LORAIN CITY SCHOOLS

coolcaf
FOOD • FUN • FRIENDS

Pre-K Breakfast December 2026

Complete your meal with Healthy Choices!
-Remember you must take a fruit, vegetable, or juice to complete your meal.
-All bread/grain items are 50% whole grain!
-Low-Fat White Milk

Menu is subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 **Entrée:** Honey Cheerios (1oz equiv. of grain) **Fruit:** Fruit Juice(1/2 cup equiv.) **Milk:** 1% White Milk- 8oz/1 carton	2 **Entrée**: Oatmeal Chocolate Chip Benefit Bar (2oz Equiv. of Grain) **Fruit**: Orange Juice (1/2 cup equiv.) **Milk:** 1% White Milk- 8oz/1 carton	3 **Entrée:** Honey Cheerios (1oz equiv. of grain) **Fruit:** Fruit Juice (1/2 cup equiv.) **Milk:** 1% White Milk- 8oz/1 carton	4 **Entrée:** Chocolate Donut (2oz equiv. of grain) **Fruit:** Apple Juice (1/2 Cup equiv.) **Milk:** 1% White Milk- 8oz/1 carton
7 **Entrée:** Glazed Donut (2 equiv. of grain) **Fruit:** Orange Juice (1/2 equiv.) **Milk:** 1% White Milk- 8oz/1 carton	8 **Entrée:** Honey Cheerios (1oz equiv. of grain) **Fruit:** Fruit Juice (1/2 cup equiv.) **Milk:** 1% White Milk- 8oz/1 carton	9 **Entrée**: Chocolate Chip Benefit Bar (2oz Equiv. of Grain) **Fruit**: Orange Juice (1/2 cup equiv.) **Milk:** 1% White Milk- 8oz/1 carton	10 **Entrée:** Honey Cheerios (1oz equiv. of grain) **Fruit:** Fruit Juice (1/2 cup equiv.) **Milk:** 1% White Milk- 8oz/1 carton	11 **Entrée**: Tiger Grahams (1 Equiv. of Grain) String Cheese (1oz equiv. of MM **Fruit**: Orange Juice (1/2 cup equiv.) **Milk:** 1% White Milk- 8oz/1 carton
14 **Entrée:** Strawberry Crunch Mini Bagel (2oz equiv. of grain) **Fruit:** Orange Juice (1/2 cup equiv.) **Milk:** 1% White Milk- 8oz/1 carton	15 **Entrée:** Cocoa Puffs (2oz equiv. of grain) **Fruit:** Fruit juice (1/2 cup equiv.) **Milk:** 1% White Milk- 8oz/1 carton	16 **Entrée**: Cinni Minis (2oz equiv. of grain) **Fruit**: Orange Juice (1/2 cup equiv.) **Milk:** 1% White Milk- 8oz/1 carton	17 **Entrée:** Maple Mini Waffles (2oz equiv. of grain) **Fruit:** Fruit Juice 1/2 cup equiv.) **Milk:** 1% White Milk- 8oz/1 carton	18 **Entrée:** Powdered Sugar (2oz equiv. grain) **Fruit:** Apple Juice (1/2 Cup equiv.) **Milk:** 1% White Milk- 8oz/1 carton
21 Winter Break	22	23	24	25
28 Winter Break	29	30		

December 7-11th: Eat Breakfast everyday for a chance to win an Ace & Friends Reading Rocks Bookmark!
December 18th: Holiday Breakfast

USDA is an equal opportunity provider, employer, and lender.