Base Menu Spreadsheet

Jefferson City School District

Portion Values

Dec 1, 2026 thru Dec 22, 2026

Menu Name: ECC Lunch **Include Cost:** No

Site:

Use Alternate Menu Name: Alternate Menu Name 1

Tuesday - 12/01/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
990279 Brunch Lunch	0	1	*N/A*
990272 WG French Toast Sticks	2 Sticks	1	27.70
000998 Sausage Links	2 Links	1	0.00
000441 Hashbrown Patty	1 Patty	1	15.00
990326 Strawberries &Blueberries	1/4 Cup	1	17.43
990286 Milk Variety	1 Carton	1	13.00
Weighted Daily Average			73.14
% of Calories			41.6%
Weekly Nutrient Guideline			

Wednesday - 12/02/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
990255 WG Chicken Patty Sandwich	1 Sandwich	1	41.00
990309 Baked Beans	1/4 Cup	1	17.05

990317 Fresh Apple Wedges	2-3 Wedges	1	12.57
990286 Milk Variety	1 Carton	1	13.00
Weighted Daily Average			83.62
% of Calories			58.9%
Weekly Nutrient Guideline			

Thursday - 12/03/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
000645 Cheeseburger Mac	SERVINGS	1	34.06
990310 Steamed Broccoli	1/4 Cup	1	1.55
990408 Apricots	1/4 Cup	1	7.00
990286 Milk Variety	1 Carton	1	13.00
Weighted Daily Average			55.62
% of Calories			35.9%
Weekly Nutrient Guideline			

Friday - 12/04/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
990266 WG Pizza	1 Slice	1	42.00
990229 Rainbow Veggies	1/4 Cup	1	0.59

000155 Orange Smiles	1 Orange	1	15.39
990286 Milk Variety	1 Carton	1	13.00
Weighted Daily Average			70.98
% of Calories			49.7%
Weekly Nutrient Guideline			

Monday - 12/07/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
000629 Turkey & Cheese Sandwich	1 Sandwich	1	33.90
990247 Fritos	1 Pkg	1	16.00
990309 Baked Beans	1/4 Cup	1	17.05
990322 Diced Pears	1/4 Cup	1	8.19
990286 Milk Variety	1 Carton	1	13.00
Weighted Daily Average			88.14
% of Calories			53.7%
Weekly Nutrient Guideline			

Tuesday - 12/08/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
000382 Chicken & Noodles	2/3 Cup	1	18.38
990323 Steamed Broccoli&Carrots	1/4 Cup	1	9.00
990316 Peaches	1/4 Cup	1	7.11
990286 Milk Variety	1 Carton	1	13.00
Weighted Daily Average			47.49
% of Calories			47.6%
Weekly Nutrient Guideline			

Wednesday - 12/09/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
990267 WG Chicken Drumstick	1 Drumstick	1	10.00
000778 Cheesy Hashbrowns	4 oz	1	14.18
990317 Fresh Apple Wedges	2-3 Wedges	1	12.57
990286 Milk Variety	1 Carton	1	13.00
Weighted Daily Average			49.74
% of Calories			37.7%
Weekly Nutrient Guideline			

Thursday - 12/10/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
990263 Sloppy Joe w/ WG Tostito Scoops	4 oz	1	22.58
990300 Mix Vegetables	1/4 Cup	1	3.82
990175 Grapes	1/4 Cup	1	3.94
990286 Milk Variety	1 Carton	1	13.00
Weighted Daily Average			43.34
% of Calories			37.0%
Weekly Nutrient Guideline			

Friday - 12/11/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
990256 WG Bosco Breadsticks w/ Cheese Stick	1 Bos, 1 C. Sti	1	27.07
000364 Marinara Sauce	1/4 Cup	1	5.62
990229 Rainbow Veggies	1/4 Cup	1	0.59
990078 Clementine	1 Fruit	1	11.28

	Portion Size	Reimb Qty	Carb (g)
990286 Milk Variety	1 Carton	1	13.00
Weighted Daily Average			57.56
% of Calories			42.2%
Weekly Nutrient Guideline			

Monday - 12/14/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
000149 Hamburger or Cheeseburger	1 Burger	1	30.00
990290 Tater Tots	8 Tater Tots	1	13.56
990317 Fresh Apple Wedges	2-3 Wedges	1	12.57
990286 Milk Variety	1 Carton	1	13.00
Weighted Daily Average			69.13
% of Calories			49.0%
Weekly Nutrient Guideline			

Tuesday - 12/15/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
990106 Chicken Tortellini	2/3 Cup	1	31.34

990303 Vegetable Catalina Blend	1/4 Cup	1	2.54
990322 Diced Pears	1/4 Cup	1	8.19
990286 Milk Variety	1 Carton	1	13.00
Weighted Daily Average			55.08
% of Calories			37.6%
Weekly Nutrient Guideline			

Wednesday - 12/16/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
000893 Corn Dog	1 Corn Dog	1	32.00
990309 Baked Beans	1/4 Cup	1	17.05
990326 Strawberries &Blueberries	1/4 Cup	1	17.43
990286 Milk Variety	1 Carton	1	13.00
Weighted Daily Average			79.48
% of Calories			58.3%
Weekly Nutrient Guideline			

Thursday - 12/17/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
990142 Holiday Lunch	Lunch	1	*N/A*
990099 Rotisserie Chicken	2 oz	1	4.37
990089 Garlic Breadstick	1 Breadstick	1	16.00
990342 Green Beans	1/4 Cup	1	2.16
990321 Corn	1/4 Cup	1	10.22
990286 Milk Variety	1 Carton	1	13.00
Weighted Daily Average			45.75
% of Calories			54.6%
Weekly Nutrient Guideline			

Friday - 12/18/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
990266 WG Pizza	1 Slice	1	42.00
990229 Rainbow Veggies	1/4 Cup	1	0.59
000155 Orange Smiles	1 Orange	1	15.39

	Portion Size	Reimb Qty	Carb (g)
990286 Milk Variety	1 Carton	1	13.00
Weighted Daily Average			70.98
% of Calories			49.7%
Weekly Nutrient Guideline			

Monday - 12/21/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
990066 Manager's Choice	PKG	1	*N/A*
Weighted Daily Average			0
% of Calories			0%
Weekly Nutrient Guideline			

Tuesday - 12/22/2026 **Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Carb (g)
990105 EARLY RELEASE DAY	1/2 Day	1	*N/A*
000194 Hot Dog	1 Hot Dog	1	33.74
001160 WG Original Sunchips	1 Pkg	1	19.00
001053 Carrot Sticks w/Dip	3/4 Cup	1	7.59

000953 Apple Slices	1 Pkg	1	9.00
990286 Milk Variety	1 Carton	1	13.00
Weighted Daily Average			82.33
% of Calories			44.0%
Weekly Nutrient Guideline			

		Carb (g)
Weighted Averages		60.77
% of Calories		46.2%

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient**
***** - denotes combined nutrient totals with either missing or incomplete nutrient data**
¹ - denotes required nutrient values
Added Sugars target is informational only, with an effective date of July 1, 2027.
Per the Whole Milk for Healthy Kids Act of 2025, saturated fat from fluid milk is excluded from HHFKA menu analysis.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.