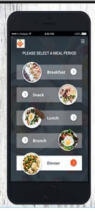
Windsor Locks Middle School

Welcome to our Lunch Cafe

12/01/2026 - 12/04/2026

	Monday	Tuesday	Wednesday	Thursday	Friday
World Market		Meatball Dunkers *meatballs with marinara dipping sauce* WG Garlic Texas Toast	Homemade Chicken & Broccoli Alfredo *grilled chicken and broccoli florets tossed in a creamy sauce over tender pasta*	Crispy Tacos *homemade spicy taco meat inside a crispy taco shell topped with cheese* Fiesta Corn And Cheese Sauce	Tot Spot's Buffalo Chicken Tater Tots *crispy tater tots topped with buffalo chicken and drizzled with ranch dressing and scallion garnish* With Dinner Rolls
	AVAILABLE DAILY ON HEALTHY HARVEST: ASSORTED SEASONAL FRESH & CUPPED FRUITS & VEGETABLES.				
Miss Ruby's Grill		Pizza Burger *burger topped with pizza sauce, mozzarella cheese and romaine lettuce on a bun*	BBQ Chicken Sandwich *warm baked chicken smothered in BBQ sauce on a bun and prepared in-house*	English Cheddar Burger *freshly grilled burger topped with cheddar cheese, sautéed onions, crisp lettuce and tomatoes on a bun*	Chicken Bacon Sandwich *tender, crispy chicken patty topped with crispy bacon and leaf lettuce*
	AVAILABLE DAILY: HAMBURGERS, CHEESEBURGERS, CHICKEN PATTY, SPICY CHICKEN PATTY SANDWICHES.				
La Cucina		Buffalo Chicken Pizza *buffalo chicken strips with mozzarella, parmesan, marinara sauce on fresh pizza dough*	Pepper & Onion Pizza *freshly made pizza dough topped with marinara sauce, mozzarella and sauteed peppers and onions*	Meat Lovers Pizza *fresh pizza topped with sausage, meatballs and pepperoni*	Hawaiian Pizza *ham and pineapple chunks over a cheese pizza slice*
	AVAILABLE DAILY: WHOLE GRAIN DOUGH CHEESE & PEPPERONI PIZZA.				
Great American Sandwich Co. / Real Meals Express	Boar's Head	Classic Chef Salad *fresh lettuce topped with sliced deli meats and cheeses*	BLT Sandwich *warm sandwich prepared in-house topped with crispy bacon, fresh lettuce and tomato slices*	Crispy Chicken Garden Salad *fresh garden salad topped with baked crispy chicken and served with dinner roll(s)*	American Beauty *freshly made sandwich with thinly sliced turkey and cheese, crispy lettuce and tomato*
	AVAILABLE DAILY: MADE TO ORDER SANDWICHES & SALADS.				
Healthy Harvest		Fresh Apple Fresh Banana Fresh Orange Black Beans Broccoli Bites Fresh Baby Carrots Cucumber Coins Cherry Tomatoes Garden Salad	Fresh Apple Fresh Banana Fresh Orange Black Beans Broccoli Bites Fresh Baby Carrots Cucumber Coins Cherry Tomatoes Garden Salad	Fresh Apple Fresh Banana Fresh Orange Black Beans Broccoli Bites Fresh Baby Carrots Cucumber Coins Cherry Tomatoes Garden Salad	Fresh Apple Fresh Banana Fresh Orange Black Beans Broccoli Bites Fresh Baby Carrots Cucumber Coins Cherry Tomatoes Garden Salad
	AVAILABLE DAILY: ASSORTED SEASONAL FRESH & CUPPED FRUITS & VEGETABLES.				



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Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. * Menu is subject to change, notice posted when available. * In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. * This institution is an equal opportunity provider.

