# FORT HOWARD UPDATES

November 20, 2026

## It's a GREAT day to be a Pioneer!

### Important Dates

- 11/23 - Pajama Day
- 11/25-11/27 - No School - Fall Recess
- 12/24-1/1 - No School - Winter Recess

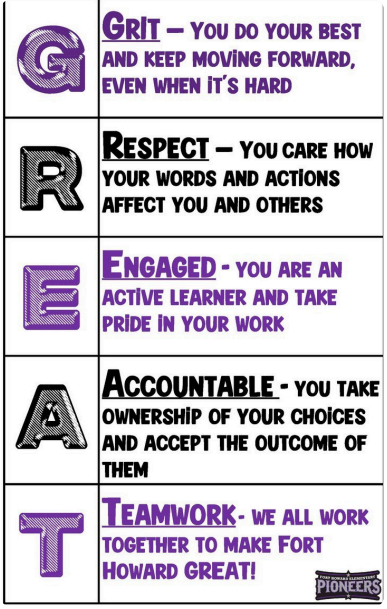


### GREAT Shoutouts!

💜 **Fort Howard Families—Let's Celebrate!** 🥳

This week, our students and staff were caught in the act of showing **GREATness**:

- Sophia rocked her grammar lesson. She remained engaged and thought about her answers before sharing out. We love to see you gaining confidence in your skills!
- Shout out to Mrs. Kiac's homeroom for rocking their literacy lesson. Students worked in groups on selection reviews for texts read throughout module 3. Students did an awesome job working together and sharing out their thinking. Keep up the great teamwork and engagement. Mrs. Appel was very impressed!




- Andres and Kahlead have shown amazing growth the last few weeks. They have completed their classwork and showed grit during the fraction checkpoint last week. They also have been more engaged during whole group discussions and are making more positive choices in class. Keep up the GREAT work!

💜 **Way to go, Fort Howard students! Keep up the GREAT work!**

## A Message From Mr. Gloudemans



Hello Fort Howard Families,

If you have already completed the Family Engagement Survey, thank you for providing your valuable feedback. If you have not, we know you get asked to take a lot of surveys—and we truly appreciate your time. Because your feedback directly shapes our school's priorities, we've extended our Fall Family Engagement Survey through Sunday, November 22 at 11:59 PM so every family has a chance to weigh in.

We know 15–20 minutes is a real commitment, and we don't take it lightly—for example, based on last year's results, we started sending home monthly activities families could complete together around interesting or suggested topics. Because this survey covers important topics about school climate, communication, and support, please find a quiet moment this week or over the weekend to share your perspective and help us guide what comes next: surveys.panoramaed.com/greenbaywi/family
(available in multiple languages via the dropdown menu at the top).

Note: Each survey lets you select one school so buildings receive school-specific data. If you have children at multiple schools, you are welcome to complete one survey for each child or submit one for your entire household.

As a thank-you for your time, you'll have the option at the end of the survey to enter our drawing for a $50 gas card.

Make it a great day!
Mr. Gloudemans

Notes from the School Nurse

# A Nurse's Health Guide for Sending Child(ren) to School

## *Being at school is important for a child's health, social & academic well being.*

**Send your child(ren) to school when they are:**

- Generally healthy - they can attend even if they
  - have a cold which may include a runny nose and/or cough
  - have eye drainage, eye itchiness or eye redness
  - have a stomach ache without a fever
  - have a mild rash without other symptoms
  - have head lice (should be treated)
- Participating in normal day to day activities



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If your child is avoiding school, it may be related to **anxiety.** If you are concerned that your child may be experiencing **anxiety**, please reach out to your teacher(s), school counselor or social worker, the school nurse or other school staff to discuss and develop a plan to help your child stay in school.

Symptoms of **anxiety** may include (but are not limited to): headache, stomach ache, loss of appetite, fatigue, etc.

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**To stay well & prevent illness, make sure your child:**

- **Gets adequate rest** - (8-10 hours) is best - put away devices and electronics
- **Gets good nutrition** - Protein along with fruits and vegetables
- **Hydrates frequently** - (6-8) 8 ounce glasses of water - limit soda and energy drinks - bring a water bottle to school every day
- **Covers their cough**
- **Maintains frequent and good hand hygiene**

Green Bay Area Public School District

## Symptom Management

| Symptom | Should your child stay home? |
|---|---|
| Fever | **Fever** is the body's way of destroying the germs making it sick, and it's a common symptom of infections. Keep your children home if their temperature is 100.4° F or higher. Wait until children are fever-free for 24 hours without a fever reducing medication before letting them return to school. |
| Diarrhea | **Diarrhea** is often the result of infection, food poisoning, or a side effect to medications like antibiotics. If your child is not having pain, not having diarrhea frequently (2 or more in 24 hours) and can make it to the bathroom and wash hands well after using the bathroom they can come to school. |
| Vomiting | **Vomiting** is another way for the body to get rid of the germs making it sick, and is usually caused by a stomach virus or stomach infection. Keep children home if they've vomited twice or more in the last 24 hours. They can return to school when they're symptom free and tolerating fluids. |
| Sore throat | **Sore throat** can be a symptom of strep or a common cold. If your child has been diagnosed with strep throat, keep your child at home for at least 2 doses of antibiotics or 24 hours after starting antibiotics. If your child has a mild cold or sore throat with no fever, it is okay to go to school. |
| Pinkeye (conjunctivitis) | The American Academy of Pediatrics no longer recommends staying home from school for **pinkeye** unless a child is not able to avoid touching their eye, has a fever over 100.4° F or the doctor recommends they stay home. |
| Rashes | It is generally okay for a child with a **rash** to go to school. You can call the school nurse to assess if you are concerned. If there is a fever with the rash, keep your child home.<br>• **Scabies-** they may return to school once the treatment is completed. They will still have itching and rash for several weeks.<br>• **MRSA infections-** they may return as long as on treatment from a doctor and any drainage from a wound can be covered.<br>• **Ringworm-** they can attend school. Should keep the area covered by clothing or bandage.<br>• **Chicken Pox-** they must stay home until all pox are scabbed over.<br>• **Impetigo-** they must stay home until lesions are treated with antibiotics for at least 24 hours or lesions are crusted over.<br>• **Hand, Foot and Mouth-** they can attend school unless a fever is present or child is unable to maintain good hygiene or consistently drooling |
| Lice | **Lice-** we do not exclude from school; once identified, we notify the parent and the expectation is that they be combed out, treated and return to school the next day. |
| Earaches | **Earaches** are not contagious. You don't need to keep a child with a mild earache home. |
| Mild cold or respiratory symptoms | **Mild cold or respiratory symptoms** are no reason to keep children at home. A persistent productive cough may be a sign of contagious conditions such as whooping cough, viral bronchitis, pneumonia, influenza or croup, and may need medical evaluation. |

## Community Announcements

26-27 School Calendar

26-27 School Supply List

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Food Service Information

GBAPS Forms

Parent Portal Information

Fort Howard Elementary School
920-448-2105