BOARD OF EDUCATION PRESENTATION

Supporting the Whole Student

Building a proactive, Student- Centered Counseling and Wellness Department

WHY

Enhanced Student Support

HOW

Unified Counseling Department

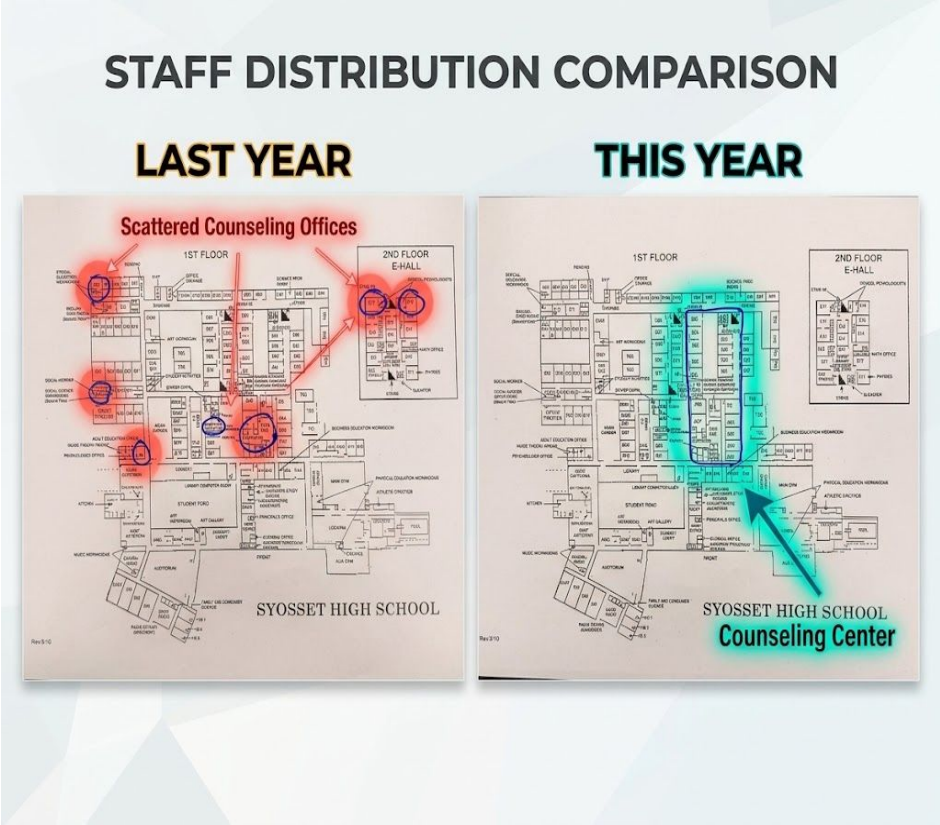
WHAT

Centralized Counseling Space

"Supporting the Whole Student. Empowering Every Future."

THE STRATEGIC FORMULA

Moving with Intentionality



Increased Collaboration

Co-located counselors, psychologists, and social workers.

+

Intentional Structure

Student centered focus.

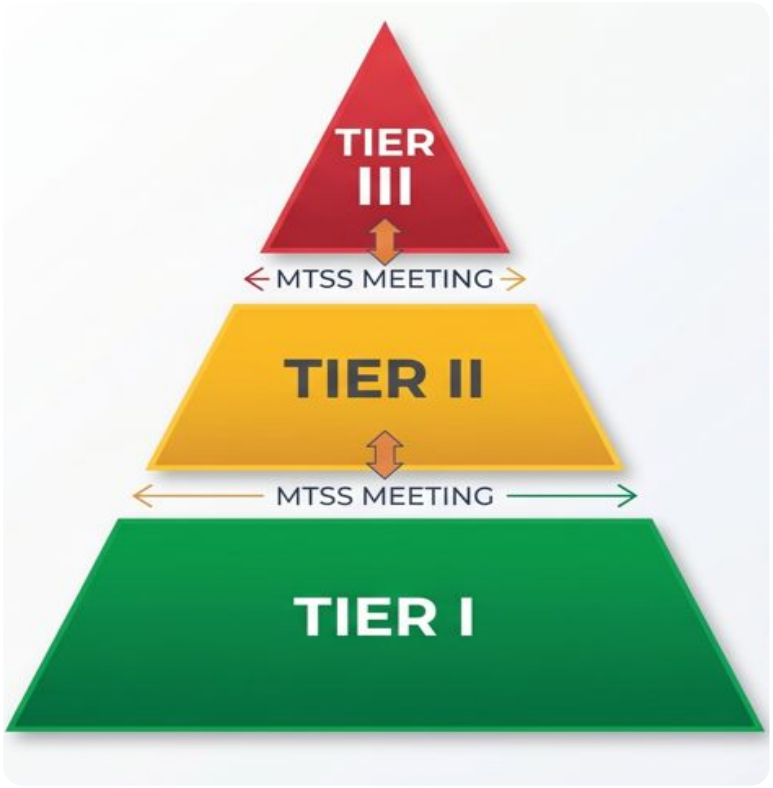
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Expanded Student Opportunity

