BEAVERTON SCHOOL DISTRICT NUTRITION SERVICES

December Middle School Breakfast Menu

Meal Prices
Student: $0.00
Adult: $4.00
Milk: $0.75
Second Entree: $1.50
Second Meal: $2.75

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Turkey Sausage Breakfast Biscuit Pocket Bagel with Cream Cheese Variety of Cereals Variety of Breakfast Bars	2 Egg and Cheese Croissant Sandwich Bagel with Cream Cheese Variety of Cereals Variety of Breakfast Bars	3 Cinnamon Roll Bagel with Cream Cheese Variety of Cereals Variety of Breakfast Bars	4 French Toast Sticks and Yogurt Bagel with Cream Cheese Variety of Cereals Variety of Breakfast Bars
7 Pancake Puffs Bagel with Cream Cheese Variety of Cereals Variety of Breakfast Bars	8 Breakfast Bagel Pizza Bagel with Cream Cheese Variety of Cereals Variety of Breakfast Bars	9 Chicken Biscuit Bagel with Cream Cheese Variety of Cereals Variety of Breakfast Bars	10 Croissant and Yogurt Bagel with Cream Cheese Variety of Cereals Variety of Breakfast Bars	11 Beef Sausage, Egg and Cheese Breakfast Wrap (Halal) Bagel with Cream Cheese Variety of Cereals Variety of Breakfast Bars
14 Pancake Puffs Bagel with Cream Cheese Variety of Cereals Variety of Breakfast Bars	15 Turkey Sausage Breakfast Biscuit Pocket Bagel with Cream Cheese Variety of Cereals Variety of Breakfast Bars	16 Egg and Cheese Croissant Sandwich Bagel with Cream Cheese Variety of Cereals Variety of Breakfast Bars	17 Cinnamon Roll Bagel with Cream Cheese Variety of Cereals Variety of Breakfast Bars	18 French Toast Sticks and Yogurt Bagel with Cream Cheese Variety of Cereals Variety of Breakfast Bars
21 No School Today	22 No School Today	23 No School Today	24 No School Today	25 No School Today
28 No School Today	29 No School Today	30 No School Today	31 No School Today	

= Vegetarian Item

=Items with 6g or less of added sugar per serving

To manage your student's meal account and to access nutrition and allergy information, log onto:
https://www.schoolcafe.com/BEAVERTONSD

A variety of fruit along with a choice of 1% or fat free unflavored milk and juice are offered with each meal. Students must choose at least 3 food items and must choose at least 1/2 cup of fruits or juice.

Menu subject to change

This institution is an equal opportunity provider.