DECEMBER AFTER SCHOOL POWER SNACK MENU

NUTRITION SERVICES
Saint Paul Public Schools

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Nov 29 Mango Yogurt Cheese Cubes Goldfish® Cinnamon Graham Grape Tomatoes with Ranch Dip Apple Slices	**Nov 30** Mango Yogurt Cheese Cubes Goldfish® Cinnamon Graham Grape Tomatoes with Ranch Dip Apple Slices	**Dec 1** Cheese Curds BBQ Sun Chips® Carrot Shakers Apple	**2** Marble Cheese Stick Chicken Jerky Heartzels® Pretzels Celery Sticks with Ranch Dip Applesauce Cup	**3** Cheese Curds French Toast Mini Loaf Carrot Shakers Sour Raisins	**4** Marble Cheese Stick Jalapeno Cheese Cup Tortilla Rounds Salsa Applesauce Cup	**5** Marble Cheese Stick Jalapeno Cheese Cup Tortilla Rounds Salsa Applesauce Cup
6 String Cheese Chicken Jerky Cheez-It® Crackers Carrot Shakers Sour Raisins	**7** String Cheese Chicken Jerky Cheez-It® Crackers Carrot Shakers Sour Raisins	**8** Mango Yogurt Cheese Cubes Goldfish® Cinnamon Graham Grape Tomatoes with Ranch Dip Apple Slices	**9** Cheese Curds BBQ Sun Chips® Carrot Shakers Apple	**10** Marble Cheese Stick Chicken Jerky Heartzels® Pretzels Celery Sticks with Ranch Dip Applesauce Cup	**11** Cheese Curds French Toast Mini Loaf Carrot Shakers Sour Raisins	**12** Cheese Curds French Toast Mini Loaf Carrot Shakers Sour Raisins
13 Marble Cheese Stick Jalapeno Cheese Cup Tortilla Rounds Salsa Applesauce Cup	**14** Marble Cheese Stick Jalapeno Cheese Cup Tortilla Rounds Salsa Applesauce Cup	**15** String Cheese Chicken Jerky Cheez-It® Crackers Carrot Shakers Sour Raisins	**16** Mango Yogurt Cheese Cubes Goldfish® Cinnamon Graham Grape Tomatoes with Ranch Dip Apple Slices	**17** Cheese Curds BBQ Sun Chips® Carrot Shakers Apple	**18** Marble Cheese Stick Chicken Jerky Heartzels® Pretzels Celery Sticks with Ranch Dip Applesauce Cup	**19** Marble Cheese Stick Chicken Jerky Heartzels® Pretzels Celery Sticks with Ranch Dip Applesauce Cup
20 Cheese Curds French Toast Mini Loaf Carrot Shakers Sour Raisins	**21** Cheese Curds French Toast Mini Loaf Carrot Shakers Sour Raisins	**22** Marble Cheese Stick Jalapeno Cheese Cup Tortilla Rounds Salsa Applesauce Cup	**23** String Cheese Chicken Jerky Cheez-It® Crackers Carrot Shakers Sour Raisins	**24** Mango Yogurt Cheese Cubes Goldfish® Cinnamon Graham Grape Tomatoes with Ranch Dip Apple Slices	**25** Cheese Curds BBQ Sun Chips® Carrot Shakers Apple	**26** Cheese Curds BBQ Sun Chips® Carrot Shakers Apple

- Refer to after school program for days in session.
- Milk is offered with each power snack meal.
- Menu subject to change.
- For nutrient & allergen information, visit SchoolCafe.com/SPPS.
- This institution is an equal opportunity provider.