DECEMBER BREAKFAST MENU

Saint Paul Public Schools NUTRITION SERVICES

Nov 30 Cheesy Breadstick OR Teriyaki Chicken Rice Bowl Mandarin Orange Cup	**Dec 1** Chocolate Chocolate Chip Muffin OR Teriyaki Chicken Noodle Bowl Apple Slices	**2** Cinnamon Swirl Breakfast Sandwich OR Teriyaki Chicken Noodle Bowl Banana	**3** Strawberry Muffin OR Teriyaki Chicken Noodle Bowl Apple Slices	**4** Plain Bagel Strawberry Cream Cheese Grape Jelly OR Teriyaki Chicken Rice Bowl Apple Mango Bar
7 Cinnamon Mini Cinnis OR Teriyaki Chicken Rice Bowl Mandarin Orange Cup	**8** Chocolate Chocolate Chip Muffin OR Teriyaki Chicken Noodle Bowl Apple Slices	**9** St. Paul Croissant Breakfast Sandwich OR Teriyaki Chicken Rice Bowl Banana	**10** Lemon Blueberry Muffin OR Teriyaki Chicken Noodle Bowl Apple Slices	**11** Strawberry Boli OR Teriyaki Chicken Rice Bowl Apple Mango Bar
14 Cheesy Breadstick OR Teriyaki Chicken Rice Bowl Mandarin Orange Cup	**15** Chocolate Chocolate Chip Muffin OR Teriyaki Chicken Noodle Bowl Apple Slices	**16** Cinnamon Swirl Breakfast Sandwich OR Teriyaki Chicken Noodle Bowl Banana	**17** Banana Chocolate Chip Muffin OR Teriyaki Chicken Noodle Bowl Apple Slices	**18** Plain Bagel Strawberry Cream Cheese Grape Jelly OR Teriyaki Chicken Rice Bowl Apple Mango Bar
21 Cinnamon Mini Cinnis OR Teriyaki Chicken Rice Bowl Mandarin Orange Cup	**22** Chocolate Chocolate Chip Muffin OR Teriyaki Chicken Noodle Bowl Apple Slices	**23 NO SCHOOL** 	**24 NO SCHOOL** 	**27 NO SCHOOL** 

DAILY CHOICES

- Assorted Cereals
- Juice
- Milk

- For nutrient & allergen information, visit SchoolCafe.com/SPPS.
- Menu subject to change.
- This institution is an equal opportunity provider.

NUTRITION SERVICES
Saint Paul Public Schools

DECEMBER LUNCH MENU

Nov 30 Cheeseburger Sliders or Veggie Burger French Fries Gyro on Pita Bread with Tzatziki Sauce French Fries	**Dec 1** Nacho Day Seasoned Beef Refried Beans Cheese Sauce Tortilla Chips Crispy or Hot & Spicy Chicken Sandwich or Veggie Burger French Fries	**2** Italian Dunker with Marinara Sauce Corn Chicken Finger or Chickenless Nuggets Basket with French Fries Garlic Toast	**3** French Toast Slices with Syrup Chicken Sausages Hash Browns Cheeseburger or Veggie Burger French Fries	**4** Lemon Chicken and White Rice or Grilled Cheese Broccoli Crispy or Hot & Spicy Chicken Sandwich or Veggie Burger French Fries
7 Penne Pasta with Meat Sauce or Marinara Sauce Garlic Toast Cheeseburger or Veggie Burger French Fries	**8** Chicken Burrito Bowl Cilantro Lime Rice Charro Beans Shredded Cheese Crispy or Hot & Spicy Chicken Sandwich or Veggie Burger French Fries	**9** Big Daddy's™ Cheese or Turkey Pepperoni Pizza Corn Chicken Finger or Chickenless Nuggets Basket with French Fries Garlic Toast	**10** Oven Fried Chicken Drumstick or Chickenless Nuggets Corn Muffin Mashed Potatoes and Gravy Cheeseburger or Veggie Burger French Fries	**11** Beef Bulgogi White Rice or Grilled Cheese Broccoli Crispy or Hot & Spicy Chicken Sandwich or Veggie Burger French Fries
14 Shredded Beef Philly Sandwich with Sliced Peppers and Onions Cheese Sauce French Fries Cheeseburger or Veggie Burger French Fries	**15** Walking Taco Fritos® Chicken Tinga Refried Beans Shredded Cheese Crispy or Hot & Spicy Chicken Sandwich or Veggie Burger French Fries	**16** Italian Dunker with Marinara Sauce Corn Chicken Fingers or Chickenless Nuggets Basket with French Fries Garlic Toast	**17** Brunch for Lunch Pancakes with Syrup Chicken Sausages Hash Browns Cheeseburger or Veggie Burger French Fries	**18** General Tso's Chicken Noodle Bowl with Stir Fry Vegetables Chicken or Vegetable Egg Roll or Grilled Cheese Crispy or Hot & Spicy Chicken Sandwich or Veggie Burger French Fries
21 Sliced Turkey Melt on Texas Toast or Grilled Cheese Sandwich with Tomato Soup Cheeseburger or Veggie Burger French Fries	**22** Tacos Seasoned Beef Refried Beans Tortillas Shredded Cheese Crispy or Hot & Spicy Chicken Sandwich or Veggie Burger French Fries	**23 NO SCHOOL** 	**24 NO SCHOOL** 	**25 NO SCHOOL** 

- The choice bar and milk are available at every meal.
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