Jefferson City School District **ECC Lunch**



Monday	Tuesday	Wednesday	Thursday	Friday
	1 Brunch Lunch WG French Toast Sticks Sausage Links Hashbrown Patty Strawberries &Blueberries Milk Variety	2 WG Chicken Patty Sandwich Baked Beans Fresh Apple Wedges Milk Variety	3 Cheeseburger Mac Steamed Broccoli Apricots Milk Variety	4 WG Pizza Rainbow Veggies Orange Smiles Milk Variety
7 Turkey & Cheese Sandwich Fritos Baked Beans Diced Pears Milk Variety	8 Chicken & Noodles Steamed Broccoli&Carrots Peaches Milk Variety	9 WG Chicken Drumstick Cheesy Hashbrowns Fresh Apple Wedges Milk Variety	10 Sloppy Joe w/ WG Tostito Scoops Mix Vegetables Grapes Milk Variety	11 WG Bosco Breadsticks w/ Cheese Stick Marinara Sauce Rainbow Veggies Clementine Milk Variety
14 Hamburger or Cheeseburger Tater Tots Fresh Apple Wedges Milk Variety	15 Chicken Tortellini Vegetable Catalina Blend Diced Pears Milk Variety	16 Corn Dog Baked Beans Strawberries &Blueberries Milk Variety	17 Holiday Lunch Rotisserie Chicken Mashed Potatoes Green Beans Dessert Milk Variety	18 WG Pizza Rainbow Veggies Orange Smiles Milk Variety
21 Manager's Choice	22 EARLY RELEASE DAY Hot Dog WG Original Sunchips Carrot Sticks w/Dip Apple Slices Milk Variety	23 No School	24 No School	25 No School
28 No School	29 No School	30 No School	31 No School	

WG= Whole Grain
Rainbow Veggies= Fresh, Raw Mixture of Sweet Peppers, Cauliflower, Broccoli, Carrots, Cucumbers, Celery, & Cherry Tomatoes
Milk Variety= Unflavored Skim Milk, 1% Milk or Soy Milk

Menu Subject to Change