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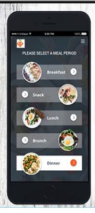
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Windsor Locks Middle School

Welcome to our Lunch Cafe

12/07/2026 - 12/11/2026

	Monday	Tuesday	Wednesday	Thursday	Friday
World Market	Cinnamon French Toast Sticks *French toast sticks baked to perfection* Syrup Potato Puffs BRUNCH FOR LUNCH TODAY!	Chicken Bowl with Gravy *chicken layered with mashed potatoes and corn, smothered in gravy*	Homemade Pasta & Meatballs *freshly baked meatballs with tomato sauce over pasta*	Nachos Grande *tortilla chips topped with freshly prepared mexi style meat and cheese* Pico De Gallo	Chicken Tenders *breaded chicken tenders* Baby Carrots & Celery Sticks Student Faves
	AVAILABLE DAILY ON HEALTHY HARVEST: ASSORTED SEASONAL FRESH & CUPPED FRUITS & VEGETABLES.				
Miss Ruby's Grill	Buffalo Burger *grilled burger topped with hot sauce and blue cheese with lettuce and tomato on a bun*	Pizza Burger *burger topped with pizza sauce, mozzarella cheese and romaine lettuce on a bun*	BBQ Chicken Sandwich *warm baked chicken smothered in BBQ sauce on a bun and prepared in-house*	English Cheddar Burger *freshly grilled burger topped with cheddar cheese, sautéed onions, crisp lettuce and tomatoes on a bun*	Chicken Bacon Sandwich *tender, crispy chicken patty topped with crispy bacon and leaf lettuce*
	AVAILABLE DAILY: HAMBURGERS, CHEESEBURGERS, CHICKEN PATTY, SPICY CHICKEN PATTY SANDWICHES.				
La Cucina	Broccoli Pizza *cheese pizza topped with broccoli*	Buffalo Chicken Pizza *buffalo chicken strips with mozzarella, parmesan, marinara sauce on fresh pizza dough*	Pepper and Onion Pizza *fresh pizza topped with peppers and onions*	Meat Lovers Pizza *fresh pizza topped with sausage, meatballs and pepperoni*	Hawaiian Pizza *ham and pineapple chunks over a cheese pizza slice*
	AVAILABLE DAILY: WHOLE GRAIN DOUGH CHEESE & PEPPERONI PIZZA.				
Great American Sandwich Co. / Real Meals Express	Tuna Salad Sandwich *freshly made sandwich topped with creamy tuna salad*	Classic Chef Salad *fresh lettuce topped with sliced deli meats and cheeses*	BLT Sandwich *warm sandwich prepared in-house topped with crispy bacon, fresh lettuce and tomato slices*	Crispy Chicken Garden Salad *fresh garden salad topped with baked crispy chicken and served with dinner roll(s)*	American Beauty *freshly made sandwich with thinly sliced turkey and cheese, crispy lettuce and tomato*
	AVAILABLE DAILY: MADE TO ORDER SANDWICHES & SALADS.				
Healthy Harvest	Fresh Apple Fresh Banana Fresh Orange Diced Pear Cup Sliced Peaches Broccoli Bites Fresh Baby Carrots Cucumber Coins Cherry Tomatoes	Fresh Apple Fresh Banana Fresh Orange Diced Pear Cup Sliced Peaches Broccoli Bites Fresh Baby Carrots Cucumber Coins Cherry Tomatoes Garden Salad	Fresh Apple Fresh Banana Fresh Orange Diced Pear Cup Sliced Peaches Broccoli Bites Fresh Baby Carrots Cucumber Coins Cherry Tomatoes Garden Salad	Fresh Apple Fresh Banana Fresh Orange Diced Pear Cup Sliced Peaches Broccoli Bites Fresh Baby Carrots Cucumber Coins Cherry Tomatoes Garden Salad	Fresh Apple Fresh Banana Fresh Orange Diced Pear Cup Sliced Peaches Broccoli Bites Fresh Baby Carrots Cucumber Coins Cherry Tomatoes Garden Salad
	AVAILABLE DAILY: ASSORTED SEASONAL FRESH & CUPPED FRUITS & VEGETABLES.				



