SHAC Committee

# November Meeting 11/12

**12 November 2026 / 4:00PM / ZOOM**

## ATTENDEES

Dr. Roshni Foster, President

Alona Finch, Secretary

Dr. Dawn Jordan

Dr. Erica Swicegood

Krista Nalodka

Dr Fawn Flores

## AGENDA

**1. Welcome and Review**

- Brief recap of October meeting- No further discussion necessary after minutes had been circulated via email

**2. Stock Albuterol and Epinephrine**

- Implementation updates and next steps- Kristin Naldoka (School RN) Discussed updates
- School district has stock epi district wide  Moving forward with abuterol for district.  Dr Foster is planning on providing standing order for district. Need clarification on who can use it. Texas state law is albuterol can be given to any student or employee at school.  This was verified by Dr. Swicegood in the meeting.  Dr Jordan stated that we  need to figure out school policy as that is how RNs can implement in district.

**3. Phone-Free School Day**

- Student and teacher feedback noted although anecdotal and no hard data per Dr. Jordan. Dr Jordan did state that the response has been positive thus far.  Since there isn't any real data, it will not be provided in newsletter.

**4. Wellness Corner**

- Dr Foster has topics for wellness corner through January. She suggested other members of the committee sign up for a month after January to help contribute to the newsletter. Dr. Jordan suggested sending a sign up for members via email.

**5. Focus Area #1: Mental, Emotional, and Social Health**

- Argyle Strong: Wellness Week **--** Possibly spring 2027
    - Dr Jordan recommended needing district approval for the Spring wellness week . She states she is going to share the graphic Dr Foster made for specific days with principals to see their thoughts on implementation. Dr Jordan noted that SHAC can only advise, the district has to implement. Dr Jordan did suggest removing the argyle eagle from the graphic and using the Argyle logo instead as we aren't just eagles anymore. Dr Foster said she would change.

**6. Focus Area #2: Nutrition Services and Food Environment**

- Dr Foster suggested using one week a month to provide health and nutrition information in the District newsletter. The committee agreed. Dr Foster also suggested adding more signs to the cafeteria using free signs she found from the USDA. It was also discussed doing a taste testing for children which was suggested by Jana Weaver who was not present for the meeting. Dr Foster said she would follow up. Alona Finch said the signage would be beneficial as children wait in line for lunches which would give them time to read them.

**7. Focus Area #3: School Health Environment, Safety, and Wellness**

- Discussion of the "When to Stay Home" campaign and how to properly educate parents on when children shouldn't come to school. Alona Finch stated that when she has substituted as the school RN, shes had to educate parents on what constitutes needing to stay home from school. With flu season approaching, Denise King suggested talking to communications and adding a link to the school newsletter with district policy. Krista and Denise to spearhead implementation of that communication.

**8. Priorities, Next Steps and Next Meeting**

- **Asking for speakers to come talk with SHAC- Athletics and Safety and Security heads**

## NOTES and ACTION ITEMS

Send graphic to district regarding wellness week

Newsletter to have at least one nutrition focus each month

Exclusion protocols linked to newsletters

Reaching out to speakers for Committee

Conclusion of Meeting at 4:39pm