Base Menu Spreadsheet

Jefferson City School District

Portion Values

Dec 1, 2026 thru Dec 22, 2026

Menu Name: Elementary Lunch **Include Cost:** No

Site:

Use Alternate Menu Name: Alternate Menu Name 1

Tuesday - 12/01/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
000062 Chicken Rice Broccoli Casserole	4 oz	1	16.80
990089 Garlic Breadstick	1 Breadstick	1	16.00
000384 Glazed Carrots	1/2 Cup	1	12.79
990112 Fresh Apple Wedges	4 Wedges	1	25.13
990058 Rainbow & Leafy Veggies	3/4 Cup	1	1.78
000489 Milk Variety	1 Carton	1	16.20
Weighted Daily Average			88.70
% of Calories			49.1%
Weekly Nutrient Guideline			

Wednesday - 12/02/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
000149 Hamburger or Cheeseburger	1 Burger	1	30.00
000999 French Fries	14 Fries	1	22.00

000532 Pudding w/Fruit	1/2 CUP	1	33.14
990058 Rainbow & Leafy Veggies	3/4 Cup	1	1.78
000489 Milk Variety	1 Carton	1	16.20
Weighted Daily Average			103.12
% of Calories			51.2%
Weekly Nutrient Guideline			

Thursday - 12/03/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
990100 Tortellini w/ Meat Sauce	1/2 CUP	1	22.57
000959 Garlic Texas Toast	1 Slice	1	16.00
000386 Vegetable California	1/2 Cup	1	5.03
000155 Orange Smiles	1 Orange	1	15.39
990058 Rainbow & Leafy Veggies	3/4 Cup	1	1.78
000489 Milk Variety	1 Carton	1	16.20
Weighted Daily Average			76.97
% of Calories			45.3%
Weekly Nutrient Guideline			

Friday - 12/04/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
990047 Stuffed Crust CheezyBites	4 Bites	1	28.25
000364 Marinara Sauce	1/4 Cup	1	5.62
000172 Baked Beans	1/2 Cup	1	33.67
000419 Fruit Cocktail	1/2 Cup	1	17.00
990058 Rainbow & Leafy Veggies	3/4 Cup	1	1.78
000489 Milk Variety	1 Carton	1	16.20
Weighted Daily Average			102.51
% of Calories			63.1%
Weekly Nutrient Guideline			

Monday - 12/07/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
990173 Pepperoni Grilled Cheese	1 Sandwich	1	35.74
000169 Mix Vegetables	1/2 Cup	1	7.64
000172 Baked Beans	1/2 Cup	1	33.67
000390 Diced Pears	1/2 Cup	1	16.38
990058 Rainbow & Leafy Veggies	3/4 Cup	1	1.78

	Portion Size	Reimb Qty	Carb (g)
000489 Milk Variety	1 Carton	1	16.20
Weighted Daily Average			111.41
% of Calories			56.5%
Weekly Nutrient Guideline			

Tuesday - 12/08/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
990279 Brunch Lunch	0	1	*N/A*
990209 French Toast Sticks	3 Sticks	1	42.00
000998 Sausage Links	2 Links	1	0.00
000441 Hashbrown Patty	1 Patty	1	15.00
990108 Strawberries &Blueberries	1/2 Cup	1	17.43
990058 Rainbow & Leafy Veggies	3/4 Cup	1	1.78
000489 Milk Variety	1 Carton	1	16.20
Weighted Daily Average			92.41
% of Calories			45.2%
Weekly Nutrient Guideline			

Wednesday - 12/09/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
000914 Chicken Nuggets	5 Nuggets	1	12.86
000480 Mac & Cheese Side	1/2 Cup	1	28.38
000128 Green Beans	1/2 Cup	1	4.32
990112 Fresh Apple Wedges	4 Wedges	1	25.13
990058 Rainbow & Leafy Veggies	3/4 Cup	1	1.78
000489 Milk Variety	1 Carton	1	16.20
Weighted Daily Average			88.66
% of Calories			48.8%
Weekly Nutrient Guideline			

Thursday - 12/10/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
000013 Taco Crunch	4 oz	1	24.82
000006 Corn	1/2 Cup	1	20.43
000154 Grapes	1/2 Cup	1	7.89
990058 Rainbow & Leafy Veggies	3/4 Cup	1	1.78

