LUNCH

EMS DECEMBER 2026

This institution is an equal opportunity provider.
Menu subject to change

A new Free & Reduced Meal Application must be submitted each year online @ www.payschoolscentral.com or download their Mobile App . Online Payments can also be made through the PaySchool Central Mobile App.

Monday	Tuesday	Wednesday	Thursday	Friday
	**1** Chicken Drumstick 11 Macaroni & Cheese 23 Or Wedge Slice Pepp. Pizza 23 Green Beans 4 Fresh Carrots 6 Applesauce 15 Milk	**2** Mini Corn Dogs 33 Or Stuffed Crust Cheese Pizza 36 Baked Beans 26 Fresh Veggies Frozen Peach Cup 21 Milk	**3** Sweet & Sour Chicken 22 Fried Rice 27 & Sweet Roll 24 Or Breaded Chicken Patty 40 Steamed Broccoli 5 Fresh Carrots 6 Pineapple 16 Milk	**4** Cheese Pizza Rolls 41 Pepp. Pizza Rippers 30 Marinara Sauce 6 Seasoned Corn 16 Mixed Fruit 15 Milk
7 Stuffed Crust Cheese Pizza 36 Or Spicy Chicken Sandwich 42 Broccoli & Cheese 7 Fresh Veggies Flavored Applesauce Cup 17 Milk	**8** Cinnamon French Toast 45 Egg & Cheese Omelet 1 Or Pepperoni Pizza 32 Potato Bites 19 Fresh Carrots 6 Strawberry Cup 22 Milk	**9** Chicken Tenders 15 Or French Bread Pepp. Pizza 32 Cheesy Mashed Potatoes 17 Fresh Carrots 6 Chocolate Chip Muffin 28 Diced Peaches 14 Milk	**10** Rotini Pasta W/Meat Sauce 24 Cheesy Breadstick 12 Or Cheesy Breadsticks 24 Marinara Sauce 3 Salad 2 W/Ranch Dip 2 Grape Tomatoes 6 Diced Pears 16 Milk	**11** Fiesta Bowl Taco Meat 5 or Chicken 2 Fiesta Rice 21 Queso Cheese 1, Corn 16 & Black Beans 20 Nacho Chips 18 100% Juice Milk
14 Chicken 12 & Waffle 15 Or Wedge Slice Pepp. Pizza 32 Potato Bites 19 Fresh Carrots 6 Mixed Fruit 15 Milk	**15** Meatball Sub 38 W/Mozz Cheese Or Hot Dog on a Bun 32 Baked Beans 26 Fresh Carrots 6 Sliced Apples 7 Milk	**16** Walking Taco Taco Meat 5, Doritos 20 Or Chicken Quesadilla Pizza 38 Lettuce & Cheese 3 Seasoned Corn 16 Diced Pears 16 Milk	**17** Cheeseburger Sandwich 26 Or Tenderloin Sandwich 37 Seasoned Fries 20 Grape Tomatoes 6 Sour Raisins 29 Milk	**18** Macaroni & Cheese 32 BBQ Pork Sandwich 41 Steamed Broccoli 5 & Fresh Veggies Chocolate Chip Cookies 18 Red & Green Frozen Slushie 22 Milk **2-Hour Early Release**
22 		**23**	**24**	
28	**29** **School Resumes** **1/4/2027**	**30**	**31** 	

Meal Cost: Lunch: Paid $2.70 Reduced & Free to those who qualify– No Charge

Charge Policy: A student may charge a meal when necessary, any unpaid charges will be applied to student fees.

Fresh Salad Offered Daily: Popcorn Chicken 15, Lettuce/ Cheese 5, & Cheez- It 14. Students may also choose 1 vegetable offered, fruit & milk. **Dressings:** French 11, Honey Mustard 8 Italian 5, Ranch 10

Carb Counts: Milk- Chocolate 24, White 13 **Condiments**: BBQ 5, Butter 0, Hot Sauce 0, Jelly 6, Ketchup 2, Mayo 2, Mustard 0, Ranch Dip 2, S&S Sauce 11, Sour Cream 1, Soy Sauce 0, Syrup 30, Syrup SF 4, Taco Sauce 1.
Fruits: Apple Slices 7, Applesauce 15/Flavored 17, Banana 27, Blueberries (10) W/Topping 12 Grapes 18, Orange 21/Slices 11, Peaches 14, Pears 16, Pineapple 16, Slushie 22, Strawberries Fresh 6/Frozen Cup 22 **Juice**-Apple/Fruit Punch 14, Grape 18, OJ 12 **Veggies:** Broccoli 5, Carrots 6, Celery 2, Cucumbers 2, Tomatoes 4