They have used grant funds from Metrocrest Hospital Authority (MHA) to purchase mannequins used for CPR training. More than 26,000 students have been trained to date in CPR through this partnership. The goal of the program is for students to have readiness to act and save a victim. In 2023 they started a train the trainer class with high school BioMed students who then participate in the 5th grade CPR instruction.
   Caleb also explained the City of Carrollton AED program that is also funded through a MHA grant.
   April thanked Caleb and Jonathan for their leadership in this program.

10. **Committee for review of Personal safety SB9 lessons recommendations**
    April shared that the committee reviewed the curriculum and met virtually on November 2, 2026. The following committee members were in attendance: Lakshmi Ananthakrishnan, April Hooper-Christenson, Tasha Carroll, and Sylvia Mazuera. They found the curriculum to be age appropriate with good printable resources and handouts. Lessons have unique content for each grade level. The committee members voted unanimously in favor of recommending this curriculum to the SHAC at the November 11, 2026 meeting, finding it appropriate and having no concerns.

    The following Character Strong Personal Safety and Digital Citizenship lessons for elementary and middle school were reviewed and approved by the committee:

Grade /Intended Audience	Character Strong SB9 Personal Safety Opt-In Lessons		
Pre K, K, 1st and 2nd Grades	Relationships	Personal Boundaries	Recognizing Risks
3rd, 4th and 5th Grades	Relationships	Personal Boundaries	Recognizing Risks
	Scope & Sequence PreK-5th grade		
6th, 7th and 8th Grades	Relationships	Personal Boundaries	Recognizing Risks
	Scope & Sequence 6th to 8th grade		

Grade /Intended Audience	Character Strong Digital Citizenship Opt-In Lessons
3rd, 4th and 5th Grades	Online Safety

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	Scope & Sequence PreK-5th grade
6th, 7th and 8th Grades	Online Safety
	Scope & Sequence 6th to 8th grade

Please note:
Login to Character Strong: you need to login for the links to work.
Time expected for review: 20 min per lesson - about 3h and 45 min for all lessons
Lessons are differentiated by grade level (Example: 3rd, 4th and 5th grade lessons are not exactly the same)
Link to google drive with files

With no questions from SHAC, the curriculum was approved unanimously and will be recommended to the school board for approval at the December meeting.

11. **SHAC meeting time survey**
SHAC members will soon receive an email with a survey of possible times for the SHAC meetings. The survey results will be presented at the next meeting.

12. **Topics for future meetings**
- Backpack weights and alternate options since schools no longer have lockers. It mas mentioned that Chris Moore was looking into this.
- Nursing staffing situation presentation (RNs vs LVNs at different campuses) for possible recommendation to the board
- Exploring what to do if you find illegal devices at schools and communication for students 'If you see something, say something" or other resources
- Hidden in Plain Sight, possibly for the last meeting

13. **Adjournment**
Next SHAC meeting date is probably February 24, 2027. With no further business, the meeting was adjourned at 7:57pm.

Sylvia Mazuera, SHAC Secretary 2026-27
Approved by committee:

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