NUTRITION SERVICES
Saint Paul Public Schools

DECEMBER AFTER SCHOOL POWER SNACK MENU

Nov 30 Mango Yogurt Cheese Cubes Goldfish® Cinnamon Graham Grape Tomatoes with Ranch Dip Apple Slices	**Dec 1** Cheese Curds BBQ Sun Chips® Carrot Shakers Apple	**2** Marble Cheese Stick Chicken Jerky Heartzels® Pretzels Celery Sticks with Ranch Dip Applesauce Cup	**3** Cheese Curds French Toast Mini Loaf Carrot Shakers Sour Raisins	**4** Marble Cheese Stick Jalapeno Cheese Cup Tortilla Rounds Salsa Applesauce Cup
7 String Cheese Chicken Jerky Cheez-It® Crackers Carrot Shakers Sour Raisins	**8** Mango Yogurt Cheese Cubes Goldfish® Cinnamon Graham Grape Tomatoes with Ranch Dip Apple Slices	**9** Cheese Curds BBQ Sun Chips® Carrot Shakers Apple	**10** Marble Cheese Stick Chicken Jerky Heartzels® Pretzels Celery Sticks with Ranch Dip Applesauce Cup	**11** Cheese Curds French Toast Mini Loaf Carrot Shakers Sour Raisins
14 Marble Cheese Stick Jalapeno Cheese Cup Tortilla Rounds Salsa Applesauce Cup	**15** String Cheese Chicken Jerky Cheez-It® Crackers Carrot Shakers Sour Raisins	**16** Mango Yogurt Cheese Cubes Goldfish® Cinnamon Graham Grape Tomatoes with Ranch Dip Apple Slices	**17** Cheese Curds BBQ Sun Chips® Carrot Shakers Apple	**18** Marble Cheese Stick Chicken Jerky Heartzels® Pretzels Celery Sticks with Ranch Dip Applesauce Cup
21 Cheese Curds French Toast Mini Loaf Carrot Shakers Sour Raisins	**22** Marble Cheese Stick Jalapeno Cheese Cup Tortilla Rounds Salsa Applesauce Cup	**23** String Cheese Chicken Jerky Cheez-It® Crackers Carrot Shakers Sour Raisins	**24** Mango Yogurt Cheese Cubes Goldfish® Cinnamon Graham Grape Tomatoes with Ranch Dip Apple Slices	**25** Cheese Curds BBQ Sun Chips® Carrot Shakers Apple

- Refer to after school program for days in session.
- Milk is offered with each power snack meal.
- For nutrient & allergen information, visit SchoolCafe.com/SPPS.
- Menu subject to change.
- This institution is an equal opportunity provider.