December High School Lunch Menu

Meal Prices
Student: $0.00
Adult: $6.00
Milk: $0.75
Second Entree: $2.75
Second Meal: $4.25

Daily Offerings: • Beef, Chicken, and Vegetarian Nachos • Beef Teriyaki Bowls • Beef and Chicken Rice Bowls • Crispy or Spicy Chicken Sandwich • Cheese Stuffed Breadsticks with Marinara Sauce • Cheese, Beef Pepperoni,or Specialty Pizza • Hamburger, Cheeseburger, or Vegan Patty • Peanut Butter and Jelly Sandwich • Variety of Deli Sandwich • Variety of Prepared Salads • Yogurt and Granola Cup

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Cheesy Garlic Bread General Tso's Chicken Bowl with Fried Rice	2 Chicken or Vegetarian Dumplings Orange Chicken Bowl with Brown Rice	3 Macaroni and Cheese General Tso's Chicken or Tofu Bowl with Fried Rice	4 Beef Mexican Pizza Orange Chicken Bowl with Brown Rice
7 Turkey Kielbasa Orange Chicken Bowl with Brown Rice	8 Crispy or Spicy Popcorn Chicken with Waffle Fries General Tso's Chicken Bowl with Fried Rice	9 Cheese Quesadillas or Cheese and Chicken Quesadilllas Orange Chicken Bowl with Brown Rice	10 **Monthly Featured Entree** Cheese or Beef Pepperoni Detroit Style Pizza General Tso's Chicken or Tofu Bowl with Fried Rice	11 Beef Bulgolgi Bowl with Brown Rice Orange Chicken Bowl with Brown Rice
14 Toasted Cheese Sandwich Orange Chicken Bowl with Brown Rice	15 Falafel Bowl with Wafffle Fries and Flatbread General Tso's Chicken Bowl with Fried Rice	16 Green Chile and Cheese Tamales Orange Chicken Bowl with Brown Rice	17 Chicken Parmesan Pasta Bowl General Tso's Chicken or Tofu Bowl with Fried Rice	18 Korean Chicken Bowl with Brown Rice Orange Chicken Bowl with Brown Rice
21 No School Today	22 No School Today	23 No School Today	24 No School Today	25 No School Today
28 No School Today	29 No School Today	30 No School Today	31 No School Today	

Lunch includes one entree, choice of milk and a variety of unlimited fruits and vegetables. Students **must** choose at least 1/2 cup fruit or vegetable.

Menu is subject to change.

= Vegetarian Item

=Vegan Item

=Pork Item

To manage your student's meal account and to access nutrition and allergy information, log onto:
https://www.schoolcafe.com/BEAVERTONSD

This institution is an equal opportunity provider.