Athletics Goals 2025-2026 Review

Goal Worksheet			
School/Department: Athletics			
Goals	**Strategies and Action Steps (Responsibility)**	**Timeline**	**Evidence of Effectiveness**
District Strategic Goal: All RSU 5 students experience a joyful learning climate that is safe, nurturing, and fosters curiosity. Athletic Department 2025-26 Goal #1:To review the current Athletic Eligibility Policy for participation in interscholastic athletics at Freeport High School	FHS Strategic Plan: Theory of Action: IF The Athletic Department of RSU #5 provides co-curricular opportunities/interscholastic sports for student-athletes in grades 6-12 to participate in … THEN these programs should provide equitable access to what is essential to compete and participate Selection of action steps for 2024-25 -Towards the end of the 2024-25 school year, three surveys went out to high school staff, students, and parents for feedback on the current athletic policy for Freeport High School. The policy has not been updated prior several years, and it is a chance to look at what our policy is compared to other schools in the area. -Is our policy equitable for all students? -Is the policy outdated? -Does the policy meet the standards of our educational curriculum? These are the factors that will be used in our Eligibility Committee meetings	Create an eligibility committee Put together area eligibility policies to review, Scheduled eligibility committee meetings Review current policy, look at others to see what might be added, changed, incorporated. Feedback from surveys	**Created in August 2025, consists of AD, two FHS coaches, two parents/community members, 2 student-athletes** **Meetings to this date October 25, Dec 3rd, 2025, Jan 2026, March 26, April 26** **May 26 to have an eligibility policy that potentially could have changes in place prior to 2026-27.**

District Goal : All RSU 5 students regularly engage in meaningful student centered learning. Athletic Department Goal Goal #2: To look at and review existing athletic facilities to continue providing safe playing fields that will support our athletic programs	-Freeport High School has a turf.track multipurpose field that is used for all of the fall sports, and spring sports. Outside programs that use it do go through community programs. We have a baseball field that has a field that is maintained along with our tennis courts, and softball fields. As with most things, wear and tear are starting to become noticeable at our baseball field, and tennis courts. -Baseball Fields-current issues, no seating, dugout roofs are in need of repair, fencing is starting to break down, center field net is not high enough to prevent baseballs going in the playground on Morse Street Side -Tennis court is starting to crack, causing water damage to the surface, needs to be looked at and needs an engineering firm to help determine what next steps are to ensure a safe, quality playing surface for our tennis programs.	-Consistant meetings both informal and formal with Grounds (Jason Chisholm) about our facilities at FHS -Started discussions about FMS, DCS fields as well -Start to look at areas of high needs, as listed, Baseball Field, Tennis Court	**-Track lines and exchanges zone repainted in 2025, Turf repair, Fall of 2025** **Tennis Court, have met in August of 2025 to start the process of looking at what are the steps in having the courts re-done.** **Creating an assessment tool for facilities and what are the costs associated with repair and how it will fit within the budget in future years. Summer 2026/Fall 2027**
District Goal : All RSU 5 students regularly engage in meaningful student centered learning. Athletic Department 2025-26 Goal #3: To find a way to retain coaches, especially at the middle level	-Over the past three seasons we have a 20% decrease in retention of coaches in the following areas, FHS-Boys Tennis, boys basketball coaches (FT, JV) FMS soccer coaches, 7th grade boys and girls basketball coaches, Alpine Ski, softball DCS soccer coaches, baseball coaches These jobs are essential in providing opportunities for our student-athletes in middle and high school to have the essential coaching in interscholastic programs. In certain cases we have parents that step up and volunteer which is very important, but this tends to prevent the season from starting on time	-To meet with both Assistant AD's to discuss what are the pitfalls, what are some of the issues that some of these coaches are facing which prevents a longer tenure. -Develop coaching meetings for new coaches on skills development, coaching student-athletes, dealing with the outside influences -Would like to have a target rate of 90% retention of coaches by the beginning of the Fall of 2026	**-Winter of 2025** **-Spring/Summer 2026** **-Data collecting by the end of the Fall 2026, to see if 90% has been reached**

Athletics Goals 2026-2027

Goal Worksheet				
School/Department: Athletics				
Goals	**Strategies and Action Steps Responsibility**	**Timeline**	**Evidence of Effectiveness**	**Connection to the Strategic Plan**
District Strategic Goal: All RSU 5 students experience a joyful learning climate that is safe, nurturing, and fosters curiosity. Athletic Department Goal #1: To exam and identify any areas where the Athletic Department is not meeting Title IX regulations in regards to equitable expenditures for male and female sports, equitable use of facilities on and off campus	FHS Strategic Plan: Theory of Action: IF The Athletic Department of RSU #5 provides co-curricular opportunities/interscholastic sports for student-athletes in grades 6-12 to participate in … THEN these programs should provide equitable access to what is essential to compete and participate As the athletic department increases participation, the need to examine any irregularities in budgeting, and expending money on male sports and female sports. -A comprehensive review of current practices, working with our Title IX coordinator -Identification of gaps and recommendations for changes in practice -To have a plan to identify these gaps or areas.	December Form a Committee to view our current practices of scheduling, budgeting, and allotment of resources 2026-Survery out to families of grades 6-12th January-collect data February-synthesize the data to see trends March/April share with stakeholders	By June 2027, complete a comprehensive review of RSU 5 athletic programs to evaluate equitable access and treatment for male and female student-athletes in accordance with the Title IX requirements. The review will examine participation opportunities, facilities, scheduling, equipment, staffing, and financial resources. Present findings and recommendations to district leadership, including identified areas for improvement and proposed plan for addressing any gaps.	Systems and Sustainability 5A.5: Maintain and update infrastructure to ensure equitable access to educational and extra-curricular resources and practices. 5B.2: Anticipate and evaluate the long term financial impact of district decisions and initiatives

District Strategic Goal: All RSU 5 students experience a joyful learning climate that is safe, nurturing, and fosters curiosity. Athletic Department Goal #2: To improve coaching skills for our coaches in middle and high school level, through professional development class online through the NFHS Learn platform.	Coaches will have access to these NFHS courses to help with our standards of Student-development, safe inclusive teams, sportsmanship, and relationship building. -How to communicate with our student-athletes **NFHS Class-Communicating with today's student** -Relationship-building **NFHS Coaching Student-Leadership** **-**Sportsmanship **NFHS Sportsmanship** -Safe inclusive Teams **NFHS Bullying, Hazing, and Inappropriate Behavior** -Student Development **NFHS Teaching and Modeling Behaviors** **Vector trainings**	January 2027 Start identifying small professional developmental skills for coaches, through Coaching Resources, NFHS, MIAAAA, NIAAA Start to implement these into our coaches meeting in the Fall, Winter, Spring	By June 2027, develop and begin implementing an RSU 5 coaching framework that established shared expectations for effective coaching across middle and high school athletics. The framework will address communication, relationship-building, student development, sportsmanship, and the creation of safe and inclusive team environments. Introduce the framework through seasonal coaches' meeting and targeted professional development, and establish a process for gathering feedback from coaches, student-athletes, and families to assess its effectiveness	1B. 2: Teach and support effective communication, discourse, and self advocacy skills across learning environments 4C. 3: Provide opportunities for students to develop personal well-being goals and reflect on strategies that promote emotional health, balance, and resilience