Barbers Hill Independent School District - Student Health Advisory Council

Date: May 10, 2026

Members Present: Jennifer Phillips, Lesley Gershmel, Emily Borne, Jennifer Kelly, Alyssa Fechner, Amanda Kucera, Barbara Vaughan, Traci Turpin, Jacki Hunter

The meeting was called to order at 5:03 pm by Jennifer Phillips.

Introductions, Overview and Bi-laws by Jennifer Phillips
Introductions were made with several new members joining for the first time. Jennifer also reviewed the purpose of the committee as well as how members were chosen after the application process. A motion to approve the bi-laws was made by Alyssa Fechner and seconded by Amanda Kucera.

Vaping Presentations by Lesley Gershmel
Jennifer mentioned that October is fentanyl awareness month as well as Red Ribbon Week. Lesley provided an overview of the recent Red Ribbon Week presentations including Vaping Presentations that were presented to both intermediates and both middle schools by Vive 18 as well as presentations at the high school and DAEP by Robb Holla. All presentations focused on real facts and medical/physical/psychological consequences primarily from use of nicotine and THC, but also focused on the importance of good decision making in all things. A parent night was also held with Drew Dutton, a prevention specialist with Phoenix House presenting "Growing Strong Minds: Brain Based Parenting in the Age of Addiction.

Naloxone Readiness by Jennifer Phillips
Jennifer reviewed that Narcan is stocked at each campus and that Chief Hahn from MB Fire Dept. does the training for district staff.

Stop the Bleed Student and Staff Training by Jennifer Phillips
Jennifer reviewed that stop the bleed kids are on each campus and in addition are in most AED cabinets. Training must be offered to all staff and students grades 7-12 each year and will most likely be provided in the same way as last. Staff will watch the training video at their convenience, followed by a competency review, and then they will complete a skills check off during a staff development day with our campus nurses. Last year the health sciences provided the student training and it went really well so most likely will return to that format this year.

Staff Safe Schools Training by Jennifer Phillips
Jennifer reported that now all staff are required to complete first aid training before school starts through the Safe Schools Video Training. Discussion on whether we want to do more may continue at another meeting, so that staff will be the most prepared they can be. .Jennifer opened up discussion for ideas on what might need to be covered or how the best way to implement additional first aid training should be.

Employee Wellness Update from Jennifer Phillips

- Jennifer reported that the program partnered with Chambers Health and offered flu vaccinations, B12 and Tdap at each campus and then a provider from Chambers Health returned to go over any results with school staff. Also, we will continue scheduling the MD Anderson Mobile Mammography. Last year they came twice in April and now the district is contemplating adding another date at a different time of year to reach more women.

- Jennifer encouraged the committee to begin thinking of ideas and ways to help the high school counseling team grow the event and reach more people. Some ideas that the committee brought up as a way to grow the event included returning to walking around the district vs walking in the stadium, making add a 5K type event, having a way to honor a family member or friend who has struggled with mental health issues and possibly to have a designated spot or person to reach out to at the event in the event a participant needs support.

Open Discussion/Questions

Lesley Gershmel brought up a past discussion of having some type of newsletter for families regarding health issues, both physical and mental. It was discussed that Nutrition has a newsletter and that we could send information to them to include in that one.

The meeting was adjourned at 6:20pm.

Dates of Next Meetings:

- January 26, 2027
- March 23, 2027
- May 4, 2027

Meeting notes submitted by Lesley Gershmel, LCSW, LCDC