PHS Lunch Menu

December 2026

Alternate Lunch Options Offered Daily:

Hummus Box w/ Whole Grain Flatbread and Assorted Veggies

Yogurt Parfait w/ Homemade Granola

Pumpkin Pie Parfait

Chicken Ceasar Salad w/ Local Hydroponic Lettuce

Signature Wrap: Kick'n Chicken

Or

Deli Bar
Choice of
Boar's Head
Turkey, Ham, Buffalo Chicken, Tuna. Combo

Cheese: American, Provolone, Pepper Jack

Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Jalapeno Peppers, Olives, Mayo, Mustard, Hot Sauce

Lunch Pricing:
Free: Free
Reduced: Free
Paid Students: Hot Lunch $4.05
Paid Students: Deli/Alternate $4.55
Milk only: $0.75

Monday	Tuesday	Wednesday	Thursday	Friday
30 Bosco Sticks w/ Marinara Sauce Or Fruit Smoothie w/ Pretzel Rainbow Fruit & Veggie Tray	1 French Toast Sticks w/ Turkey Sausage Rainbow Fruit & Veggie Tray	2 Half Day Deli Sandwiches Hummus Boxes Rainbow Fruit & Veggie Tray Half Day	3 Chicken Patty Regular or Spicy Oven Baked Fries Rainbow Fruit & Veggie Tray	4 Assorted Pizza Mixed Green Salad w/ Maple Balsamic Dressing Rainbow Fruit & Veggie Tray
7 Pulled BBQ Chicken Sandwich Oven Baked Fries Coleslaw Rainbow Fruit & Veggie Tray	8 Orange Chicken w/ Brown Rice Rainbow Fruit and Veggie Tray	9 Rotini w/ Meat Sauce Texas Toast Garlic Bread Rainbow Fruit & Veggie Tray	10 Popcorn Chicken Oven Baked Fries Dinner Roll Rainbow Fruit & Veggie Tray	11 Assorted Pizza Mixed Green Salad w/ Maple Balsamic Dressing Rainbow Fruit & Veggie Tray
14 Mozzarella Sticks or Fruit Smoothie w/ Pretzel Rainbow Fruit & Veggie Tray	National Cupcake Day! 15 Grilled Cheese w/ Oven Baked Fries Tomato Soup Cupcake! Rainbow Fruit & Veggie Tray	16 Steak Sandwich w/ Onion Rings Frozen Jolly Treat Rainbow Fruit & Veggie Tray	17 Chicken Tenders w/ Oven Baked Fries Snowman Pretzel Rainbow Fruit and Veggie Tray	18 Assorted Pizza Mixed Green Salad w/ Maple Balsamic Dressing Snowman Treat Rainbow Fruit & Veggie Tray
21 **Snowflake Waffle** Dutch Waffle with Powdered Sugar w/ Chicken Sausage Rainbow Fruit & Veggie Tray	22 Cheese Quesadilla w/ Salsa & Sour Cream Winter Cookie Rainbow Fruit & Veggie Tray	23 Half Day Deli Sandwiches Hummus Boxes Rainbow Fruit & Veggie Tray Half Day		

All salads are made with Hydroponic Lettuce from H2O Farm in Guilford

Maple Balsamic Dressing made with Maple Syrup from Perkins Sugar House in Bristol

All meals options are served with a two fruit, two veggies and a milk. Choice of 1% white milk, non-fat chocolate milk & non-fat strawberry milk

Enjoy your winter break!

This institution Is an equal opportunity provider