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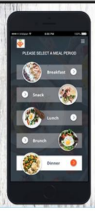
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Windsor Locks Middle School

Welcome to our Lunch Cafe

12/14/2026 - 12/18/2026

	Monday	Tuesday	Wednesday	Thursday	Friday
World Market	Mozzarella Sticks *crispy mozzarella sticks filled with gooey cheese, perfect for dipping into your favorite sauce* With Tomato Sauce Dip MEATLESS MONDAY	Yard Bird Classic Chicken Sandwich *a delicious chicken filet on a hearty bun, served with special sauce and a pickle* Oven Baked Fries YARD BIRD	Pasta with Meat Sauce *freshly cooked pasta with meat sauce* Steamed Carrots	Mission Burrito *authentic fiesta style meat topped with sour cream, beans, seasoned rice, shredded cheese and crisp lettuce inside a soft tortilla shell assembled in-house*	Buffalo Chicken Dip *chicken mixed with hot sauce, cream cheese, ranch dressing and sprinkled cheddar cheese on top* Veggie Dippers
	AVAILABLE DAILY ON HEALTHY HARVEST: ASSORTED SEASONAL FRESH & CUPPED FRUITS & VEGETABLES.				
Miss Ruby's Grill	Buffalo Burger *grilled burger topped with hot sauce and blue cheese with lettuce and tomato on a bun*	Pizza Burger *burger topped with pizza sauce, mozzarella cheese and romaine lettuce on a bun*	BBQ Chicken Sandwich *warm baked chicken smothered in BBQ sauce on a bun and prepared in-house*	English Cheddar Burger *freshly grilled burger topped with cheddar cheese, sautéed onions, crisp lettuce and tomatoes on a bun*	Chicken Bacon Sandwich *tender, crispy chicken patty topped with crispy bacon and leaf lettuce*
	AVAILABLE DAILY: HAMBURGERS, CHEESEBURGERS, CHICKEN PATTY, SPICY CHICKEN PATTY SANDWICHES.				
La Cucina	Broccoli Pizza *cheese pizza topped with broccoli*	Buffalo Chicken Pizza *buffalo chicken strips with mozzarella, parmesan, marinara sauce on fresh pizza dough*	Pepper and Onion Pizza *fresh pizza topped with peppers and onions*	Meat Lovers Pizza *fresh pizza topped with sausage, meatballs and pepperoni*	Hawaiian Pizza *ham and pineapple chunks over a cheese pizza slice*
	AVAILABLE DAILY: WHOLE GRAIN DOUGH CHEESE & PEPPERONI PIZZA.				
Great American Sandwich Co. / Real Meals Express	Tuna Salad Sandwich *freshly made sandwich topped with creamy tuna salad*	Cobb Salad *fresh lettuce topped with bacon, baked chicken, shredded cheddar, and chopped egg*	Classic Chef Salad *fresh lettuce topped with sliced deli meats and cheeses*	Crispy Chicken Garden Salad *fresh garden salad topped with baked crispy chicken and served with dinner roll(s)*	Classic Chef Salad *fresh lettuce topped with sliced deli meats and cheeses* American Beauty
	AVAILABLE DAILY: MADE TO ORDER SANDWICHES & SALADS.				
Healthy Harvest	Fresh Apple Fresh Banana Fresh Orange Black Beans Broccoli Bites Fresh Baby Carrots Cucumber Coins Cherry Tomatoes Garden Salad	Fresh Apple Fresh Banana Fresh Orange Black Beans Broccoli Bites Fresh Baby Carrots Cucumber Coins Cherry Tomatoes Garden Salad	Fresh Apple Fresh Banana Fresh Orange Black Beans Broccoli Bites Fresh Baby Carrots Cucumber Coins Cherry Tomatoes Garden Salad	Fresh Apple Fresh Banana Fresh Orange Black Beans Broccoli Bites Fresh Baby Carrots Cucumber Coins Cherry Tomatoes Garden Salad	Fresh Apple Fresh Banana Fresh Orange Black Beans Broccoli Bites Fresh Baby Carrots Cucumber Coins Cherry Tomatoes Garden Salad
	AVAILABLE DAILY: ASSORTED SEASONAL FRESH & CUPPED FRUITS & VEGETABLES.				



