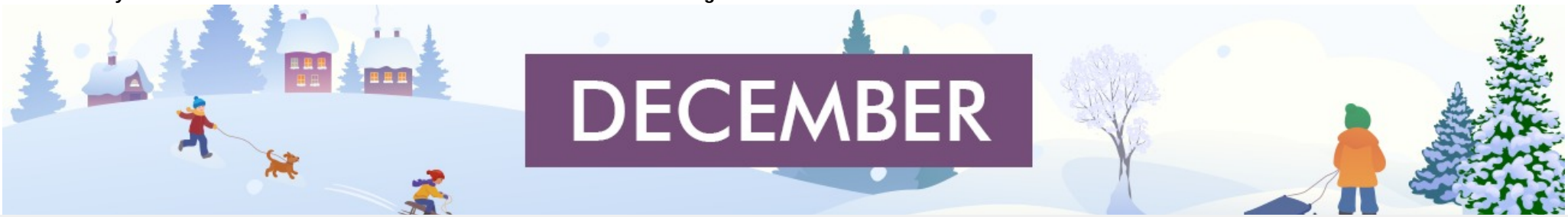
Jefferson City School District **High School Breakfast**



Monday	Tuesday	Wednesday	Thursday	Friday
	1 Biscuit Sandwich Cereal Variety Fruit Variety Juice Cup Milk Variety	2 Mini Waffle Cereal Variety Fruit Variety Juice Cup Milk Variety	3 Biscuit & Gravy Cereal Variety Fruit Variety Juice Cup Milk Variety	4 Long John Donut Cereal Variety Fruit Variety Juice Cup Milk Variety
7 Scrambled Eggs & Toast Cereal Variety Fruit Variety Juice Cup Milk Variety	8 English Muffin Sandwich Cereal Variety Fruit Variety Juice Cup Milk Variety	9 Pancake Stick Cereal Variety Fruit Variety Juice Cup Milk Variety	10 Biscuit & Gravy Cereal Variety Fruit Variety Juice Cup Milk Variety	11 Mini Donuts Cereal Variety Fruit Variety Juice Cup Milk Variety
14 Scrambled Eggs in Flatbread Cereal Variety Fruit Variety Juice Cup Milk Variety	15 Croissant Sandwich Cereal Variety Fruit Variety Juice Cup Milk Variety	16 Mini Pancakes Cereal Variety Fruit Variety Juice Cup Milk Variety	17 Biscuit & Gravy Cereal Variety Fruit Variety Juice Cup Milk Variety	18 Breakfast Bun Cereal Variety Fruit Variety Juice Cup Milk Variety
21 Manager's Choice Cereal Variety Fruit Variety Juice Cup Milk Variety	22 EARLY RELEASE DAY Muffin Cereal Variety Fruit Variety Juice Cup Milk Variety	23 No School	24 No School	25 No School
28 No School	29 No School	30 No School	31 No School	

Available Daily

Cereal Variety, Yogurt w/Toast, Hard Boiled Eggs w/Toast or Breakfast Bars as alternative entree options
Fruit Bar & Juice Variety
Milk Variety: Skim White, 1% White, 1% Chocolate or Soy Milk in white or chocolate flavor

Menu Subject to Change

