Sweeny ISD School Health Advisory Council (SHAC)

Meeting Minutes

Date	October 7, 2026
Time	9:00 a.m. – 9:35 a.m.
Location	Not specified in notes

Attendance

Jay Seibert

Derek “Doc” Cook

Becky Wojcik

Kim Lockler

Jessica Weston

BJ McCurdy

Colorado Ventura

Stephanie Trevino

Absent

Kim Greenberg

Officer Assignments

President: BJ McCurdy

Vice President: Colorado Ventura

Secretary: Jessica Weston

Discussion Topics

1. Energy Drinks on School Campuses

Becky Wojcik raised concerns about health issues associated with energy drinks.

The council discussed concerns about energy drinks and reported health issues among students.

Consider researching whether other school districts prohibit energy drinks on campus.

Gather reliable, fact-based health research regarding the effects of energy drinks on children and adolescents.

Consider educating parents about potential health concerns.

Consider presenting the research and a recommendation to the Sweeny ISD Board regarding a possible campus ban.

2. Sex Education Curriculum

Sex education is expected to be provided at all campuses once each year.

Derek Cook mentioned Kelley Henderson is reviewing the curriculum that schools and teachers are expected to follow.

Clarify whether parents may opt students in or out and what permissions are required.

Ensure parents receive information about the topics that will be discussed with their students.

3. Dating Violence Prevention

Dating violence education was noted as a state requirement at the high school level.

Kim Lockler will look into additional details in coordination with Chief Velez.

4. CPR and First Aid Certification

Coaches and sponsors were noted as having CPR/first aid certification.

Child Nutrition staff would like to become certified.

5. Mental Health

The district is offering support/resources related to mental health.

The council mentioned considering working in conjunction with the district on mental health efforts.

6. Flu Season

Free flu shots are being offered to faculty.

Becky Wojcik noted that posters and other informational materials had been shared.

Action Items

Energy drinks: Research other districts ’policies and reliable health information; consider parent education and a recommendation to the SISD Board.

Sex education: Check back with Kelley Henderson to review the required curriculum and clarify parent notification and opt-in/opt-out procedures.

Dating violence: Kim Lockler to follow up with Chief Velez regarding requirements and related safety details.

Mental health: Explore opportunities to coordinate with the district.

CPR/first aid: Follow up on certification needs for Child Nutrition staff.

Next Meeting

December 7, 2026, at 9:00 a.m.

Adjournment: The meeting adjourned at 9:35 a.m.