DISCovery

October 5
2026

Theme of the Month

Peace



Meet Our Director!

Adam's interview



Reporters (P6 students): Anna-Sofiia Toporova, Agniia Almiasheva, Asia Ponomareva and Zoia Kipriianova

1 What is your favourite place on the school campus?

My favourite place is the atrium, because our whole community comes together there. I also enjoy the higher parts of the campus, because they have beautiful views.

2 Are you happy with the number of students at DIS and the College?

Yes. The College has about 226 boarding students and up to 10 day students. DIS has grown from four students to 165, which makes me very happy.



3 What are your plans for the future of the school?

At the College, we are exploring the IB and more project-based learning. At DIS, we hope to offer more subjects and more opportunities for students after their IGCSE studies.

4 What does peace mean to you?

Peace means feeling safe, sharing ideas openly, listening to others and working together to find solutions.

5 What would you like to see in the school newspaper?

I would like it to be colourful and interesting, with photos, celebrations, interviews and news about our campus.

YOUR TURN!

What would YOU ask our Principal?

A WARM LETTER

Dear DIS Community,

As we close our first month of the school year, two things fill me with pride: the spirit our students have brought to their learning, and an exciting new milestone for our school.

This month, our community came together around a single theme: peace - peace in our hearts, peace in our classrooms, peace on our playground, and peace throughout our school. I have watched our students settle into their routines with patience and kindness, learning to respect one another, listen with open hearts, and choose calm over conflict. These are foundations for everything we build this year.

At the same time, I am delighted to celebrate another first for our school: the launch of DIScovery, our very first newsletter. A dedicated group of secondary students, guided by Viktorya and Serine, have worked with real creativity and commitment to bring this publication to life, and I could not be prouder of what they have created.

To our students, parents, and staff: thank you for making this a school where peace and purpose go hand in hand.

Warmly,
Namrata
Head of the School



Meet the DIScovery team



Editors

Aleksandr Fokin
Lakduli BandaranaYake
Uliana Melnikova
Ian Akopian
Aleksandr Loginov
Varvara Makarova
Veronika BablumYan
DuoDuo Xu
Frances HovhannisYan

Newsletter advisor

Namrata Lund

Supervisor

ViktorYa PetrosYan

Support

Serine GasparYan

MEET OUR HEAD OF THE SCHOOL!

Namrata's interview



1 What does peace mean to you personally?

Peace starts from within. If I am at peace with myself, I can be at peace with the people around me.

2 Why is peace important in a school community?

Peace helps us solve problems without fighting or getting angry. There is always a peaceful way to solve problems.



3 What is one lesson about peace that every child should learn?

Be at peace with yourself first. Things like meditation can help us feel calm.

4 Can school help create a more peaceful world?

Yes. Our school has people from many different countries and cultures. By learning about each other, we become better friends and understand the world better.

5 Can small acts of kindness contribute to peace?

Yes. Even a smile or saying "thank you" can make a difference. Small acts of kindness can help people feel respected and appreciated.

Reporters:

Sevan Tristan Wolfe
Monte Dylan Wolfe
Maximilian Yost
Emma Sandoval Sanchez
David Yeghoyan
Monte Avagyan

LET'S GET TO KNOW YOUR TEACHERS



Anna KarapetYan

Learning Support Assistant in P5 and P6;
Armenian Language Teacher.

Anna came to DIS because she loves our international school family and how everyone helps each other learn. She believes curiosity is the most important thing for students because wanting to learn turns school into an exciting adventure! Her favorite days are when students work together, help one another, and feel proud of what they make. She wishes for all her students to stay happy, brave, excited to learn new things every day. To keep our classroom peaceful and happy, she makes sure everyone listens to each other and gives students quiet time to take a deep breath when they need a break.



GaYane ApoYan

Learning Support Assistant in P1

Gayane shares that teaching at DIS was her big dream, and she thinks it is the best place to be. She believes being hardworking is the best quality for students because when you try your best, you can do anything! Her favorite days are every single day filled with smiles, fun, and learning together. Her special wish for her students is to enjoy every moment at school and do their very best to grow. For Ms. Gayane, a calm classroom isn't just a quiet room—it is a place where students share, care, and work together like a team.



