December 2026 High School Lunch

A rainbow of fruits and vegetables are available with every meal. Choice of flavored or unflavored milk also available.

EVERYDAY ALTERNATE MEAL CHOICES
Available daily

- Garden Salad
- Deli Sandwich
- International Line
- Alternate Hot Lunch Line

TREATS & DRINKS
À la carte line available daily
Students can purchase additional items to enjoy with their lunch, including healthy bagged snacks, Frazil 100% juice slushies, whole grain chips, ice cream, and more! All options are CT Smart Snack compliant.

STAFF MEALS

- Hot Lunch - $5.25
- Slice of Pizza Only - $3.00

STUDENT LUNCH
High School – $4.25
Free/Reduced – $0.00

This institution is an equal opportunity provider. Menu subject to change based on product availability.
Questions? Contact Food Services at (860) 449-7208

Monday	Tuesday	Wednesday	Thursday	Friday
	12/1 Chicken & Cheese Quesadilla Salsa & Sour Cream, Lettuce, Tomato, Assorted Fruit, Milk	12/2 Pasta Day! Buttered pasta or pasta with meatballs, Parmesan Cheese, Garlic Bread, Veggie, Fruit, Milk	12/3 Breaded Chicken Patty on a Soft Bun, Tater Tots, Assorted Veggies, Fruit, Milk	12/4 Assorted Pizza, Assorted Fruit, Caesar Salad, Milk
12/7 Mozzarella Sticks w/ Marinara, Dinner Roll Green Beans, Fruit, Milk	12/8 Early Dismissal Assorted Grinders w/ Lettuce, Chips Assorted Veggies, Fruit, Milk	12/9 Nacho Day! Seasoned Beef, Warm Cheese Sauce, Tortilla Chips, Fiesta Rice, Salsa, SC, Lettuce, Tomato, Fruit, Milk	12/10 General Tsos Chicken Fried Rice, Mixed Vegetables Fortune Cookie, Fruit, Milk	12/11 Assorted Pizza, Assorted Fruit, Caesar Salad, Milk
12/14 Breaded Chicken Patty on a Soft Bun, Coleslaw, Chips, Assorted Veggies, Fruit, Milk	12/15 Grilled Cheese, Roasted Carrots, Spiral Fries, Fruit, Milk	12/16 French Toast Sticks, Sausage Patty, Hash Brown Assorted Veggies, Fruit, Milk	12/17 Chicken Nuggets w/ Choice of Dip Roasted Broccoli, Garlic Bread, Fruit, Milk	12/18 Assorted Pizza, Assorted Fruit, Caesar Salad, Milk
12/21 Hamburger or Cheeseburger French Fries, Assorted Veggies, Fruit, Milk	12/22 Pizza Crunchers w/ Marinara, Green Beans, Dinner Roll, Fruit, Milk	12/23 Early Dismissal Chef's Choice	12/24 No School!	12/25 No School!
Monday 12/28 - Friday 1/1 : No School - Winter Break! Return to School: Monday 1/4/27				

Students are offered the five meal components: protein, grain, fruit, vegetable, and milk. Students must select at least three components, and one must be a fruit or vegetable, to make a complete meal.