Encinitas UNION SCHOOL DISTRICT

December

Breakfast & Lunch Menu

GREEN GARDEN CAFE

2026

Breakfast Menu

Breakfast is served every morning before school and includes the choice of entrée, fruit, yogurt, milk, and string cheese.

Monday:
-Vanilla Pancake Bites
-Sweet Bread Concha
-Assorted Cereal

Tuesday:
-Banana Bread
-Bagel & Cream Cheese
-Assorted Cereal

Wednesday:
-Bacon & Cheese Egg Bites
-Maple Belgian Waffle
-Assorted Cereal

Thursday:
-Scratch-made Chocolate Chip Muffin
-Ham & Cheese Croissant
-Assorted Cereal

Friday:
-Hand-rolled Breakfast Burrito (Soy Chorizo, Egg & Cheese)
-Fresh Baked Chocolate Chip Scone
-Assorted Cereal

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Crunchy Grass Fed Organic Beef Taco Crispy Chicken Breast Sandwich Veggie Burger Wowbutter & Jelly Sandwich with String Cheese	2 Buffalo Chicken Wings (mild) & Garlic Knot Mozzarella Stuffed Breadsticks & Marinara Yogurt & Granola Mini Rice Krispie Treat	3 Chicken & Waffles EUSD Cheese Pizza EUSD BBQ Chicken Pizza Oatmeal Benefit Bar & Yogurt Smoothie	4 Grass Fed Beef Hamburger Grass Fed Beef Cheeseburger Pretzel Bites with Cheese Dipping Sauce Yogurt & Granola Brookie
7 Four Cheese Tortellini Pasta with EUSD Marinara & Garlic Knot EUSD Cheese Pizza EUSD Margarita Pizza "Build Your Own" Cheese Pizza	8 Bean & Cheese Burrito Crispy Chicken Tenders Wowbutter & Jelly Sandwich with String Cheese	9 Orange Chicken & Brown Rice Stuffed Cheese Quesadilla Stuffed Quesadilla with Grilled Chicken Yogurt & Granola Fortune Cookie	10 Creamy Chicken Alfredo Pasta EUSD Cheese Pizza EUSD Pepperoni Pizza Oatmeal Benefit Bar & Yogurt Smoothie	11 Brunch for Lunch with Grass Fed Pork Sausage Chicken Corn dog (Nitrate free) Yogurt & Granola Fresh Baked Celebration Cookie
14 Baked Potato with Cheese Sauce & Toppings EUSD Cheese Pizza EUSD Pineapple Pizza "Build Your Own" Cheese Pizza Whole Fruit Popsicle	15 Baja Fish Taco & Tortilla Chips Grass Fed Beef Hamburger Veggie Burger Wowbutter & Jelly Sandwich with String Cheese	16 Bowtie Pasta with Butter Parmesan Sauce & Garlic Knot Grilled Cheese Sandwich Yogurt & Granola Mini Rice Krispie Treat	17 Fiesta Nachos with Grass Fed Organic Beef EUSD Cheese Pizza EUSD Pepperoni & Sausage Pizza Oatmeal Benefit Bar & Yogurt Smoothie	18 Grass Fed Beef Hot dog Mac & Cheese Yogurt & Granola Whole Fruit Popsicle
Winter Break (December 21 – January 4)				

Contains Pork:
Gluten Free: GF
Scratch-made:
Vegetarian:
Vegan: no animal products

Meals are FREE for all EUSD Students!
Adult & Visitor Pricing:
Lunch: $6.00
Breakfast: $4.00

Daily Salad Bar:

Fresh, Seasonal, Local!

Unlimited Daily Salad bars are part of every school lunch, featuring EUSD Farm Lab Grown organic lettuce and seasonal veggies!

Mondays: California Grown Cutie Tangerines & Jicama
Tuesdays: Locally Grown Sliced Oranges & Celery
Wednesdays: California Grown Honeydew Melon & Locally Grown Dassi Farms Persian Cucumbers
Thursdays: California Grown Kiwi & Broccoli
Fridays: California Grown Strawberries & Bananas
Various dressings are offered daily including a GF option.

School Meal Information

To view school menus, nutrition facts, and meal program information, visit our EUSD Child Nutrition Services website for more details (https://www.eusd.net/departments/child-nutrition-services) or download our Mobile Menu App at www.schoolcafe.com. Lunch includes: 1 entrée, unlimited salad bar (full of local/organic fruits & veggies), locally sourced milk, and any side items. No paperwork is needed to receive free meals at school. To receive lunch, students will either scan their lunch card or enter their four-digit pin number when they go through the lunch line (both provided at the beginning of the SY). If you have any questions or concerns, please email Lea Bonelli, Director of Child Nutrition Services: lea.bonelli@eusd.net.

Food Allergies:

- A variety of **Gluten Free (GF) and vegetarian entrees** are offered throughout the week. Some GF entrées are GF without the bread/bun/tortilla/etc. Corn tortillas available upon request. Please not that we serve GF items, but our kitchens are not GF facilities.
- **Plant-based/Vegan options** available daily upon request (Hummus & Pretzels, Sunbutter Sandwich, Balsamic Dressing). We do not serve any entrées that contain **peanuts or tree nuts**; however, we are not considered a nut free facility. Items may be processed in facilities that also process nuts and other allergens.
- If your child needs a special meal accommodation, please fill out the Request for Special Meals Form (found in the Allergies section of the CNS webpage) and return to your school nurse. Accommodations forms must be signed by a medical professional.

Menus are subject to change without notice

This institution is an equal opportunity provider

ENCINITAS UNION SCHOOL DISTRICT
CHILD NUTRITION SERVICES

MEET OUR VENDORS KNOW OUR PRODUCTS

CREAM CO. MEATS

Cream Co. works with over 20 sustainable, regenerative, and organic family farms in northern California. Our beef, pork and chicken come from a variety of farms including Mary's Chicken and Beeler's Pork.

EUSD FARM LAB

Our certified organic EUSD Farm Lab provides seasonal produce for our salad bars at every school. This includes organic lettuce, carrots, cucumbers, tomatoes, corn, beets, etc. Not to mention all of the tomatoes used in our scratch made pizza and pasta sauces.

DICKINSON FAMILY FARMS

Based in Fallbrook, Dickinson Family Farms provides, local, seasonal, and organic produce to our schools, including dragon fruit, finger limes, oranges, apples, avocados, etc.

LA FE TORTILLERIA

Based in San Marcos, La Fe Tortilleria is a multi-generational family run business that delivers authentic, fresh tortillas weekly!

LOPES FAMILY FARMS RICE

This family-owned organic farm in Princeton, California, utilizes an ancient Chinese rice farming technique that incorporates ducks into the cultivation of brown rice. The ducks eat weeds and bugs while enriching the soil with nitrogen and organic matter. Their organic rice can be found in a variety of EUSD entrees.

BOAR'S HEAD

High quality deli meats and cheeses, free of preservatives and nitrates, while also using whole muscle proteins. Their turkey and cheeses can be found in our deli sandwiches, grilled cheeses, quesadillas, and on our salad bar.

GIUSTO'S ORGANIC FLOUR

Based In San Francisco, Giusto's high quality, organic flour (wheat and all-purpose) is used in our pizza dough and fresh baked goods.

DASSI FAMILY FARM

Based in Leucadia and San Marcos, Dassi Family Farm is a local, sustainable greenhouse providing delicious, seasonal tomatoes and cucumbers for our salad bars.