Monona Grove Pool **November 16-22, 2026**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
***Lap Swim**	6-7:45am 10am-1pm	6:30-7:30am** (2 lanes 6:30-7:30am) 10am-1pm 6-8pm (6-7pm lanes 1 & 2)	10am-1pm 6-8pm (lanes 6-8)	6:30-7:30am** (2 lanes 6:30-7:30am) 10am-1pm 7-8pm (lanes 5-8)	6-7:45am 10am-1pm	7-8am 10-11am**	Pool Closed
Masters		5:30-6:30am 6:30-7:30am		5:30-6:30am 6:30-7:30am			
Swim Lessons	6-8pm (lanes 6-8)						
HS Swim Team	4-6pm	4-6pm	4-6pm	4-6pm		8-10am	
BAC	6-8pm (lanes 1-5)		6-8pm (lanes 1-5)	6-8pm (lanes 1-4)			
Open Water Training		6-7pm (lanes 3-8)		6-7pm (lanes 5-8)			
Open Swim (2 lanes)	10am-1pm		10am-1pm		10am-1pm	10-11am**	

*Expect to share a lane
****Men's locker room closed Mon/Fri 7:30-8:00am, Tue/Thu 7:45-8:00am and Sat 9:55-10:15am.**
Updated 11/17/26

Rates and Passes

Daily Rates: **R** $4/**NR**: $5

	3-Month	Year
Resident (R)	$50	$155
Resident Senior (55+)	$40	$100
Resident Family	$90	$205
Non-Resident (NR)	$75	$240
Non-Resident Senior (55+)	$60	$150
Non-Resident Family	$135	$305
15- Visit Punch Card:	**R**:$50.00/**NR**:$68.00	

Monona Grove Pool Policies

1. The primary responsibility of supervising children rests with the parent or guardian, while the lifeguard's primary duty is emergency response.
2. The pool reserves the right to adjust schedules, combine classes, or close programs as needed.
3. Only Coast Guard-approved life jackets are allowed, and they must be worn with in-water supervision.
4. All swim lessons at MGHS must be conducted by a Monona Grove Pool staff member or approved instructor. Approved instructors must conduct swim lessons during the designated times and with an approved rental agreement and proof of insurance.
5. Locker rooms close 15 minutes after the last scheduled activity.
6. The Monona Grove Pool has a No-Refund policy, except when the Pool cancels a class. A prorated refund may be given in case of severe illness or injury, applied as a Monona Grove Pool credit. Refunds are not provided if a class is incorrectly chosen or if a participant chooses to cancel or withdraw.

Lap Swim

Is for swimming back and forth. Children under 18 must pass deep water test to use lap lanes.
2 swimmers-swim side by side
3 swimmers- circle swimming.

Open Swim

Is for family/toy friendly.
*children who do not pass/do not take deep water test and cannot touch in shallow end at rope must be in USCG approved flotation device and be within arm's reach of parents/guardian.

Deep Water Test

In order to use the lap lanes and swim in the deep end every child under 18 is required to perform the deep water competency test.

- Jump in deep end,
- Tread or float for 1 minute
- Execute a 360 degree turn and orient self to shallow end
- Swim 25 yards of front crawl or elementary backstroke (without resting/stopping for any of the testing)
- Exit the pool from the side (use of ladder, ramp, or stairs is not permitted)

Monona Grove Pool Rules

1. Children under the age of 8 must be within arm's reach of an adult 18 years or older at all times for safety.
2. Children under the age of 12 must have an adult 18 years or older with them in the facility at all times.
3. Diving is allowed only in the 7 ft. water, off the south end of the pool (between the starting blocks). Please avoid diving in the shallow end or along the sides.
4. For safety, please refrain from breath-holding.
5. Enjoy the pool ledge/railing along lane 8 (deep end with no railing is okay), but please avoid jumping or playing on it.
6. Play safely by avoiding horseplay, rough play, running, shoving, or dunking. We encourage behavior that supports everyone's safety and well-being.
7. We ask that you use respectful language while at the pool.
8. To maintain a clean pool environment, all patrons are asked to shower before entering the pool and after using the restroom.
9. For health and safety, patrons with a communicable disease, contagious or infectious conditions, or open wounds or cuts should not enter the pool.
10. For everyone's enjoyment, patrons under the influence of alcohol or other substances may not use the pool or the grounds.
11. Long hair should be securely tied back or covered with a swim cap for everyone's comfort.
12. Please wear appropriate swim attire (no cut-off shorts or clothing with rivets, buttons, or zippers).
13. Patrons who are not toilet-trained are asked to wear swim diapers or rubber pants (over cloth diapers) in addition to a swimsuit. Diaper changing on the pool deck is prohibited.
14. For safety and comfort, please remove shoes when on the pool deck.
15. For the safety of all, animals are not permitted in the pool area.
16. For everyone's comfort, food, drink, gum, and tobacco products are not allowed on the pool deck.
17. To prevent accidents, glass and shatterable items are prohibited in the facility.
18. Please enjoy the pool only when a lifeguard is on duty.
19. We ask that patrons follow the directives of the lifeguard or instructor to ensure a safe and enjoyable experience for all.
20. Use of the diving blocks is limited to swim lessons or coach-supervised swim practice.
21. Facility staff may request a deep-water swim test to ensure safety in certain pool areas.
22. Comply with all applicable laws regarding pool use.