Ester IsahakYan

DIS Administrative Assistant and Examination Officer
CIS Accreditation Coordinator

Ester loves our international community, getting things done, and sharing special Armenian songs and dances in class. She believes being ready and involved in class is key to doing well. Her favorite memory so far was dancing the Kochari together with her students at the end of Armenian class! Her biggest wish is for her students to make great friends, enjoy school, and build wonderful memories. To make sure everyone feels safe to ask questions and try without fear of making mistakes, Ms. Ester starts every lesson with a calm and gentle routine.



For our P1 students, peace begins with kindness, care, and responsibility. Together, we created classroom responsibilities that encourage children to look after one another and our shared environment

Theme of the month

Peace









In this edition focused on peace, our P2 learners share how caring for our local area helps build a peaceful community. They have been exploring their local area—Dilijan city in Armenia—and creating beautiful 3D group projects. Together, they built valleys, rivers, mountains, lakes, and forests, and added animals that live in each place.

making peace





As part of our focus on peace, P3 and P4 joined a worldwide kite-running initiative inspired by Italian freediving champion Alessia Zecchini.

Children wrote peaceful messages on kites and flew them together, celebrating peace, freedom, kindness and solidarity with children around the world.



P5 explored what peace means and how we can create a kinder world, sharing ideas about kindness, friendship, respect and helping others under the message "Peace begins with me."





As part of Humanities, P3 children explored the origins of the Ancient Greek Olympic Games, making olive leaf crowns and discussing how sport brings people together in peace and friendship.



PEACE IN ACTION



Our LS students recently explored peace beyond the absence of conflict through a creative poster project. Reflecting on what peace senses like to them, they expressed their ideas through words, art, and symbols. By sharing ideas and practicing empathy, kindness, and respect, they showed that peace truly begins with each one of us.



Our US2 students are exploring peace through every medium! From silent skits and multilingual poetry to an upcoming performance and leading a whole-school singalong of "Count on Me", they are reminding us all that peace begins with friendship and showing up for others.

From Kindergarten to US2





In Kindergarten, we explored peace through our unit "Making Friends and Being Kind." Through stories, discussions, and play, the children learned to use kind words, share, help one another, and respect each other's feelings—discovering that small acts of kindness make our classroom a happy, peaceful place!

UWC Day



UWC Day is the annual global celebration of the UWC movement, held every year on 21 September to coincide with the International Day of Peace. It highlights UWC's mission of uniting people for peace and sustainability and is celebrated worldwide through events, activities, and community initiatives.

What's Happening in October

October 1 st – "World Vegetarian Day"



It is about people, who eat more vegetable, than animal food and think, that life without meat is also delicious.

October 16 th – "World Singing Day"

This is the global sing – along day for everyone to party together.



October 17 th - World Pasta Day

Many people celebrate this day by making and eating Pasta. There are 191 different types of pastas. Interesting, isn't it?



October 26 th – National Pumkin Day

On this day people buy many pumpkins , decorate them, also make pumpkin dishes for dinnertime.



October 28 th - National Chocolate Day

We all like chocolates a lot, so this day is for all of us to celebrate. Did you know that chocolate is 2500 years old?

Community Pets

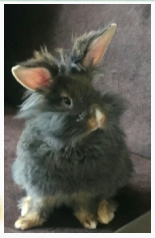


Meet Our Campus Cat Mish – Mish: The Stairway VIP!



Every day, our special campus cat takes her official position at the top of the stairs, ready to welcome everyone on the way to the canteen. She loves attention and makes sure to say goodbye when we leave—as if she were the campus manager on duty! For students and staff who live on campus, she is more than just a cat. With her own personality, honoured rights, and important position, she is a true campus member—and definitely one of our most popular furry celebrities.

Meet Pushok: Viktorya's Fluffy Family Star!



Pushok—whose name means "fluffy"—is a very special Lionhead rabbit with a big personality. She responds to commands, loves to play, and performs hilarious acrobatic moves whenever we are leaving, hoping to make us stay a little longer. She enjoys fruits and leafy greens and is always ready for her next meal—she is a true little foodie! Pushok has become much more than a pet; she is a beloved member of our family.

