Base Menu Spreadsheet

Jefferson City School District

Portion Values

Dec 1, 2026 thru Dec 22, 2026

Menu Name: High School Lunch **Include Cost:** No

Site:

Use Alternate Menu Name: Alternate Menu Name 1

Tuesday - 12/01/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
990075 Brunch Lunch	Servings	1	30.95
990224 Chicken Tenders	4 Tenders	1	22.28
990213 Waffle	1 Waf, 2T Syrup	1	39.13
Weighted Daily Average			92.36
% of Calories			40.9%
Weekly Nutrient Guideline			

Wednesday - 12/02/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
990362 Orig/Spicy Chicken Patty Sandwich	1 Sandwich	1	43.00
000581 Little Smokies	8 Smokies	1	19.33

	Portion Size	Reimb Qty	Carb (g)
000480 Mac & Cheese Side	1/2 Cup	1	28.38
Weighted Daily Average			90.71
% of Calories			39.2%
Weekly Nutrient Guideline			

Thursday - 12/03/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
000467 Nacho Supreme	servings	1	28.61
990176 Breaded Thigh & Drumstick	1 Piece	1	11.00
990165 Cornbread Poppers	3 Pieces	1	19.00
Weighted Daily Average			58.61
% of Calories			26.1%
Weekly Nutrient Guideline			

Friday - 12/04/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
000858 Pizza	1 Slice	1	42.00
000382 Chicken & Noodles	2/3 Cup	1	18.38

990089 Garlic Breadstick	1 Breadstick	1	16.00
Weighted Daily Average			76.38
% of Calories			42.6%
Weekly Nutrient Guideline			

Monday - 12/07/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
990357 Cheese/Pepperoni Boscos	2 Boscos	1	57.07
990056 BBQ Chicken Sandwich	1 Sandwich	1	33.00
990172 Broccoli Rice Casserole Side	1/2 Cup	1	32.39
Weighted Daily Average			122.46
% of Calories			43.9%
Weekly Nutrient Guideline			

Tuesday - 12/08/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
000163 Chicken Tetrazzini	1 Cup	1	23.64
990089 Garlic Breadstick	1 Breadstick	1	16.00
990174 Tornados w/	2 Tornado	1	48.00
001094 Queso Cheese	2 oz	1	1.31

Sauce			
000442 Refried Beans	1/2 Cup	1	21.71
Weighted Daily Average			110.66
% of Calories			44.4%
Weekly Nutrient Guideline			

Wednesday - 12/09/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
990362 Orig/Spicy Chicken Patty Sandwich	1 Sandwich	1	43.00
000917 Chicken Pizza Quesadilla	1 Slice	1	33.00
Weighted Daily Average			76.00
% of Calories			47.9%
Weekly Nutrient Guideline			

Thursday - 12/10/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
000010 Chili	1 Cup	1	29.47
000955 Cinnamon Roll	1 Roll	1	37.00

	Portion Size	Reimb Qty	Carb (g)
990230 Mozzarella Cheese Sticks	5 Sticks	1	36.57
Weighted Daily Average			103.04
% of Calories			40.5%
Weekly Nutrient Guideline			

Friday - 12/11/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
000858 Pizza	1 Slice	1	42.00
000893 Corn Dog	1 Corn Dog	1	32.00
000480 Mac & Cheese Side	1/2 Cup	1	28.38
Weighted Daily Average			102.38
% of Calories			41.4%
Weekly Nutrient Guideline			

Monday - 12/14/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
001058 Hamburger or Cheeseburger	1 Burger	1	30.00
990247 Fritos	1 Pkg	1	16.00

000496 Crispito	2 Crispitos	1	46.00
Weighted Daily Average			92.00
% of Calories			35.0%
Weekly Nutrient Guideline			

Tuesday - 12/15/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
990195 Chicken Wings	6 Pieces	1	6.75
000959 Garlic Texas Toast	1 Slice	1	16.00
990344 Pretzel w/Cheese	1 Ptzl, 2oz Chz	1	71.60
Weighted Daily Average			94.35
% of Calories			44.2%
Weekly Nutrient Guideline			

Wednesday - 12/16/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
990362 Orig/Spicy Chicken Patty Sandwich	1 Sandwich	1	43.00
990219 Potstickers w/	6 Potstickers	1	31.00

	Portion Size	Reimb Qty	Carb (g)
000986 Egg Roll	1 Egg Roll	1	14.00
Weighted Daily Average			88.00
% of Calories			50.6%
Weekly Nutrient Guideline			

Thursday - 12/17/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
990142 Holiday Lunch	Lunch	1	*N/A*
990099 Rotisserie Chicken	2 oz	1	4.37
000908 Hot Roll	ROLL	1	31.90
990312 w/Holiday Sides	0	1	*N/A*
990096 Dessert	each	1	*N/A*
Weighted Daily Average			36.27
% of Calories			60.4%
Weekly Nutrient Guideline			

Friday - 12/18/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
000858 Pizza	1 Slice	1	42.00
990345 Honey BBQ Rib Sandwich	1 Sandwich	1	37.00
000173 Pasta Salad	1/2 CUP	1	14.39
Weighted Daily Average			93.39
% of Calories			41.5%
Weekly Nutrient Guideline			

Monday - 12/21/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
990066 Manager's Choice	PKG	1	*N/A*
Weighted Daily Average			0
% of Calories			0%
Weekly Nutrient Guideline			

Tuesday - 12/22/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
990105 EARLY RELEASE DAY	1/2 Day	1	*N/A*
000391 Hot Dog w/	1 Hot dog	1	32.74

990260 Sunchip Variety	1 Pkg	1	19.00
Weighted Daily Average			51.74
% of Calories			36.2%
Weekly Nutrient Guideline			

		Carb (g)
Weighted Averages		80.52
% of Calories		41.2%

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient**
***** - denotes combined nutrient totals with either missing or incomplete nutrient data**
¹ - denotes required nutrient values
Added Sugars target is informational only, with an effective date of July 1, 2027.
Per the Whole Milk for Healthy Kids Act of 2025, saturated fat from fluid milk is excluded from HHFKA menu analysis.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.