SUMMER RISK & SURVIVAL

GRADES 7-12

QUIZ

Instructions: Select the most accurate response for these high-level safety scenarios.

1. If you are caught in a powerful rip current at a beach, your immediate action should be to:

a) Swim directly against the current back to the beach
b) Swim parallel to the shoreline until you break free from the current
c) Dive to the bottom and hold onto rocks or sand

2. Why are natural waterways (lakes and rivers) inherently more dangerous than swimming pools?

a) The water temperature is always identical from top to bottom
b) They feature shifting currents, zero visibility, hidden debris, and sudden drop-offs
c) They lack concrete walls to hold onto

3. When executing a shore-based rescue for a struggling swimmer, what is the safest initial strategy?

a) Immediately dive into the water and swim out to grab them
b) Wait for them to stop moving before attempting a rescue
c) Use the "Preach, Reach, Throw" method to keep yourself safely on land

4. According to boating and watercraft safety statistics, what substance drastically increases the risk of water accidents by slowing physical response times?

a) Caffeine
b) Sugar
c) Alcohol or drugs

5. NYS boating laws require life jackets to be worn at all times by anyone operating or riding on:

a) Inflatable pool rafts in shallow water
b) Personal watercraft (jet skis), kayaks, canoes and paddleboards
c) Large commercial ferry boats only

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