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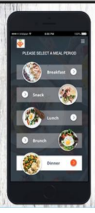
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Windsor Locks Middle School

Welcome to our Lunch Cafe

12/21/2026 - 12/25/2026

	Monday (Meatless Monday)	Tuesday	Wednesday	Thursday	Friday
World Market	Cheesy Stuffed Bread Sticks *baked bread sticks filled with melted cheese* Tomato Sauce Dip	Soft Tacos *freshly prepared fiesta-style meat with melted cheese wrapped in a warm soft taco shell* Mexican Rice	Chicken Corn Dog *juicy chicken hot dog surrounded with a corn dog crust* Oven Baked Fries		
AVAILABLE DAILY ON HEALTHY HARVEST: ASSORTED SEASONAL FRESH & CUPPED FRUITS & VEGETABLES.					
Miss Ruby's Grill	Buffalo Burger *grilled burger topped with hot sauce and blue cheese with lettuce and tomato on a bun*	Pizza Burger *burger topped with pizza sauce, mozzarella cheese and romaine lettuce on a bun*	BBQ Chicken Sandwich *warm baked chicken smothered in BBQ sauce on a bun and prepared in-house*		
AVAILABLE DAILY: HAMBURGERS, CHEESEBURGERS, CHICKEN PATTY, SPICY CHICKEN PATTY SANDWICHES.					
La Cucina	Broccoli Pizza *cheese pizza topped with broccoli*	Buffalo Chicken Pizza *buffalo chicken strips with mozzarella, parmesan, marinara sauce on fresh pizza dough*	Pepper and Onion Pizza *fresh pizza topped with peppers and onions*		
AVAILABLE DAILY: WHOLE GRAIN DOUGH CHEESE & PEPPERONI PIZZA.					
Great American Sandwich Co. Real Meals Express	Tuna Salad Sandwich *freshly made sandwich topped with creamy tuna salad*	Chicken Waldorf Salad with Dinner Rolls *diced fresh apples, chopped celery, sour cream and grilled chicken salad*	Classic Chef Salad *fresh lettuce topped with sliced deli meats and cheeses*		
AVAILABLE DAILY: MADE TO ORDER SANDWICHES & SALADS.					
Healthy Harvest	Fresh Apple Fresh Banana Fresh Orange Black Beans Broccoli Bites Fresh Baby Carrots Cucumber Coins Cherry Tomatoes Garden Salad	Fresh Apple Fresh Banana Fresh Orange Black Beans Broccoli Bites Fresh Baby Carrots Cucumber Coins Cherry Tomatoes Garden Salad	Fresh Apple Fresh Banana Fresh Orange Black Beans Broccoli Bites Fresh Baby Carrots Cucumber Coins Cherry Tomatoes Garden Salad		
AVAILABLE DAILY: ASSORTED SEASONAL FRESH & CUPPED FRUITS & VEGETABLES.					



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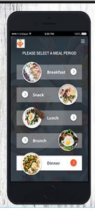
Windsor Locks Middle School

Welcome to our Lunch Cafe

12/28/2026 - 12/31/2026

MEATLESS MONDAY

	Monday	Tuesday	Wednesday	Thursday	Friday
World Market					
	AVAILABLE DAILY ON HEALTHY HARVEST: ASSORTED SEASONAL FRESH & CUPPED FRUITS & VEGETABLES.				
Miss Ruby's Grill					
	AVAILABLE DAILY: HAMBURGERS, CHEESEBURGERS, CHICKEN PATTY, SPICY CHICKEN PATTY SANDWICHES.				
La Cucina					
	AVAILABLE DAILY: WHOLE GRAIN DOUGH CHEESE & PEPPERONI PIZZA.				
Great American Sandwich Co. / Real Meals Express					
	AVAILABLE DAILY: MADE TO ORDER SANDWICHES & SALADS.				
Healthy Harvest					
	AVAILABLE DAILY: ASSORTED SEASONAL FRESH & CUPPED FRUITS & VEGETABLES.				



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