# LIVERMORE INCLUSIVE RECREATION

Explore activities by age | Local programs, seasonal events & special adventures

**AGE KEY: Elementary | Middle School | High School | After High School | All Ages**

## SOCIAL GROUPS & OUTINGS

Connect, make friends, explore your community

### LARPD Youth Sensory Socials

**Elementary + some Middle | ages 5-15**

Sensory play, movement and friendship activities.

**SEASONAL: Winter / spring**

925-960-2485 | vdonaldson@larpd.org

larpd.org

### LARPD Teen Thursday Socials

**Middle + High School | ages 11-17**

Games, crafts, movies and social time.

**SEASONAL: Monthly or session-based**

925-960-2485 | vdonaldson@larpd.org

larpd.org

### LARPD Adult Thursday Socials

**After High School | ages 18+**

Social gatherings, games and outings.

**SEASONAL: Monthly or session-based**

925-960-2485 | vdonaldson@larpd.org

larpd.org

### Livermore Rodeo

**All Ages | family outing**

Rodeo at Robertson Park; check accessible seating.

**SEASONAL: Second weekend of June**

925-447-3008 | info@livermorerodeo.com

livermorerodeo.com

### SUMA Kids, Inc. | CONCORD / REGIONAL OPTION

**Elementary / Middle / High School | Confirm group-specific ages**

Neuro-affirming social groups, parent nights out and community meet-ups.

Supportive opportunities for children and families to connect.

**SCHEDULE: Contact provider for current sessions and openings.**

**925-222-5185 | office@sumakids.com**

sumakids.com | 1170 Burnett Ave., Suite O, Concord

## SPORTS & FITNESS

Play, move and build confidence

### Granada Challenger Baseball

**Elementary / Middle / High | ages 5-17; Senior 18+**

Buddy-supported adaptive baseball.

**SEASONAL: Fall/winter sign-ups; spring games**

challengerrep@granadalittleleague.com

granadalittleleague.com

### Livermore Challenger Baseball

**Elementary / Middle / High | ages 5-17**

Adaptive Little League baseball with volunteer buddies.

**SEASONAL: Oct-Nov registration; spring games**

challenger@livermorelittleleague.com

livermorelittleleague.com/challenger

### Fusion TOPSoccer

**Elementary / Middle / High | ages 5-17**

Inclusive soccer with volunteer buddies.

**SEASONAL: June-July sessions**

925-443-7570 | help@fusionsc.org

fusionsc.org/topsoccer

### ACEing Autism Tennis

**Elementary / Middle / High | ages 5-18**

Adaptive tennis clinics in Livermore.

**SEASONAL: Short clinics; often around May**

livermore@aceingautism.org

aceingautism.org/programs/livermore-ca

### LARPD Adaptive Group Fitness

**Ask about current age eligibility**

Group movement, balance and exercise.

**SEASONAL: Class sessions vary**

925-960-2485 | vdonaldson@larpd.org

larpd.org

### Reins in Motion Foundation

**ALL AGES | Elementary / Middle / High / After High School**

Therapeutic horseback riding with PATH-certified instructors.

Individual lessons support balance, confidence and communication.

**YEAR-ROUND | Waiting list may apply; inquire about openings.**

925-518-7558 | info@reinsinmotionca.com

reinsinmotionca.com

Cayetano Ranch, 4730 Dagnino Road, Livermore

### American Swim Academy - Livermore

**ALL AGES | Elementary / Middle / High / After High School**

Indoor swim lessons, water safety and stroke development.

Water Adaptation Program for swimmers with special abilities (3+).

**YEAR-ROUND | Ask about class level and accommodations.**

925-373-7946 | Livermore@SwimASA.com

americanswimacademy.com/about-us/locations/livermore/

2821 Old First Street, Livermore

## ART, MUSIC & DANCE

Create, express and perform

### LARPD Adaptive Hip-Hop

**Elementary / Middle / High / After HS | ages 4-35**

Inclusive dance and movement to music.

**SEASONAL: Winter / spring sessions**

925-960-2485 | vdonaldson@larpd.org

larpd.org

### LARPD Creative & Art Classes

**All Ages | select age-specific class**

Painting, crafts and creative enrichment; ask about accommodations.

**SEASONAL: Check recreation guide**

925-373-5700 | registration@larpd.org

larpd.org/guide

## AND MORE

Camps, cooking and outdoor adventures

### Friends in the Kitchen

**Elementary / Middle / High / After HS | separate age groups**

Adaptive cooking and social skill-building.

**SEASONAL: Fall / winter / spring**

925-960-2485 | vdonaldson@larpd.org

larpd.org

### Exceptional Needs Network Camp

**Elementary / Middle / High / After HS | ages 6-22**

Overnight adaptive camp at Camp Arroyo, LIVERMORE; 1:1 counselors.

**SEASONAL: Summer; no fall camp in 2026**

925-215-2281 | ennetwork@gmail.com

ennetwork.org/camp/

### LARPD Nature Programs & Camps

**All Ages | varies by activity**

Nature programs, outdoor learning and seasonal camps.

**SEASONAL: Summer camps and other sessions**

925-373-5700 | natureprograms@larpd.org

larpd.org/guide

### Achieve Tahoe (TRAVEL)

**All Ages | confirm individual program ages**

Adaptive outdoor sports in Tahoe; outside Livermore.

**SEASONAL: Winter snow / summer activities**

530-581-4161 | achievetahoe.org

### Union City Library - Adaptive Art (TRAVEL)

**ELEMENTARY / CHILDREN | Ask about age eligibility**

Special-needs-friendly, self-paced art with Art Buds.

A caregiver must attend; advance registration required.

**SEASONAL / SELECT DATES:**

Nov. 21 and Dec. 5, 2026 | 3:00-4:00 PM

510-745-1464 | prubanova@aclibrary.org

aclibrary.bibliocommons.com | Union City, not Livermore

34007 Alvarado-Niles Rd, Union City