# NOVEMBER/DECEMBER PROGRAMS



## Resources, support & community

Connecting for Kids (CFK) provides resources, support and community to families in Northeast Ohio who have concerns about their child. We serve all families, including children with and without diagnoses.

### Explore Nov./Dec. Programs

Learn more about our free programs:

*Speaker Series*

*Share & Support Groups*

*Music Therapy & More*

*Playgroups*

*Adapted Library Programs*

### Concerned? Ask Us!

Ask Us is a free 30-minute call with another parent who understands what it's like to be concerned about a child. Our Family Resource Specialists will also give you resources tailored to your family.

connectingforkids.org/AskUs

## SPEAKER SERIES

### *Picky Eating and Problem Feeding*

Does your child avoid certain foods, textures and entire food groups? Or, do you have a child with more complex feeding needs? Join us for a discussion with practical strategies with Esther A. L. Verbovszky, MA, CCC-SLP, of Star Center Foundation and Cleveland Feeding and Swallowing Center LLC.

**Westlake Porter Public Library**
**Tuesday, Nov. 17, 6:30 p.m.**

### *ADHD and Big Emotions*

Does your child have a hard time managing their feelings, with intense and long-lasting emotional reactions? Join us for a talk with Dr. Dover and Erin Strahsburg, LPC, of Innovation Counseling, to learn ways to support your ADHD child with big emotions.

**North Ridgeville Branch of the Lorain Public Library System or Virtual**
**Thursday, Dec. 3, 6:00 p.m.**

## SHARE & SUPPORT GROUP

### *Caregiver Connection Group: The Highs and Lows of the Holidays*

Are you the caregiver of a child with ADHD, anxiety, autism or other concerns who is looking to connect with others? November's theme is the holidays. Come get support as you prepare to navigate the holiday season.

**Virtual**
**Monday, Nov. 30, 7 p.m.**

## MUSIC THERAPY & MORE

### *Music Therapy & More* (ages 0–6)

- For families with a concern about their child, ages 0–6
- Led by a Board Certified Music Therapist
- Learn to use music to improve academic and motor skills, communication and behavior

*Heights Libraries, Lee Road Branch*
Sessions begin at 6:30 p.m.

- Wednesday, Dec. 9

*Lakewood Public Library, Madison Branch*
Sessions begin at 9:30 a.m.

- Saturday, Nov. 14
- Saturday, Dec. 12

*Maple Heights Branch of Cuyahoga County Public Library*
Sessions begin at 10 a.m.

- Saturday, Nov. 21

*Middleburg Heights Branch of Cuyahoga County Public Library*
Sessions begin at 11 a.m.

- Saturday, Nov. 14

*North Ridgeville Branch of Lorain Public Library System*
Sessions begin at 6:30 p.m.

- Thursday, Nov. 19

*Parma-Snow Branch of Cuyahoga County Public Library*
Sessions begin at 6:30 p.m.

- Monday, Dec. 7

**Registration Reminder**
Music Therapy & More sessions open on a month-to-month basis. Registration for next month's session will not open until the current month's session is over.

connectingforkids.org/music

## PLAYGROUPS

### *Inclusive Playgroups* (ages 18 months–6 years)

- For families with children, ages 18 months–6 years, with or without a diagnosis
- Led by an Early Childhood Specialist
- Connect with other families and get free resources from our staff

*Lakewood Public Library, Main Branch*
Sessions begin at 9:30 a.m.

- Saturday, Nov. 21

*Westlake Porter Public Library*
Thursday sessions begin at 6:30 p.m. and Friday sessions begin at 10:30 a.m.

- Thursday, Nov. 19
- Friday, Nov. 20

### Registration Reminder

Inclusive Playgroups open on a month-to-month basis. Registration for next month's groups will not open until the current month's groups are over.

connectingforkids.org/play

## ADAPTED LIBRARY PROGRAMS

### Adapted Storytimes

***Middleburg Heights Branch of Cuyahoga County Public Library***

- Saturday, Nov. 28, 11 a.m.

***North Ridgeville Branch of Lorain Public Library System***

- Tuesday, Nov. 17, 6:30 p.m.

***Parma-Snow Branch of Cuyahoga County Public Library***

- Tuesday, Dec. 8, 11 a.m.

***Rocky River Public Library***

- Saturday, Dec. 5, 11 a.m.

***Westlake Porter Public Library***

- Wednesday, Dec. 2, 10:30 a.m.

### Adapted & Inclusive Programs

***Avon Lake Public Library***

**Music & Movement (all ages, with caregiver)**

- Saturday, Nov. 21, 10:30 a.m.
- Saturday, Dec. 19, 10:30 a.m.

**LEGO Imagineers (ages 4+, with caregiver)**

- Thursday, Nov. 19, 3:30 p.m.

***Middleburg Heights Branch of Cuyahoga County Public Library***

**GenZen Hangout: For Tweens of All Abilities in Grades 4–6**

- Saturday, Nov. 14, 3 p.m.

***North Ridgeville Branch of Lorain Public Library System***

**Browser's Reading Buddies (ages 5–12)**

- Saturday, Nov. 14, 10:30 a.m

**Sensory-Friendly Noon Year's Eve Celebration**

- Wednesday, Dec. 30, 11:30 a.m.

***Parma-Snow Branch of Cuyahoga County Public Library***

**Next Chapter Book Club (ages 14+)**

- Saturday, Nov. 28, 11 a.m.

***Westlake Porter Public Library***

**Adapted Weekend Fun: Seasonal Fun**

- Saturday, Dec. 5, 11 a.m.