	Portion Size	Reimb Qty	Carb (g)
000489 Milk Variety	1 Carton	1	16.20
Weighted Daily Average			71.12
% of Calories			38.0%
Weekly Nutrient Guideline			

Friday - 12/11/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
000858 Pizza	1 Slice	1	42.00
000724 Romaine Salad	1 Cup	1	5.69
000333 Applesauce	1/2 Cup	1	19.18
990058 Rainbow & Leafy Veggies	3/4 Cup	1	1.78
000489 Milk Variety	1 Carton	1	16.20
Weighted Daily Average			84.85
% of Calories			53.8%
Weekly Nutrient Guideline			

Monday - 12/14/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
000910 Chicken Patty Sandwich	1 Sandwich	1	41.00
000307 Cheesy Steamed Broccoli	1/2 Cup	1	12.44
990112 Fresh Apple Wedges	4 Wedges	1	25.13
990058 Rainbow & Leafy Veggies	3/4 Cup	1	1.78
000489 Milk Variety	1 Carton	1	16.20
Weighted Daily Average			96.55
% of Calories			56.0%
Weekly Nutrient Guideline			

Tuesday - 12/15/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
990333 Orange Chicken & Rice w/	4 oz	1	28.05
000986 Egg Roll	1 Egg Roll	1	14.00
000596 Stir-Fry Vegetables	1/2 Cup	1	7.04
000092 Pineapple Tidbits	1/2 Cup	1	15.12
990058 Rainbow & Leafy Veggies	3/4 Cup	1	1.78

	Portion Size	Reimb Qty	Carb (g)
000489 Milk Variety	1 Carton	1	16.20
Weighted Daily Average			82.19
% of Calories			47.4%
Weekly Nutrient Guideline			

Wednesday - 12/16/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
000893 Corn Dog	1 Corn Dog	1	32.00
000170 Peas	1/2 Cup	1	14.06
000437 Peaches	1/2 Cup	1	14.23
990058 Rainbow & Leafy Veggies	3/4 Cup	1	1.78
000489 Milk Variety	1 Carton	1	16.20
Weighted Daily Average			78.27
% of Calories			52.9%
Weekly Nutrient Guideline			

Thursday - 12/17/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
990142 Holiday Lunch	Lunch	1	*N/A*
990099 Rotisserie Chicken	2 oz	1	4.37
000908 Hot Roll	ROLL	1	31.90
990355 Mashed Potatoes	1/2 Cup	1	13.62
000155 Orange Smiles	1 Orange	1	15.39
990096 Dessert	each	1	*N/A*
990058 Rainbow & Leafy Veggies	3/4 Cup	1	1.78
000489 Milk Variety	1 Carton	1	16.20
Weighted Daily Average			83.26
% of Calories			67.0%
Weekly Nutrient Guideline			

Friday - 12/18/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
990358 Cheese/Pepperoni Boscos	2 Boscos	1	47.07
000364 Marinara Sauce	1/4 Cup	1	5.62
000172 Baked Beans	1/2 Cup	1	33.67
000154 Grapes	1/2 Cup	1	7.89

990058 Rainbow & Leafy Veggies	3/4 Cup	1	1.78
000489 Milk Variety	1 Carton	1	16.20
Weighted Daily Average			112.22
% of Calories			56.7%
Weekly Nutrient Guideline			

Monday - 12/21/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
990066 Manager's Choice	PKG	1	*N/A*
Weighted Daily Average			0
% of Calories			0%
Weekly Nutrient Guideline			

Tuesday - 12/22/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
990105 EARLY RELEASE DAY	1/2 Day	1	*N/A*
000194 Hot Dog	1 Hot Dog	1	33.74
990247 Fritos	1 Pkg	1	16.00
001053 Carrot Sticks w/Dip	3/4 Cup	1	7.59
000953 Apple Slices	1 Pkg	1	9.00

990058 Rainbow & Leafy Veggies	3/4 Cup	1	1.78
000489 Milk Variety	1 Carton	1	16.20
Weighted Daily Average			84.31
% of Calories			42.5%
Weekly Nutrient Guideline			

		Carb (g)
Weighted Averages		84.78
% of Calories		51.1%

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient**
***** - denotes combined nutrient totals with either missing or incomplete nutrient data**
¹ - denotes required nutrient values
Added Sugars target is informational only, with an effective date of July 1, 2027.
Per the Whole Milk for Healthy Kids Act of 2025, saturated fat from fluid milk is excluded from HHFKA menu analysis.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.