ONALASKA MIDDLE SCHOOL MENU
DECEMBER 2026

Monday	Tuesday	Wednesday	Thursday	Friday
The menu is subject to change without notice USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER	1 Choice 1: Corn Dog Choice 2: Chicken Nuggets Choice 3: WG Pizza Choice 4: Sub Sandwich Station Oven Fries/ Whole Kernel Corn/ Peaches/ Garden Bar **Breakfast: Breakfast Bagel, fruit, juice, milk**	2 Choice 1: Bakalar Hot Dog/ WG Bun Choice 2: Cheeseburger / WG Bun Choice 3: WG Pizza Choice 4: Sub Sandwich Station French Fries, Applesauce, Garden Bar **Breakfast: Ultimate Breakfast Round/ Yogurt, fruit, juice, milk**	3 Choice 1: Chicken Alfredo/ Breadstick Choice 2: Toasted Ravioli/ Breadstick Choice 3: WG Pizza Choice 4: Sub Sandwich Station Roasted Broccoli, Banana/ Blueberries/ Garden Bar **Breakfast: Chicken & Waffles, fruit, juice, milk**	4 Choice 1: Crispy Fish Sandwich with Cheese Choice 2: WG Chicken Patty/ WG Bun Choice 3: WG Pizza Choice 4: Sub Sandwich Station Green Beans, Slushy Cup, Garden Bar **Breakfast: WG Uncrustable PB&J, Cheese Stick, fruit, juice, milk**
7 Choice 1: WG Walking Tacos/ Fritos Choice 2: Mini Corn Dogs Choice 3: WG Pizza Choice 4: Sub Sandwich Station Onion Rings, Apple Slices, Garden Bar **Breakfast: Breakfast Pizza, fruit, juice, milk**	8 Choice 1: Swedish Meatballs/ Dinner Roll Choice 2: Chicken Strips/ Dinner Roll Choice 3: WG Pizza Choice 4: Sub Sandwich Station Mashed / Gravy/Carrot Coins /Pears/ Slushy Cup Garden Bar **Breakfast: Cheese Omelet and Pancakes, fruit, juice, milk**	9 Choice 1: Cheeseburger/ WG Bun Choice 2: Grilled Cheese Sandwich Choice 3: WG Pizza Choice 4: Sub Sandwich Station Homemade Chicken Noodle Soup/ Green Peas, Grapes, Garden Bar **Breakfast: Cheese Omelet and Pancakes, fruit, juice, milk**	10 Choice 1: WG Chicken & Waffles Choice 2: Crispy Fish Sandwich / Cheese Choice 3: WG Pizza Choice 4: Sub Sandwich Station Green Beans, Applesauce, Pineapple, Rice Krispy Treat Garden Bar **Breakfast: WG Uncrustable PB&J, fruit, juice, milk**	11 Choice 1: Orange Chicken over Brown Rice Choice 2: WG Vegetable Potstickers/ Rice Choice 3: WG Pizza Choice 4: Sub Sandwich Station Rice/ Sweet & Sour Sauce Stir Fry Veggies, Mandarin Oranges, G. Bar **Breakfast: WG Cinnamon Roll, Sausage, fruit, juice, milk**
14 Choice 1: WG French Toast/ Sausage Choice 2: Chicken Parmesan / WG Bun Choice 3: WG Pizza Choice 4: Sub Sandwich Station Tri Tater, Applesauce, Garden Bar **Breakfast: Chicken and Waffles, fruit, juice, milk**	15 Choice 1: Walking Taco/ Fritos Choice 2: Cheeseburger/ WG Bun Choice 3: WG Pizza Choice 4: Sub Sandwich Station Homemade Chocolate Cake, Corn, Pears, Orange Slices, Garden Bar **Breakfast: Homemade WG Muffin, Tri-Tater, fruit, juice, milk**	16 Farm to School: Sweet Potato / Bake Choice 1: WG Spaghetti and Meatballs or Plain Sauce/ Cheese/ WG Garlic Breadstick Choice 2: Popcorn Chicken/Ranch Cup/ Breadstick Choice 3: WG Pizza Choice 4: Sub Sandwich Station **Sweet Potato Bake**/ Pineapple/ Blueberries **Breakfast: French Toast and Sausage, fruit, juice, milk**	17 Choice 1: Bakalar Hot Dog / WG Bun Choice 2: Fish Sticks/ Goldfish Choice 3: WG Pizza Choice 4: Sub Sandwich Station Onion Rings, Cole Slaw, Slushy Cup, Peaches, Garden Bar **Breakfast: WG Uncrustable PB&J, fruit, juice, milk**	18 Choice 1: WG Chicken and Waffles Choice 2: Corn Dog Choice 3: WG Pizza Choice 4: Sub Sandwich Station Baked Beans/ Grapes/ Garden Bar **Breakfast: Breakfast Pizza, fruit, juice, milk**
21 Choice 1: Orange Chicken over Brown Rice Choice 2: WG Vegetable Potstickers/ Brown Rice/ Sweet & Sour Sauce Choice 3: WG Pizza Choice 4: Sub Sandwich Station Stir Fry Veggies, Mandarin Oranges, G Bar **Breakfast: Breakfast Bagel, fruit, juice, milk**	22 Farm to School: Sweet Potato Fries Choice 1: French Toast / Sausage Choice 2: Popcorn Chicken/ Ranch cup Choice 3: WG Pizza Choice 4: Sub Sandwich Station **Sweet Potato Fries**, Apple Slices, Garden Bar **Breakfast: Cheese Omelet and Pancakes, fruit, juice, milk**	23 **No School**	24 **No School**	25 **No School**
28 **No School**	29 **No School**	30 **No School**	31 **Fresh Garden Bar and milk choices available**	

Allergy Notice: Menu items may contain tree nuts, peanuts/nut products, wheat, fish, eggs, soy, and various legumes. Students with allergies should contact the School Nurse or School Nutrition Director prior to eating any food served in the cafeteria