# DECEMBER BREAKFAST MENU

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| **Nov 30**<br>Cheesy Breadstick<br>OR Teriyaki Chicken Rice Bowl<br><br>Mandarin Orange Cup | **Dec 1** Chocolate Chocolate Chip Muffin<br>OR Teriyaki Chicken Noodle Bowl<br><br>Apple Slices | **2** Cinnamon Swirl Breakfast Sandwich<br>OR Teriyaki Chicken Noodle Bowl<br><br>Banana | **3** Strawberry Muffin<br>OR Teriyaki Chicken Noodle Bowl<br><br>Apple Slices | **4** Plain Bagel<br>Strawberry Cream Cheese<br>Grape Jelly<br>OR Teriyaki Chicken Rice Bowl<br><br>Apple Mango Bar |
| **7** Cinnamon Mini Cinnis<br>OR Teriyaki Chicken Rice Bowl<br><br>Mandarin Orange Cup | **8** Chocolate Chocolate Chip Muffin<br>OR Teriyaki Chicken Noodle Bowl<br><br>Apple Slices | **9** St. Paul Croissant Breakfast Sandwich<br>OR Teriyaki Chicken Rice Bowl<br><br>Banana | **10**<br>Lemon Blueberry Muffin<br>OR Teriyaki Chicken Noodle Bowl<br><br>Apple Slices | **11**<br>Strawberry Boli<br>OR Teriyaki Chicken Rice Bowl<br><br>Apple Mango Bar |
| **14**<br>Cheesy Breadstick<br>OR Teriyaki Chicken Rice Bowl<br><br>Mandarin Orange Cup | **15** Chocolate Chocolate Chip Muffin<br>OR Teriyaki Chicken Noodle Bowl<br><br>Apple Slices | **16** Cinnamon Swirl Breakfast Sandwich<br>OR Teriyaki Chicken Noodle Bowl<br><br>Banana | **17** Banana Chocolate Chip Muffin<br>OR Teriyaki Chicken Noodle Bowl<br><br>Apple Slices | **18** Plain Bagel<br>Strawberry Cream Cheese<br>Grape Jelly<br>OR Teriyaki Chicken Rice Bowl<br><br>Apple Mango Bar |
| **21** Cinnamon Mini Cinnis<br>OR Teriyaki Chicken Rice Bowl<br><br>Mandarin Orange Cup | **22** Chocolate Chocolate Chip Muffin<br>OR Teriyaki Chicken Noodle Bowl<br><br>Apple Slices | **23 NO SCHOOL**<br> | **24 NO SCHOOL**<br> | **27 NO SCHOOL**<br> |

## DAILY CHOICES

- Assorted Cereals
- Yogurt
- String Cheese
- Juice
- Milk

## SPECIAL FEATURES




- Cool Tropics Slushies (100% Juice) (Monday & Friday)




- Whole Grain Super Stick (Monday, Wednesday, Friday)

- For nutrient & allergen information, visit SchoolCafe.com/SPPS.
- Menu subject to change.
- This institution is an equal opportunity provider.

Saint Paul Public Schools NUTRITION SERVICES

# DECEMBER LUNCH MENU

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| **Nov 30**<br>Cheeseburger Slider<br>or Veggie Burger<br><br>Soybutter Sandwich<br><br>French Fries<br>Apple | **Dec 1** Nacho Day<br>Seasoned Beef<br>Cheese Sauce<br>Tortilla Chips<br>Lettuce<br>Salsa<br><br>Soybutter Sandwich<br><br>Refried Beans<br>Strawberries | **2**<br>Italian Dunker<br>Marinara Sauce<br><br>Soybutter Sandwich<br><br>Corn<br>Apple Slices | **3**<br>Crispy Chicken Sandwich<br>or Veggie Burger<br><br>Soybutter Sandwich<br><br>French Fries<br>Banana | **4**<br>Lemon Chicken<br>White Rice<br><br>Grilled Cheese or Soybutter Sandwich<br><br>Broccoli<br>Applesauce Cup |
| **7**<br>Penne Pasta with Meat Sauce<br>Garlic Toast<br><br>Soybutter Sandwich<br><br>Cucumber Slices<br>Apple Slices | **8**<br>Glazed Chicken Bites<br><br>Soybutter Sandwich<br><br>Seasoned Tater Tots<br>Strawberries | **9**<br>Big Daddy's™ Cheese Pizza<br><br>Soybutter Sandwich<br><br>Corn<br>Cucumber Slices<br>Apple Slices | **10**<br>Chicken Nuggets<br>or Chickenless Nuggets<br>Corn Muffin<br><br>Soybutter Sandwich<br><br>Mashed Potatoes & Gravy<br>Banana | **11**<br>Beef Bulgogi<br>White Rice<br><br>Grilled Cheese or Soybutter Sandwich<br><br>Broccoli<br>Applesauce Cup |
| **14**<br>Cheeseburger<br>or Veggie Burger<br><br>Soybutter Sandwich<br><br>French Fries<br>Apple | **15** Walking Taco<br>Fritos®<br>Seasoned Beef<br>Shredded Cheese<br>Lettuce<br>Salsa<br><br>Soybutter Sandwich<br><br>Refried Beans<br>Strawberries | **16**<br>Pizza Crunchers with Marinara Sauce<br><br>Soybutter Sandwich<br><br>Corn<br>Cucumber Slices<br>Apple Slices | **17**<br>Brunch for Lunch<br>Pancake with Syrup<br>Chicken Sausages<br><br>Soybutter Sandwich<br><br>Hash Brown<br>Banana | **18**<br>Chicken Finger Basket with Galaxy Sauce<br><br>Soybutter Sandwich<br><br>French Fries<br>Applesauce Cup |
| **21**<br>Sliced Turkey with Gravy<br>Cranberry Sauce<br><br>Soybutter Sandwich<br><br>Mashed Potatoes<br>Apple | **22** Taco<br>Seasoned Beef<br>Shredded Cheese<br>Lettuce<br>Salsa<br>Hard Shell Corn Tortilla<br><br>Soybutter Sandwich<br><br>Refried Beans<br>Strawberries | **23**<br>**NO SCHOOL**<br><br> | **24**<br>**NO SCHOOL**<br><br> | **25**<br>**NO SCHOOL**<br><br> |

- Milk is available at every meal. • This institution is an equal opportunity provider.
- For nutrient & allergen information, visit SchoolCafe.com/SPPS. • Menu subject to change.