Lunch Menu

James I. O'Neill HS

December 2026

WHITSONS FAMILY OF COMPANIES

WWW.WHITSONS.COM

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Nachos Grande *tortilla chips topped with freshly prepared mexi style meat and cheese* Black Beans Diced Pears Fat Free Chocolate Milk Unflavored 1% Milk	2 Blazin Buffalo Chicken Sliders BBQ Chicken Sliders Oven Baked Fries Green Beans Baby Carrots Fresh Orange Fat Free Chocolate Milk Unflavored 1% Milk	3 Incredibowls BBQ Chicken Burrito Bowl Cilantro Garlic Rice Tomato Salad Black Beans Fresh Banana Fat Free Chocc Unflavored 1	4 Yard Bird Classic Chicken Sandwich Crispy Potato Puffs Diced Peaches Fat Free Chocolate Milk Unflavored 1% Milk
7 Homemade Mac & Cheese Dinner Rolls Spiced Roasted Green Beans w/ Parmesan Fresh Apple Fat Free Chocolate Milk Unflavored 1	8 Chicken and Waffles Baked Beans Homemade Carrot & Raisin Slaw Diced Pears Fat Free Chocolate Milk Unflavored 1% Milk	9 Honey Chipotle Chicken Homemade Vegetable Rice Pilaf Squash Medley Fresh Orange Fat Free Chocolate Milk Unflavored 1% Milk	10 Tot Spot's Loaded Nacho Tater Tots Crispy Potato Puffs Glazed Carrots Fresh Banana Fat Free Chocolate Milk Unflavored 1% Milk	11 Meatloaf with Gravy Mashed Potatoes Steamed Broccoli Homemade Corn Bread Diced Peaches Fat Free Chocolate Milk Unflavored 1% Milk Pizza Bagel Homemade National Have a Bagel Day
14 Chicken Stir Fry with Pasta Sauteed Vegetable Medley Fresh Apple Fat Free Chocolate Milk Unflavored 1% Milk	15 Crunch Wrap Taco Cilantro Lime Rice Corn & Black Bean Salad Diced Pears Fat Free Chocolate Milk Unflavored 1% Milk	16 Homemade French Toast Golden Baked Potato Wedges Sausage Patty Fresh Orange Fat Free Chocolate Milk Unflavored 1% Milk	17 Beef Lo Mein *tender beef sauteed with vegetables and lo mein noodles* Mixed Vegetables Fresh Banana Fat Free Chocolate Milk Unflavored 1% Milk	18 Wing Shack Chicken Wings Wing Shack BBQ Style Chicken Wings Celery Carrot Sticks Baked Potato Wedges Diced Peaches Chocolate Milk ored 1% Milk
21 BLT Burger Pickle Chips Sliced Tomatoes Sweet Potato Fries Fresh Apple Fat Free Chocolate Milk Unflavored 1% Milk	22 Nachos Grande *tortilla chips topped with freshly prepared mexi style meat and cheese* Black Beans Diced Pears Fat Free Chocolate Milk Unflavored 1% Milk	23 Mini Blueberry Pancakes Fresh Baby Carrots Apple Slices Fresh Orange Fat Free Chocolate Milk Unflavored 1% Milk 1/2 Day	24 HOLIDAY JOY	25 HOLIDAY JOY
28 HOLIDAY JOY	29 HOLIDAY JOY	30 HOLIDAY JOY	31 HOLIDAY JOY	

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Offered Daily

Fresh Vegetables, Apples & Oranges

Choice of 1% Milk, FF Chocolate

All breads are WG

Lunch Prices

1st Lunch No Cost Additional meal:

$3.50

Adult Lunch: $5.50

Milk$ 0.90

Offered Daily

La Cucina: Cheese, Pepperoni, Daily Specials

Miss Ruby's: Chicken Sandwich, Burgers & Cheeseburgers

Weekly Specials

Real Meals: Grab and Go Sandwiches/ Wraps

Chicken Salads, Garden Salads with Cheese (all served with WG Roll)

Yogurt Parfaits with Fruit and Granola

Vegetarian · Made With Natural Ingredients · Pork · Smart Choice · Made With Organic Ingredients