Destigmatized help-seeking and postsecondary readiness.

DELIVERY MODEL

The Right Support at the Right Time – Through the Lens of MTSS



TIER 3 • INDIVIDUALIZED CARE

Intensive Intervention

Individual crisis stabilization and external Northwell Health clinical partnerships.

TIER 3 SUPPORTS

- Safety Plans
- Wrap-around Services
- Crisis Interventions
- Behavioral Supports

TIER 2 • SMALL GROUPS

Targeted Groups

Short-term coping workshops, bereavement circles, and new-student peer cohorts.

TIER 2 SUPPORTS

- Peer Mediations
- Weekly Check-ins
- Student Support Groups
- Executive Functioning

TIER 1 • ALL STUDENTS

Universal Prevention

Schoolwide coping skills, wellness lessons, and universal support systems.

TIER 1 SUPPORTS

- Advisory Program
- Mental Health Education
- P.R.I.D.E/PAL
- Counseling Conferences
- Clubs
- Wellness Curriculum

ACTION & ACCOUNTABILITY

Implementation Roadmap

STEP 01

Foundation

Planned space utilization & vision.

- Intentional staff training completed
- Planned intentional space layout

STEP 02

Launch

Assimilate students into the space.

- Engaged diverse student groups
- Welcomed targeted student groups & clubs

STEP 03

Integrate

Expand MTSS & post-secondary planning.

- Scaled Tier 2 small group workshops
- Partnered with faculty across departments



STEP 04

Evaluate

Review data & refine offerings.

- Analyze student utilization metrics
- Evaluate student needs

"Supporting the Whole Student. Empowering Every Future."

Syosset High School Counseling Department

THOUGHTFUL LAYOUT

Three Purposeful, Complementary Spaces

SPACE 01 / 03 | TIER 1 | TIER 2

Counseling Resource Center

College, Career & Life Skills Hub

An active workspace equipping every student with postsecondary confidence and practical tools.

CORE FOCUS AREAS

- **Multifaceted Centralized Community Hub**
- **Build and Maintain Relationships**
- **College and Career Access**



PHYSICAL INFRASTRUCTURE

Three Purposeful, Complementary Spaces

SPACE 02 / 03 | TIER 1 | TIER 2

Wellness Room

The Wellness Corner & Decompression

A proactive setting for early intervention, emotional regulation, and evidence-based skills.

CORE FOCUS AREAS

- **DBT- Universal Coping Skills**
- **Anxiety/Stress Support**
- **Belonging & Inclusion**



PHYSICAL INFRASTRUCTURE

Three Purposeful, Complementary Spaces

SPACE 03 / 03 TIER 3

Room To Breathe

Private De-escalation and Reset Space

A quiet, supportive environment designed for stress management, emotional grounding, and student self regulation.

CORE FOCUS AREAS

- **Emotional Grounding**
- **Proactive Reset**
- **Link to Care (as necessary)-** Northwell Health



Syosset High School Counseling Department

PROGRAM IMPACT

Comprehensive Student Support

Conclusion

Multidisciplinary Support Services

Empowering Students for Postsecondary Success

When support is accessible, visible, and proactive, student stress decreases, academic engagement increases, and school climate improves.

Investment in this space has expanded preventive interventions, empowering students to proactively manage stress.

"By supporting the whole student today, we truly empower every future tomorrow."

