The Lake Stevens School District complies with all federal and state rules and regulations and does not discriminate on the basis of race, color, national origin, sex, sexual orientation or disability. This holds true for all students who are interested in participating in educational programs and/or extracurricular school activities. Inquiries regarding compliance and/or grievance procedures may be directed to the school district's Title IX officer and/or Section 504/ADA coordinator.

Title IX Officer John Balmer (425) 335-1505

504/ADA Officer Miriam Tencate 425-335-1504

Superintendent
Dr. Mary Templeton

Director of Athletics
Jason Pearson

Proud Members of WASHINGTON INTERSCHOLASTIC ACTIVITIES ASSOCIATION
W.I.A.A.

NATIONAL FEDERATION OF HIGH SCHOOL
N.F.H.S

WESTERN CONFERENCE 4A
WESCO 4A

NORTH COUNTY M.S. LEAGUE

Ethics Integrity
Sportsmanship

The Western Conference and the Lake Stevens Public Schools are dedicated to high educational standards, competitive athletic programs, and the promotion of good sportsmanship. It is the responsibility of all spectators to conduct themselves in a positive manner. In an effort to promote positive sportsmanship, abusive language or behavior, artificial noisemakers and signs are not permitted at league events. Remember, this activity is for our students. Thank you for your support.

Lake Stevens High School

2908 113th Ave NE, Lake Stevens 98258
Phone (425) 335-1516 Fax (425) 335-1610
Leslie Ivelia, Principal
Jason Pearson, Asst. Principal/Director of Athletics

Cavelero Mid High School

8220 24th St SE, Lake Stevens 98258
Phone (425) 335-1630 Fax (425) 397-9413
Dr. James Sellers, Principal
James West, Associate Principal/
Athletic Director

North Lake Middle School

2202 123rd Ave NE, Lake Stevens 98258
Phone (425) 335-1530 Fax (425) 335-1576
Brad Abels, Principal
Sara Mack, Asst. Principal

Lake Stevens Middle School

1031 91st Ave SE, Lake Stevens, 98258
Phone (425) 335-1544 Fax (425) 335-1564
Lisa Sanchez, Principal
Jamie Sinning, Asst. Principal

Lake Stevens School District
Athletic Department
2908 113th Ave NE
Lake Stevens, WA 98258

Lake Stevens School District

Ethics
Integrity
Sportsmanship

Inspiring Excellence
LAKE STEVENS
School District

Parent/Coach Communication

Together building better programs for the students of Lake Stevens Public Schools

Lake Stevens High School
Cavelero Mid High School
Lake Stevens Middle School
Northlake Middle School

PARENT/COACH RELATIONS

Both parenting and coaching are extremely difficult and rewarding vocations. By establishing an understanding of each position, we are better able to accept the actions of the other and provide greater benefit to children. As parents, when your student-athlete becomes involved in our program, you have a right to understand what expectations are placed on your student-athlete. This begins with clear communication from the coach of your student-athlete's program.

COMMUNICATION EXPECTED FROM YOUR STUDENT-ATHLETE'S COACH

- Philosophy of the coach and program
- Expectations the coach has for your student-athlete as well as all the players on the squad.
- Locations and times of all practices and contests.
- Team requirements, i.e. fees, special equipment, off-season conditioning.
- Procedure should your student-athlete be injured during participation.
- Discipline that result in the denial of your student-athlete's participation.

COMMUNICATION COACHES EXPECT FROM PARENTS

- Concerns expressed directly to the coach.
- Notification of any schedule conflicts well in advance.
- Specific concern in regard to a coach's expectations.

As your student-athlete becomes involved in the programs of the Lake Stevens Public Schools they will experience some of the most rewarding moments of their lives. It is important to understand that there also may be times when things do not go the way you or your student- athlete wish. At these times discussion with the coach may be appropriate.

APPROPRIATE CONCERNS TO DISCUSS WITH COACHES

- Ways to help your student-athlete improve both athletically and academically.
- The treatment of your student-athlete, mentally and physically.
- Concerns about your student-athlete's behavior.
- College athletic opportunities.

It is very difficult to accept your student-athletes not playing as much as you may hope. Coaches are professionals. They make judgment decisions based on what they believe to be the best for all the team and all students involved. As you have seen from the list above certain things can be and should be discussed with your student-athlete's coach. Other things, such as those listed below, must be left to the discretion of the coach.

Part of the growth experience of the student- athlete is accepting the team concept. Student- athletes are often able to resolve conflicts that may arise between coaches and themselves, before parent intervention. This type of positive respectful interaction between coaches and student-athletes is vital to the success of any athletic program, and a great growth opportunity.

ISSUES NOT APPROPRIATE TO DISCUSS WITH COACHES

- Team strategy
- Play calling
- Other student-athletes

There are situations that may require a conference between the coach and the parent. It is important that both parties involved have a clear understanding of one another's position. When these conferences are necessary, the following procedure should be followed to help promote a resolution to the issue of concern.

PROCEDURES TO FOLLOW IF YOU HAVE A CONCERN TO DISCUSS WITH A COACH

- Call the appropriate school to set up an appointment with the coach. The phone numbers are listed on the reverse of this Pamphlet.
- If the coach cannot be reached, call the Athletic Coordinator. They will facilitate a meeting date and time for you.
- Please do not attempt to confront a coach before or after a contest or practice. These can be emotional times for both the parent and the coach. Meetings of this nature do not promote resolution, and can add to frustration

WHAT CAN A PARENT DO IF THE MEETING WITH THE COACH DID NOT PROVIDE A SATISFACTORY RESOLUTION

Call and set up an appointment with the Athletic Coordinator to discuss the situation. At this meeting the appropriate next step can be determined.

Since research indicates a student involved in co-curricular activities has a greater chance for success during adulthood, these programs have been established. Many of the character traits required to be a successful participant are exactly those that will promote a successful life after high school. We hope the information provided within this pamphlet makes both your student- athletes and your experience with the Lake Stevens Public Schools Athletic Program less stressful and more enjoyable for everyone concerned.

The LSSD Athletics program is always looking for ways to improve. At the end of each season an evaluation form will be distributed to players and parents to seek feedback. This information is then shared with the coaching staff and administration to continually strive for the best possible program.