Seneca Valley

Raider Athletes of the Month

October, 2026



The Female Athlete of the Month for October is senior girl's soccer player Sydney Postler. A goalkeeper, Sydney had a stellar year between the posts, contributing to a stingy Raider defense that gave up 10 goals on the season and 6 goals when she was in net. In 17 games played, she totaled 10 shutouts and a .352 goals against average. Sydney's efforts were recognized by area coaches as she was named First Team All-Section and First Team All-WPIAL, with more accolades to come. We recognize Sydney as the October Female Athlete of the Month. Congratulations Sydney!



The Male Athlete of the Month for October is boy's cross country runner Ian Wahl. A senior, Ian paced the Raiders on the trails, finishing within the top three of all Seneca Valley runners in each race. At the prestigious HOKA Showcase, Ian placed 116th out of 422 runners. He helped the Raider's win the Grove City Invitational with a 7th placed finish and then went on to finish in 11th place at the Section Championships. His running form carried into postseason where he finished 21st out of 225 runners at the 2026 WPIAL 3A Cross Country Championships, to once again qualify for states. Ian left his best for last, running a season best time of 16:29 to finish 65th out of 239 runners at the PIAA Championships. For an impressive season, we recognize Ian as the October Male Athlete of the Month. Congratulations Ian!